

41st Annual

CHERRY BLOSSOM SEMINAR

An Update on Arthroscopy, Arthroplasty and the Aging Athlete

JULY 25–27, 2022

PARK HYATT HOTEL, WASHINGTON, D.C.

Course Chairman: M. Mike Malek, MD

Course Co-Chairmen: Jeffrey S. Abrams, MD | Colonel Steven J. Svoboda, MD, USA, Retired



MEDSTARHEALTH.ORG/CHERRYBLOSSOMSEMINAR

CONTINUING EDUCATION INFORMATION

The purpose of this three-day seminar is to provide up to date information on the pathogenesis of common orthopaedic injuries as well as provide evidence-based recommendations on the management of these conditions. The seminar will focus on the most common injuries to the shoulder and knee as well as arthritis affecting these joints. Specific training on physical diagnosis skills will be emphasized as well as imaging of these injuries. Innovations in non-operative management will be discussed and the role of orthobiologics will be featured. Surgical innovations will continue to be a strong emphasis of the course with attention paid to the role of allied health professionals such as nurses, athletic trainers, and physical therapists throughout the spectrum of care. A particular focus of the seminar will be on return-to-play/activity symposium that will be interactive and case-based with expert athletic trainers, physical therapists, and orthopaedic surgeons featured in the expert panels. The central role of the team physician across the spectrum of care for the injured athlete will also be featured. Through this course, the gap between state-of-the-art practice and current practices will be closed in order to provide a high quality, comprehensive, multidisciplinary approach to patients with orthopaedic injuries. We believe this approach will improve the quality of care provided to patients, decrease the risk of complications and morbidity, and reduce the overall burden of orthopaedic injuries on the patient and society.

Target Audience

This conference is intended for orthopaedic surgeons, orthopaedists, residents, fellows, physician assistants, nurse practitioners, nurses, physical therapists, athletic trainers, medical students, allied health professionals, and other members of the healthcare team interested in the management of musculoskeletal injuries.

Learning Objectives

- Identify the most common orthopaedic conditions of the knee and shoulder and their significance to the burden of overall disease to society.
- Perform the most appropriate physical examination maneuvers on the knee and shoulder when evaluating an injured patient.
- Identify the currently available, FDA-approved orthobiologic interventions for knee and shoulder conditions and utilize the appropriate application of each intervention.
- For the management of osteoarthritis of the knee and shoulder, describe non-operative measures, state-of-the-art injection therapy, osteotomy, partial arthroplasty, and total joint arthroplasty options for the spectrum of arthritis for each joint.
- Identify the optimal imaging modalities to diagnose and guide treatment of common knee and shoulder injuries in the acute, subacute, and chronic presentations.
- Utilize state-of-the-art on-field diagnostic maneuvers and initial management of common orthopaedic injuries.
- Recognize the pathophysiologic effects of COVID-19 and their evolving influence on orthopaedic surgery and apply mitigation techniques to minimize the effect on patient outcomes.
- Identify the roles and responsibilities of members of the healthcare team involved in the collaborative care of patients with musculoskeletal injuries.
- Integrate a team-based approach in the care of patients with musculoskeletal injuries.

Accreditation



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation



IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive 18.50 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physicians

MedStar Health designates this live activity for a maximum of 18.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

This activity is approved for 18.50 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

Physical Therapists

An application has been made to the Maryland Board of Physical Therapy Examiners for continuing education credits.

Athletic Trainers

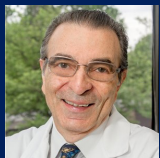


BOARD OF CERTIFICATION
FOR THE ATHLETIC TRAINER

MedStar Health is approved by the Board of Certification, Inc. to provide continuing education to Certified Athletic Trainers. This program is eligible for a maximum of 18.50 CEUs. ATs should claim only those hours actually spent in the educational program.



COURSE CHAIRMAN



M. Mike Malek, MD

Director, Washington Orthopaedic and Knee Clinic
President and Founder
National Knee Research and Education Foundation
Fairfax, VA

COURSE CO-CHAIRMEN



Jeffrey S. Abrams, MD

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GUEST SPEAKER



Gerald R. Williams, MD

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Professor, Orthopaedic Surgery
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FACULTY

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Director, Sports Medicine Arthroscopy Education
The Johns Hopkins University
Associate Professor, Orthopaedic Surgery
The Johns Hopkins School of Medicine
Baltimore, MD

AGENDA | *Monday, July 25*

8:00 a.m. Registration & Continental Breakfast

8:30 a.m. Symposium I: Role of Biologics

9:30 a.m. Break & Visit the Exhibits

9:45 a.m. Symposium II: Degenerative Arthritis in Young Athletes

10:45 a.m. Break & Visit the Exhibits

11:00 a.m. Symposium III: Shoulder Instability
TBD

12:00 p.m. Lunch Break & Visit the Exhibits

SESSION I | *Shoulder Instability: Imaging Tools and Assessing Shoulder Injuries: Instability, Bone Loss, Rotator Cuff Tears and Arthritis*

Moderator: Jeffrey S. Abrams, MD

1:00 p.m. Welcome and Introductory Remarks
M. Mike Malek, MD

1:10 p.m. Radiologist Review on Indications and Interpretation of Shoulder Problems
TBD

1:22 p.m.

1:34 p.m.

1:46 p.m.

1:58 p.m.

2:10 p.m.

2:22 p.m.

2:42 p.m.

Arthroscopic Bankart Repair in 2022: Optimize Patient Selection, Techniques and Return to Sports
Jonathan F. Dickens, MD, LTC (USAR)

Augmented Bankart Repair with Remplissage: Indications, Technique, Mid-Term Results
Brian R. Waterman, MD

Knotless Anchor Repair for Shoulder Instability in 2022: Techniques & Outcomes
Raymond Thal, MD

Do We Need to Treat the Hill Sach's Lesion? When and How?
Kevin D. Plancher, MD MPH

How to Perform Latarjet Transfers to Optimize Results and Reduce Complications
Colonel Steven J. Svoboda, MD, USA, Retired

Case Presentations: Anterior Shoulder Instability and Panel Discussion
Moderator: Lieutenant Colonel Christopher J. Tucker, MD, USA
Panelists: J. Abrams, K. Plancher, S. Svoboda, R. Thal, B. Waterman

Break & Visit the Exhibits

AGENDA | *Monday, July 25 (Continued)*

SESSION II | *Instability Variants*

Moderator: Colonel Steven J. Svoboda, MD, USA, Retired

- 3:07 p.m. **Arthroscopic Treatment of Posterior Shoulder Instability and Variants**
Lieutenant Colonel Jeffery R. Giuliani, MD, USA
- 3:19 p.m. **Multidirectional Shoulder Instability: Creating the Balance Capsular Repair**
Louis F. McIntyre, MD
- 3:31 p.m. **Superior Labral (SLAP) Tears: Is There a Role to Repair, Patient Selection, Technique, When to Choose Tenodesis**
Lieutenant Colonel Christopher J. Tucker, MD
- 3:43 p.m. **Overhead Throwing Athletes: Instability or Laxity? Pathologic Changes and Treatment Options**
Christopher A. Looze, MD
- 3:55 p.m. **Panel Discussion**
Moderator: Brian R. Waterman, MD
Panelists: J. Giuliani, C. Looze, L. McIntyre, C. Tucker

SESSION III | *Rotator Cuff Tear Symposium*

Moderator: TBD

- 4:22 p.m. **The Multitendon Rotator Cuff Tear: Single Row, Double Row, Transosseous Repairs**
Brian R. Waterman, MD
- 4:34 p.m. **Recognition and Treatment of Subscapularis Tears: Articular and Bursal Approaches**
Captain John Paul Rue, MD, USNR, Retired
- 4:46 p.m. **Large and Massive Rotator Cuff Tears: What Should I Do with The Biceps?**
Louis F. McIntyre, MD
- 4:58 p.m. **Tissue Grafting and Patches for Irreparable and at-Risk Reparable Cuff Tears**
Jeffrey S. Abrams, MD
- 5:10 p.m. **Tendon Transfers for the Irreparable Cuff Tear: Patient Selection and Technique**
Surena Namdari, MD
- 5:22 p.m. **Panel Discussion**
Moderator: Gerald R. Williams, MD
Panelists: J. Abrams, S. Namdari, K. Plancher, J. Rue
- 5:42 p.m. **Welcome Reception with Exhibitors**
- 7:15 p.m. **Adjourn**

AGENDA | *Tuesday, July 26*

7:00 a.m. Registration & Continental Breakfast

SESSION IV | *Shoulder Arthroplasty*

Moderators: Jeffrey S. Abrams, MD, Edward G. McFarland, MD

7:55 a.m. Opening Remarks
Jeffrey S. Abrams, MD

8:00 a.m. Active Patients with Arthritis: Role of Arthroscopy
Jeffrey S. Abrams, MD

8:12 a.m. Patient Selection and Technique for Resurfacing Arthroplasty
TBD

8:24 a.m. Anatomic Total Shoulder Arthroplasty: Optimal Patient Selection, Design Options, and Techniques
Sameer H. Nagda, MD

8:36 a.m. Reverse Shoulder Arthroplasty: Expanding Indications, Avoiding Complications
Anand M. Murthi, MD

8:48 a.m. Revision Shoulder Arthroplasty: Single or Multistage Approaches
Edward G. McFarland, MD

9:00 a.m. Panel Discussion: Shoulder Arthroplasty
Moderator: Edward G. McFarland, MD
Panelists: A. Murthi, S. Nagda

9:30 a.m. Break & Visit the Exhibits

10:00 a.m. **GUEST LECTURE**
Choosing an Implant and Procedure:
My 30 Year Experience in Shoulder Arthroplasty
Gerald R. Williams, MD

SESSION V | *Ligaments*
Moderator: M. Mike Malek, MD

10:20 a.m. ACL Reconstruction Allograft vs. Autograft
Nicholas A. Sgaglione, MD

10:32 a.m. Updated Techniques for ACL Reconstruction
Wiemi A. Douguilh, MD

10:44 a.m. Revision ACL Surgery: Pearls and Pitfalls
Nicholas A. Sgaglione, MD

10:56 a.m. Soft Brace/Orthosis for ACL Injuries
Leon E. Paulos, MD

11:08 a.m. PCL Injuries: Transtibial Reconstruction Technique
Gregory C. Fanelli, MD

11:20 a.m. PCL Injuries: Onlay Reconstruction Technique
Leon E. Paulos, MD

11:32 a.m. Panel Discussion
Moderator: M. Mike Malek, MD
Panelists: W. Douguilh, G. Fanelli, L. Paulos, N. Sgaglione

AGENDA | *Tuesday, July 26 (Continued)*

SESSION VI | *Meniscus*

Moderator: Gregory C. Fanelli, MD

11:52 a.m. **Meniscus Resection vs. Preservation and Repair (When and How)**
Nicholas A. Sgaglione, MD

12:04 p.m. **Meniscal Transplantation: Where are We?**
John J. Klimkiewicz, MD

12:16 p.m. **Panel Discussion**
Moderator: Gregory C. Fanelli, MD
Panelists: J. Klimkiewicz, N. Sgaglione

12:47 p.m. **Lunch Break & Visit the Exhibits**

SESSION VII | *Cartilage Restoration*

Moderator: Leon E. Paulos, MD

1:45 p.m. **Abrasion Arthroplasty and Microfracture**
John J. Klimkiewicz, MD

1:57 p.m. **Minced Cartilage Implantation: Juvenile Allograft**
John C. Richmond, MD

2:09 p.m. **Second Generation of Autologous Cartilage Implantation/Matrix-Induced Autologous Chondrocyte Implantation (MACI)**
Bashir A. Zikria, MD, MSc

2:21 p.m. **Osteochondral Allograft Implantation**
Lieutenant Colonel Christopher J. Tucker, MD, USA

2:33 p.m.

Newer Methods for Cartilage Restoration
Nicholas A. Sgaglione, MD

2:45 p.m.

Panel Discussion
Moderator: Nicholas A. Sgaglione, MD
Panelists: J. Klimkiewicz, J. Richmond, N. Sgaglione, C. Tucker

3:15 p.m.

Break & Visit the Exhibits

SESSION VIII | *Patella*

Moderator: John J. Klimkiewicz, MD

3:30 p.m.

Treatment of the First Time Dislocator
Captain John Paul Rue, MD, USNR, Retired

3:42 p.m.

Dealing with Recurrent Patella Dislocation
Jonathan F. Dickens, MD, LTC (USAR)

3:54 p.m.

How Important is the Medial Patellofemoral Ligament?
Louis F. McIntyre, MD

4:06 p.m.

Extensor Mechanism Injuries: Patella Tendon and Quadriceps
M. Mike Malek, MD

4:18 p.m.

Panel Discussion
Moderator: John J. Klimkiewicz, MD
Panelists: J. Dickens, L. McIntyre, M. Malek, J. Rue

AGENDA | *Tuesday, July 26 (Continued)*

SESSION IX | *Degenerative Disease of the Knee*

Moderator: Colonel Steven J. Svoboda, MD, USA, Retired

4:38 p.m. **Algorithm for Treating Degenerative Arthritis of the Knee**

Colonel Mark Slabaugh, MD, USAF, Retired

4:50 p.m. **Osteotomies Around the Knee**

Adrian Wilson, MBBS

5:02 p.m. **Unicondylar Arthroplasty**

Kevin B. Fricka, MD

5:14 p.m.

Patellofemoral Arthroplasty (Arthrosurface)

Leon E. Paulos, MD

5:26 p.m.

Revision Total Knee Arthroplasty

Kevin B. Fricka, MD

5:38 p.m.

Panel Discussion

Moderator: Colonel Steven J. Svoboda, MD, USA, Retired

Panelists: K. Fricka, L. Paulos, M. Slabaugh

6:00 p.m.

Adjourn



AGENDA | *Wednesday, July 27*

7:00 a.m. Registration & Continental Breakfast

Workshops

8:00 a.m. Workshop A: Knee or Joint Preservation:
Osteotomy, Cartilage, Partial Replacement

9:15 a.m. Coffee Break

9:30 a.m. Workshop B: In-office Imaging,
Mini-Arthroscopy, and Ultrasound

10:45 a.m. Morning Break

11:00 a.m. Workshop C: Shoulder Arthroplasty Sawbones
Lab: Resurfacing, Stemless Anatomic, and
Reverse Arthroplasty

12:30 p.m. Adjourn

VENUE INFORMATION

Park Hyatt Washington

1201 24th St. NW

Washington, D.C. 20037

202-789-1234

WashingtonDC.Park.Hyatt.com

**RESERVE YOUR HOTEL ROOM BY JULY 8, 2022 TO RECEIVE
OUR GROUP DISCOUNTED RATE.**

<https://www.hyatt.com/en-US/group-booking/WASPH/G-GCB2>



Reasons to Attend

- Three-day education agenda with live lectures, presentations, panel discussions, and interactive Q&A sessions.
- Learn from 20 nationally and internationally renowned faculty.
- Multiple morning and afternoon symposia.
- Take advantage of the incomparable conference location blocks away from the White House, Washington Monument, Smithsonian Museums, and the National Mall, near Washington, DC's dynamic downtown dining and shopping.
- Stay minutes from Reagan National Airport (DCA) and easily utilize the Metro.

REGISTRATION INFORMATION

REGISTRATION TYPE	FEE
Active Military/Residents/Fellows (with letter from chief)	COMPLIMENTARY
Physicians	\$795
Physician Assistants	\$450
Nurses/Nurse Practitioners	\$450
Allied Health Professionals (PT, ATC, Other)	\$450
Non-Military Residents/Fellows	\$350
Industry Representatives	\$850

Online Registration Preferred

Please visit **MedStarHealth.org/CherryBlossomSeminar** for updated program and registration information. We are unable to accept registrations or cancellations by telephone.

All registrations will be confirmed by email only. If you have questions or do not receive a confirmation within 1-2 business days, please contact us at MedStarCPE@MedStar.net or (833) 731-1273.

Cancellation Policy

Cancellations made in writing by June 21, 2022 will be subject to a 50% penalty. No refunds will be given after June 21, 2022. In the unlikely event that the course is canceled, MedStar Health will refund the registration fee, but is not responsible for any travel costs.

Special Assistance

MedStar Health wishes to ensure that no individual with a disability is excluded, denied services, segregated or otherwise treated differently from other individuals because of the absence of auxiliary aids or services identified in the Americans with Disabilities Act. Please contact (833) 731-1273 to notify us of your needs.

For exhibit information please contact Elizabeth Romano at Elizabeth.S.Romano@medstar.net

