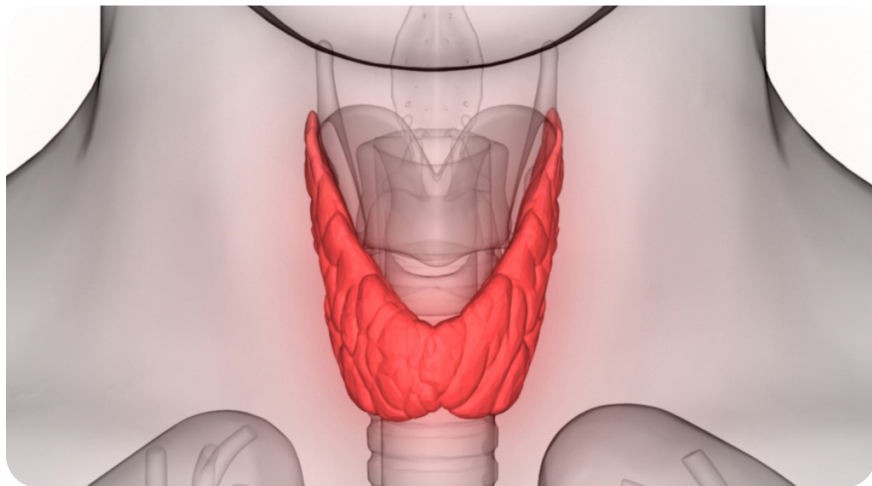


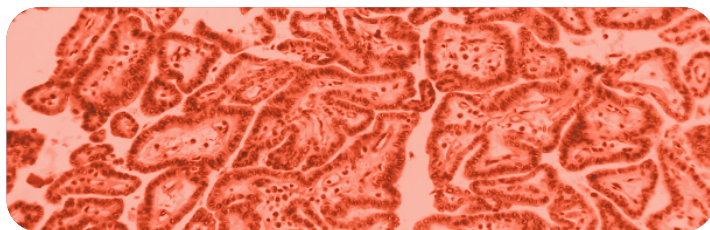
15th Biennial Thyroid & Parathyroid Update

New Concepts in the Diagnosis and Treatment of Thyroid & Parathyroid Disease



December 5, 2025

Hilton Washington DC/Rockville Hotel
Rockville, MD



Course Co-Directors:

KENNETH D. BURMAN, MD

MedStar Georgetown University Hospital
MedStar Washington Hospital Center
Georgetown University School of Medicine
Washington, D.C.

JASON A. WEXLER, MD

MedStar Washington Hospital Center
Georgetown University School of Medicine
Washington, D.C.

LEILA SHOBAB, MD

MedStar Washington Hospital Center
Georgetown University School of Medicine
Washington, D.C.



MedStar Health

Continuing Education Credit Information

Course Description

The 15th Biennial Thyroid & Parathyroid Update will bring you updates in thyroid conditions such as hypothyroidism, hyperthyroidism, Graves Ophthalmopathy, thyroid nodules and thyroid cancers. This program aims to clarify the important issues surrounding the diagnosis and management of thyroid disorders, including thyroid nodules, well-differentiated thyroid cancer, medullary thyroid cancer and anaplastic thyroid cancer.

The conference will focus on new approaches which include identifying patients who are candidates for re-differentiation therapy for papillary thyroid cancer and the monitoring of select patients with papillary thyroid cancer who have not had thyroid surgery.

Also, we will discuss the clinical application of targeted therapy for thyroid cancer. This conference will encourage the use of a multidisciplinary approach to educate clinicians about current and controversial issues in thyroid disease and will provide an opportunity for providers to become familiar with the key elements of the updated guidelines and incorporate them into their clinical practice.

Target Audience

This conference is intended for practicing endocrinologists, surgeons, pathologists, internists, oncologists, nuclear medicine physicians and technologists, otolaryngologists, pathologists, primary care physicians, radiologists, radiation oncologists, residents, fellows, nurse practitioners, physician assistants, nurses, pharmacists, and healthcare professionals with an interest in patients with thyroid disorders.

Learning Objectives

- Evaluate and compare the available molecular tests for thyroid nodules to determine which patients require thyroid surgery and which patients can be monitored.
- Incorporate an interdisciplinary approach to the epidemiology and management of thyroid disease and cardiovascular risk.
- Evaluate and select agents for the treatment and redifferentiation of locally advanced or metastatic thyroid cancer refractory to radioiodine therapy.
- Utilize stratified risk assessment for thyroid cancer.
- Implement current American Thyroid Association Guideline for the evaluation and management of hyperthyroidism.
- Identify proper thyroid cancer patient selection for monitoring, lobectomy, or total thyroidectomy.
- Implement American Thyroid Association Guideline current recommendations for evaluation and management of thyroid nodules and thyroid cancer.
- Evaluate when to use tissue genotyping in the management of advanced thyroid cancer.
- Integrate a team-based approach in the care of patients with thyroid cancer.
- Identify the roles and responsibilities of members of the healthcare team involved in the collaborative care of patients with thyroid cancer.
- Identify the appropriate patients for radioactive iodine therapy (dosimetry) in thyroid cancer patients.
- Identify the cardiovascular risks associated with subclinical thyroid disease.

Continuing Education Credit Information

Accreditation



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation



IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive **8.00** Interprofessional Continuing Education (IPCE) credits for learning and change.

Physicians: MedStar Health designates this live activity for a maximum of **8.00 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



American Board of Internal Medicine MOC

Credit: Successful completion of this CME activity, which includes participation in the evaluation

component, enables the participant to earn up to **8.00** MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



THE AMERICAN
BOARD OF SURGERY

American Board of Surgery CC Credit:

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn credit toward the CME and Self-Assessment requirements of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

MOC/CC Participation Threshold: Learner participates by writing a reflective statement and makes a commitment to change or maintain an element of practice.

Pharmacists: This activity is approved for **8.00** contact hour(s). This learning activity is knowledge-based. The Universal Activity Number for this program is UAN# JA4008151-0000-25-190-L04-P.

Course Co-Directors



Kenneth D. Burman, MD

Endocrine Fellowship Director
MedStar Georgetown University Hospital
MedStar Washington Hospital Center
Professor, Department of Medicine
Georgetown University School of Medicine
Washington, D.C.



Jason A. Wexler, MD

Attending Physician, Section of Endocrinology
MedStar Washington Hospital Center
Clinical Assistant Professor, Medicine
Georgetown University School of Medicine
Washington, D.C.



Leila Shobab, MD

Endocrinologist
MedStar Washington Hospital Center
Assistant Professor, Medicine
Clinician Scholar Track
Georgetown University School of Medicine
Washington, D.C.

Faculty

Peter H. Ahn, MD

Radiation Oncologist
MedStar Georgetown University Hospital
Associate Professor, Radiation Oncology
Georgetown University School of Medicine
Washington, D.C.

Nancy M. Carroll, MD

Endocrine Surgeon
MedStar Washington Hospital Center
Washington, D.C.

David S. Cooper, MD, MACP

Professor, Medicine and Radiology
Division of Endocrinology, Diabetes, and Metabolism
The Johns Hopkins University School of Medicine
Baltimore, MD

Bruce J. Davidson, MD

Physician Executive Director
MedStar Otolaryngology-Head and Neck Surgery
Professor and Chairman, Otolaryngology-Head and Neck Surgery
MedStar Georgetown University Hospital
Georgetown University Medical Center
Washington, D.C.

Giuseppe Esposito, MD

Chief, Division of Nuclear Medicine
MedStar Georgetown University Hospital
Professor, Radiology
Georgetown University School of Medicine
Washington, D.C.



Faculty

Erin A. Felger, MD

Associate Program Director,
General Surgery Residency
Endocrine Surgeon
MedStar Washington Hospital Center
Washington, D.C.

Alan L. Ho, MD, PhD

Head and Neck Medical Oncologist & Cellular
Therapist
Memorial Sloan Kettering Cancer Center
New York, NY

Kanchan P. Kulkarni, MD

Section Director, Theranostics, Nuclear Medicine
MedStar Washington Hospital Center
Professor, Radiology
Georgetown University School of Medicine
Washington, D.C.

Victoria Lai, MD

Endocrine Surgeon
MedStar Washington Hospital Center
Assistant Professor, Clinical Surgery
Georgetown University School of Medicine
Washington, D.C.

Wen Lee, MD

Director, Cytopathology
MedStar Washington Hospital Center
Washington, D.C.

Cristina Merkhofer, MD, MHS

Medical Oncologist, Hematology/Oncology
MedStar Washington Hospital Center
MedStar Georgetown University Hospital
Georgetown Lombardi Comprehensive
Cancer Center
Washington, D.C.

Matthew D. Ringel, MD

Ralph W. Kurtz Endowed Chair; Professor and Chair,
Department of Molecular Medicine
and Therapeutics
The Ohio State University College of Medicine
Deputy Director, Basic Research
Co-Leader Cancer Biology Program & Co-Director
Center for Cancer Engineering
The Ohio State University Comprehensive
Cancer Center
Columbus, OH

Jennifer E. Rosen, MD FACS

Regional Chief, Endocrine Surgery
MedStar Health
Associate Professor, Surgery
Georgetown University School of Medicine
Washington, D.C.

Dolores Shoback, MD

Associate Program Director, Fellowship Program in
Diabetes, Endocrinology and Metabolism
Professor, Medicine
University of California, San Francisco
San Francisco, CA

R. Michael Tuttle, MD

Chief, Endocrinology Service
Memorial Sloan-Kettering Cancer Center
Professor, Medicine
Weill Medical College of Cornell University
New York, NY

Robert A. Wermers, MD

Professor, Medicine
Mayo Clinic College of Medicine
Consultant and Chair, Division of Endocrinology,
Diabetes, Metabolism, and Nutrition
Mayo Clinic
Rochester, MN

Sara Tullis Wester, MD

Professor, Clinical Ophthalmology
Oculofacial Plastic and Reconstructive Surgery
Orbital Surgery and Oncology
Bascom Palmer Eye Institute
University of Miami Miller School of Medicine
Miami, FL

Agenda

6:30 a.m. **Registration, Continental Breakfast, Visit the Exhibits**

7:00 a.m. **Welcome Remarks**
Jason A. Wexler, MD

7:15 a.m. **Thyroid Update 2025**
Leila Shobab, MD

7:45 a.m. **Graves' Disease**
David S. Cooper, MD

8:15 a.m. **Thyroid Eye Disease**
Sara T. Wester, MD

8:45 a.m. **Approach to the Management of Hypoparathyroidism**
Dolores Shoback, MD

9:15 a.m. **Clinical and Management Considerations in the Spectrum of Primary Hyperparathyroidism**
Robert A. Wermers, MD

9:45 a.m. **Coffee Break and Visit the Exhibits**

10:15 a.m. **Thyroid Nodules/Molecular Testing or Thyroid Ablation Techniques**
TBD

10:45 a.m. **Papillary Thyroid Cancer**
R. Michael Tuttle, MD

11:15 a.m. **Panel Discussion**
Moderator: Jason A. Wexler, MD
Panelists: D. Cooper, D. Shoback, M. Tuttle, R. Wermers, J. Wester

11:30 a.m. **Lunch and Visit the Exhibits**

BREAKOUT SESSION 1 | 12:00 p.m.

Breakout A: Anaplastic Thyroid Cancer
Peter H. Ahn, MD; Cristina Merkhofer, MD, MHS; Leila Shobab, MD

Breakout B: Medullary Thyroid Cancer
Giuseppe Esposito, MD; Victoria Lai, MD; Jennifer E. Rosen, MD

Breakout C: Thyroid Cancer Guidelines
Nancy M. Carroll, MD; Wen Lee, MD; Matthew D. Ringel, MD;
R. Michael Tuttle, MD

Breakout D: Thyroid Eye Disease
David S. Cooper, MD; Sara T. Wester, MD

Breakout E: Hypocalcemia & Hypoparathyroidism
Erin A. Felger, MD; Dolores Shoback, MD; Robert A. Wermers, MD;
Jason A. Wexler, MD

Breakout F: Therapies for Advanced Thyroid Cancer
Bruce J. Davidson, MD; Alan L. Ho, MD, PhD; Kanchan P. Kulkarni, MD

12:45 p.m. **Transition to Next Breakout**

Agenda

BREAKOUT SESSION 2 | 1:00 p.m.

Breakout A: Anaplastic Thyroid Cancer

Peter H. Ahn, MD; Cristina Merkhofer, MD, MHS; Leila Shobab, MD

Breakout B: Medullary Thyroid Cancer

Giuseppe Esposito, MD; Victoria Lai, MD; Jennifer E. Rosen, MD

Breakout C: Thyroid Cancer Guidelines

Nancy M. Carroll, MD; Wen Lee, MD; Matthew D. Ringel, MD;
R. Michael Tuttle, MD

Breakout D: Thyroid Eye Disease

David S. Cooper, MD; Sara T. Wester, MD

Breakout E: Hypocalcemia & Hypoparathyroidism

Erin A. Felger, MD; Dolores Shoback, MD; Robert A. Wermers, MD;
Jason A. Wexler, MD

Breakout F: Therapies for Advanced Thyroid Cancer

Bruce J. Davidson, MD; Alan L. Ho, MD, PhD; Kanchan P. Kulkarni, MD

1:45 p.m. **Coffee Break and Visit the Exhibits**

2:00 p.m. **KEYNOTE LECTURE: 2025 American Thyroid Association Guidelines**

Matthew D. Ringel, MD

2:45 p.m. **Re-Differentiation Therapy**

Alan L. Ho, MD, PhD

3:15 p.m. **Anaplastic Thyroid Cancer**

Cristina Merkhofer, MD, MHS

3:45 p.m. **Radiation Therapy**

Peter H. Ahn, MD

4:15 p.m. **Panel Discussion**

Moderator: Jason A. Wexler, MD

Panelists: Ahn, Ho, Merkhofer, Ringel

4:35 p.m. **Closing Remarks**

Jason A. Wexler, MD

4:45 p.m. **Adjourn**

Registration Information

Registration Fees

Physician	\$295
Resident or Fellow	\$150
Physician Assistant	\$195
Nurse Practitioner	\$195
Nurse	\$195
Pharmacist	\$195
Allied Health Professional	\$195
Industry Professional	\$350

Online Registration Preferred

Please visit **MedStarHealth.org/ThyroidUpdate** for updated program and registration information. We are unable to accept registrations or cancellations by telephone.

All registrations will be confirmed by email only. If you have questions or do not receive an confirmation within 1-2 business days, please contact us at medstarcp@medstar.net or (833) 731-1273.

Cancellation Policy

Cancellations made in writing by October 24, 2025 will be subject to a 50% penalty. No refunds will be given after October 24, 2025. Cancellations will not be accepted by telephone. In the unlikely event that the course is canceled, MedStar Health will refund the registration fee, but is not responsible for any travel costs.

For grant information please contact Ada Guo at ada.guo@medstar.net.

For exhibit support information please contact Elizabeth Romano at elizabeth.s.romano@medstar.net.

Venue Information

Hilton Washington DC/Rockville Hotel & Executive Meeting Center

1750 Rockville Pike
Rockville, MD 20852
Phone: (301) 468-1100

Self-parking is available for discounted event rate of \$6 per day, or \$20 overnight.

The closest Metro stop is Twinbrook Metro (red line).

