# MedStar Georgetown University Hospital's Diabetic Limb Salvage: A Team Approach



## **April 27 to 30, 2022** A Dynamic Virtual Conference with Expert Faculty

### **Conference Chairmen:**

#### Christopher E. Attinger, MD

MedStar Georgetown University Hospital Washington, D.C.

### **Course Directors:**

#### Cameron M. Akbari, MD, MBA

MedStar Georgetown University Hospital MedStar Washington Hospital Center MedStar Heart & Vascular Institute Washington, D.C.

#### John S. Steinberg, DPM

MedStar Georgetown University Hospital MedStar Washington Hospital Center Washington, D.C.

#### Karen Kim Evans, MD

MedStar Georgetown University Hospital Washington, D.C.

#### J.P. Hong, MD, PhD

Asan Medical Center University of Ulsan Seoul, Republic of Korea





## **DLS**Conference.com

## **Conference Chairmen**



### Christopher E. Attinger, MD Chief, Division of Wound Healing

MedStar Georgetown University Hospital Professor, Plastic and Orthopaedic Surgery Georgetown University School of Medicine Washington, D.C.



John S. Steinberg, DPM Co-Director, Center for Wound Healing MedStar Georgetown University Hospital MedStar Washington Hospital Center Director, Podiatric Residency Training Program MedStar Health Professor, Plastic Surgery Georgetown University School of Medicine Washington, D.C.

## **Course Directors**



#### Cameron M. Akbari, MD

Senior Vascular Surgeon MedStar Georgetown University Hospital Associate Professor, Surgery Georgetown University School of Medicine Washington, D.C.



#### Karen Kim Evans, MD

Plastic Surgeon MedStar Georgetown University Hospital Associate Program Director and Vice Chairman of Education MedStar Plastic and Reconstructive Surgery Professor, Plastic Surgery Georgetown University School of Medicine Washington, D.C.



## J.P. Hong, MD, PhD Plastic Surgeon

Asan Medical Center Professor, Plastic and Reconstructive Surgery University of Ulsan Seoul, Korea



For updated program information, please visit **DLSConference.com** 

## Faculty

#### David G. Armstrong, DPM, PhD

Director Southwestern Academic Limb Salvage Alliance Professor, Surgery Surgery Keck School of Medicine of University of Southern California Los Angeles, CA

#### Jayson N. Atves, DPM, AACFAS

Director, Foot & Ankle Research Fellowship Podiatric Surgeon MedStar Georgetown University Hospital Assistant Professor, Plastic Surgery Georgetown University School of Medicine Faculty, Podiatric Surgery Residency Program MedStar Health Washington, D.C.

#### Nicole Cates, DPM

Foot and Ankle Surgeon Hand and Microsurgery Medical Group San Francisco, CA

#### Janet D. Conway, MD, FAAOS

Orthopedic Surgeon, Head of Bone and Joint Infection Sinai Hospital of Baltimore Baltimore, MD

#### William J. Ennis DO, MBA

Chief, Wound Healing and Tissue Repair Catherine and Francis Burzik Professor, Surgery University of Illinois Hospital and Health Sciences System Chicago, IL

#### John M. Felder, MD, FACS

Director, Microsurgery Fellowship Co-Director, Washington University Limb Preservation Program Surgeon, Department of Surgery, Division of Plastic Surgery Assistant Professor, Surgery Washington University School of Medicine St. Louis, MO

#### Roberto Ferraresi, MD

Scientific Director, Diabetic Foot Center Clinica San Carlo, Paderno Dugnano Milano, Italy

#### Frances Game, MD

Consultant Diabetologist and Director of R&D Royal Derby Hospital Co-Director Derby Clinical Trials Support Unit University Hospitals of Derby and Burton NHS FT Clinical Director East Midlands Diabetes & Vascular Diseases NHS Clinical Network Honorary Professor University of Nottingham Derby, United Kingdom

#### William J. Jeffcoate, MD

Research Diabetologist Nottingham University Hospitals Trust Nottingham, United Kingdom

#### Venu M. Kavarthapu, MD

Consultant Orthopaedic Surgeon Reconstruction Lead, Diabetic Foot Unit King's College Hospital London, United Kingdom Associate Professor, Orthopaedics University of Southern Denmark, Denmark

#### Grant M. Kleiber, MD, FACS

Chief, Plastic & Reconstructive Surgery Medstar Washington Hospital Center Washington, D.C

#### Paul J. Kim, DPM, MS

Medical Director, Wound Program University of Texas Southwestern Medical Center Professor, Plastic Surgery and Orthopedic Surgery University of Texas Southwestern Dallas, TX

#### Stephen J. Kovach III, MD, FACS

Herndon B. Lehr Endowed Associate Professor, Plastic Surgery Associate Professor of Surgery, Plastic Surgery and Orthopaedic Surgery University of Pennsylvania Health System Philadelphia, PA

#### Ho Kwong Li, MBBS, MRCP, DTMH

Specialist Registrar, Infectious Diseases & General Internal Medicine Imperial College Healthcare NHS Trust MRC CMBI Clinical Research Training Fellow Imperial College London London, United Kingdom

#### Ketan M. Patel, MD

Associate Professor, Clinical Surgery Keck School of Medicine University of Southern California Los Angeles, CA

#### Michael C. Sachtleben

Senior Vice President and Chief Operating Officer MedStar Washington Region President MedStar Georgetown University Hospital Washington, D.C.

#### **Gregory Schultz, PhD**

Professor Emeritus, Obstetrics & Gynecology University of Florida Gainesville, FL

#### Glenn M. Weinraub, DPM, FACFAS

Foot and Ankle Surgeon The Permanente Medical Group Past President American College of Foot and Ankle Surgeons Fremont, CA

#### Dane K. Wukich, MD

Medical Director, Orthopaedic Surgery UT Southwestern University Hospitals Professor and Chair, Orthopaedic Surgery University of Texas Southwestern Medical Center Dallas, TX

#### Jacob Wynes DPM, MS, FACFAS

Co-Director, Limb Preservation Clinic Program Director, Limb Preservation and Deformity Correction Fellowship University of Maryland Medical Center Foot and Ankle Surgery, Podiatry University of Maryland Medical System Assistant Professor, Orthopaedics University of Maryland School of Medicine Baltimore, MD

#### Caitlin S. Zarick, DPM

Surgeon, Reconstructive Foot and Ankle MedStar Washington Hospital Center Assistant Professor, Plastic Surgery Georgetown University School of Medicine Washington, D.C.

## **Continuing Education Credit Information**

### **Course Description**

MedStar Georgetown University Hospital's Diabetic Limb Salvage Conference is providing compelling content for the 2022 conference in a virtual format. This annual conference focuses on a multidisciplinary team approach that provides each member of the healthcare team with the education and resources needed to heal wounds and prevent amputations. It features a prominent international faculty that promotes the importance of a multispecialty approach in limb salvage. The course is designed for healthcare practitioners of all specialties and promotes an evidence-based approach with emphasis on take-home points, techniques, and functional outcomes. The meeting format will include didactic lectures and specialty symposia for the purpose of providing an interactive learning experience.

#### Here's what you can look forward to in 2022:

- Robust four-day agenda (Wednesday to Saturday) with lectures, panel discussions with interactive Q&A, and networking opportunities
- Exhibit Hall with interactive booths and chat features
- Virtual abstract viewing with oral presentations
- Four days of cadaver lab videos led by expert faculty
- Flexible schedule that permits you to attend comfortably from your own home or office



### **Learning Objectives**

- Analyze the public health crisis of diabetic limb loss.
- Discuss the pain of sensory loss and non-compliance to care.
- Examine the options in vascular interventional technology and techniques, both surgical and endovascular.
- Promote the practice of functional limb salvage so that patients maximize their active ambulatory status.
- Navigate the complexities of biomechanics, limb salvage, the problem wound, wound based infection, preserving limb length.
- Cite the financial and social impact of diabetic limb salvage and amputation.
- Identify the roles and responsibilities of members of the healthcare team involved in the collaborative care for prevention of diabetic limb loss.
- Integrate a team-based approach in the care of patients to prevent diabetic limb loss.

## **Continuing Education Credit Information**

### **Target Audience**

This conference is intended for diabetes and wound care specialists, vascular surgeons, orthopaedic surgeons, podiatric surgeons, plastic surgeons, endocrinologists, family practice physicians, infectious disease specialists, cardiovascular and endovascular specialists, nurse practitioners, physician assistants, physical therapists, occupational therapists, nurses, peripheral nerve specialists, certified diabetes educators, and other members of the healthcare team involved in diabetic foot and limb salvage.

### Accreditation



In support of improving patient care, MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

### **Credit Designation**



This activity was planned by and for the healthcare team, and learners will receive 15.5 Interprofessional Continuing Education (IPCE) credits for learning and change.

CPME: An application has been submitted to Western University of Health Sciences for credit.

**Physicians:** MedStar Health designates this live activity for a maximum of 15.5 *AMA PRA Category* 1 *Credits*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses:** This activity is approved for 15.5 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

**Physical Therapists:** An application has been made to the Maryland Board of Physical Therapy Examiners for continuing education credits.

**Occupational Therapists:** An application has been made to the Maryland Board of Occupational Therapy Practice for continuing education credits.

We will communicate any updates once confirmation is received.

### **Call for Abstracts!**

MedStar Health and MedStar Georgetown University Hospital are pleased to announce the call for oral and poster abstracts for the 2022 Diabetic Limb Salvage Conference.

Abstracts will be reviewed and selected on the basis of their scientific merit and content quality. Submitted abstracts meeting the eligibility requirements will be considered for poster presentation from Wednesday, April 27 to Saturday, April 30, 2022. The top three abstracts will also be awarded and presented orally on Saturday, April 30, 2022 during general session.

We invite you to participate by submitting a 250-word abstract, which should describe work with relevant to diabetic foot and limb salvage. Please visit DLSconference.com for more information.

SUBMISSION DEADLINE: April 1, 2022

For updated program information, please visit **DLSConference.com** 

## Agenda

### WEDNESDAY, APRIL 27

## **SESSION I:** DLS Basics: Every Patient. Every Time.

3:00 p.m.	Welcome Remarks and Meeting Overview Christopher E. Attinger, MD; John S. Steinberg, DPM	4:15 p.m.	Evaluating the Host: What are we Really Up Against? Karen Kim Evans, MD
3:15 p.m.	The Efficient and Effective Diabetic Foot Exam John S. Steinberg, DPM	4:30 p.m.	<b>Cadaver Lab: Application of Circular</b> <b>External Fixator</b> Jayson N. Atves, DPM, AACFAS; Caitlin S. Zarick, DPM
3:30 p.m.	How do we Screen for Peripheral Arterial Disease (PAD) in the Diabetic Foot? Cameron M. Akbari, MD	5:00 p.m.	Panel Discussion Moderators: Christopher E. Attinger, MD; John S. Steinberg, DPM Panelists: C. Akbari, J. Atves, K. Evans, C. Zarick
3:45 p.m.	Debridement: Why, When and How? Christopher E. Attinger, MD	5:30 p.m.	Evening Break and Visit the Exhibitors and Abstract Poster
4:00 p.m.	Biomechanical Considerations to		Presentations
	Provide a Functional Foot Jayson N. Atves, DPM, AACFAS	5:45 p.m.	Symposium I
		6:30 p.m.	Adjourn

### **THURSDAY, APRIL 28**

## **SESSION II:** Evidence Based Management of Diabetic Foot Infection

3:00 p.m.	Session Introduction Christopher E. Attinger, MD; John S. Steinberg, DPM	4:30 p.m.	Cadaver Lab: Insertion of Retrograde Intramedullary Nail Jayson N. Atves, DPM, AACFAS; Caitlin S. Zarick, DPM
3:15 p.m.	Turning the Tables Upside Down with Data on Clinic Based Debridments Paul J. Kim, DPM, MS	5:00 p.m.	<b>Panel Discussion</b> Moderators: Christopher E. Attinger, MD; John S. Steinberg, DPM Panelists: J. Atves, J. Conway, F. Game,
3:30 p.m.	IV vs PO. 2 weeks vs 12 weeks. How Should we Dose? Ho Kwong Li, MBBS, MRCP, DTMH	5:30 p.m.	P. Kim, H. Li, G. Schultz, C. Zarick Evening Break and Visit the Exhibitors and Abstract Poster
3:45 p.m.	International Working Group on the Diabetic Foot (IWGDF): Using MetaData to Guide Wound Healing Treatments Frances Game, MD	5:45 p.m.	Presentations Applying the Latest Evidence, Techniques, and Innovative Technologies for Value Analysis: Tips from a Multi-disciplinary Panel
4:00 p.m.	Today's Surgical Approach to Osteomyelitis Janet D. Conway, MD, FAAOS		Paul J. Kim, DPM, MS, FACFAS; Alisha Oropallo, MD, FACS; Garrett Wirth, MD, MS, FACS
4:15 p.m.	What Ever Happened to the Biofilm Discussion? Gregory Schultz, PhD		Sponsored by 3M This symposium is not certified for continuing education credit.
		6:30 p.m.	Adjourn



## Agenda

#### **SESSION III:** Charcot Arthropathy: Haven't We Fixed This Yet?

3:00 p.m.	Session Introduction Christopher E. Attinger, MD; John S. Steinberg, DPM	4:15 p.m.	Does Beaming Still make Sense? Glenn M. Weinraub, DPM, FACFAS
3:15 p.m.	Charcot Diagnosis, Pathophysiology, and Early Stage Management Venu M. Kavarthapu, MD	4:30 p.m.	Cadaver Lab: Amputations of the Foot John S. Steinberg, DPM
3:30 p.m. 3:45 p.m.	Using Evidence to Operate Wisely on the Right Patient Dane K. Wukich, MD What the Georgetown Data Tells us	5:00 p.m.	Panel Discussion Moderators: Christopher E. Attinger, MD; John S. Steinberg, DPM Panelists: N. Cates, V. Kavarthapu, G. Weinraub, J. Wynes, D. Wukich, C. Zarick
0.40 p.m.	about Charcot Treatment Nicole Cates, DPM	5:30 p.m.	Evening Break and Visit the Exhibitors and Abstract Poster
4:00 p.m.	When the Train Comes Off the		Presentations
	Tracks: Charcot Complications Jacob Wynes DPM, MS, FACFAS	5:45 p.m.	Symposium III
		6:30 p.m.	Adjourn

### 2022 MedStar Georgetown Distinguished Achievement Award in Diabetic Limb Salvage



MedStar Georgetown University Hospital is honored to present Dane K. Wukich, MD with the 2022 MedStar Georgetown Distinguished Achievement Award in Diabetic Limb Salvage.

Dane K. Wukich, MD is a nationally recognized foot and ankle surgeon, educator, lecturer, and researcher. He has written more than 100 papers and presented

lectures around the world. Dr. Wukich serves as peer reviewer for 11 journals and is the author or co-author of several book chapters dealing with foot and ankle problems in athletes and patients with diabetes. His research interest includes the complications of circular external fixation in patients with diabetes, foot and ankle problems in post-transplant patients, and treatment of spastic deformities of the foot and ankle in patients with traumatic brain injury and/or stroke.

Currently, Dr. Wukich is a professor and Chair of the Department of Orthopaedic Surgery at UT Southwestern and the Dr. Charles F. Gregory Chair in Orthopaedic Surgery. He is also the Medical Director of Orthopaedic Surgery at UT Southwestern University Hospitals.

Dr. Wukich has held leadership roles in the American Academy of Orthopaedic Surgeons, American Diabetes Association, American Orthopaedic Association, and other societies. He has frequently been named a Castle Connolly "Top Doc" in orthopaedic surgery and in 2007, he was the recipient of the UPMC Golden Apple Award in recognition of his teaching efforts.

#### Previous honorees include:

2021: Benjamin A. Lipsky, MD
2019: Arun Bal, MBBS, MS, PhD
2018: Lawrence A. Lavery, DPM, MPH
2016: Karel Bakker, MD, PhD
2014: William J. Jeffcoate, MB, MRCP
2013: George Andros, MD

2012: Andrew J.M. Boulton, MD, DSc
2011: William J. Ennis, DO, MBA
2010: Gary W. Gibbons, MD
2009: Peter Sheehan, MD,
2008: Lawrence B. Harkless, DPM
2007: David G. Armstrong, DPM, MD, PhD

For updated program information, please visit **DLSConference.com** 

## Agenda

### SATURDAY, APRIL 30

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	<b>/:</b> When you Have a Plastic the DLS Team	11:45 a.m.	No Blood FlowNo Function. Effective Endovascular Interventions
8:00 a.m.	Session Introduction Christopher E. Attinger, MD; John S. Steinberg, DPM	12:00 p.m.	Roberto Ferraresi, MD <b>Panel Discussion</b> Moderators: Christopher E. Attinger, MD
8:15 a.m.	Local Flaps for Foot and Ankle Reconstruction Christopher E. Attinger, MD	12:30 p.m.	John S. Steinberg, DPM Panelists: R. Ferraresi, G. Kleiber Afternoon Break and Visit the
8:30 a.m.	Free Flaps for Lower Extremity Salvage Karen Kim Evans, MD	12.00 p.m.	Exhibitors and Abstract Poster Presentations
8:45 a.m.	Thinking Outside the Box: Creativity for Complex Soft Tissue Problems John M. Felder, MD, FACS	1:00 p.m.	Cadaver Lab: Local Flaps of the Lower Extremity Moderators: John S. Steinberg, DPM; Christopher E. Attinger, MD; Karen Kim Evans, MD
9:00 a.m.	Surgical Management of Lymphedema Ketan M. Patel, MD		Sponsored by Integra LifeSciences This symposium is not certified for continuing education credit.
9:15 a.m.	Bony Reconstruction of the Lower		<b>/I:</b> Practicing DLS in 2022. The Bad, The Ugly.
9:30 a.m.	Extremity Stephen J. Kovach III, MD, FACS Panel Discussion	2:00 p.m.	Session Introduction Christopher E. Attinger, MD; John S. Steinberg, DPM
	Moderators: Christopher E. Attinger, MD; John S. Steinberg, DPM Panelists: K. Evans, J. Felder, S. Kovach, K. Patel	2:15 p.m.	Complications, Complications, Complications Cameron M. Akbari, MD; Karen Kim Evans, MD
10:00 a.m.	Morning Break and Visit the Exhibitors and Abstract Poster Presentations	2:45 p.m.	<b>DLS Now and in the Future</b> William J. Ennis, DO, MBA
	: Function, Function, Function / It Enough?	3:00 p.m.	Why is the Charcot Foot so Uncommon in Diabetes? What Does it Tell us About its Causes?
10:30 a.m.	Top Oral Abstract Presentations	0.45	William J. Jeffcoate, MD
10:45 a.m.	MedStar Georgetown Distinguished Achievement Award	3:15 p.m.	Measure What We Manage: Past and Future Diabetic Foot David G. Armstrong, DPM, PhD
	<b>in Diabetic Limb Salvage</b> Introduction: Michael C. Sachtleben Moderators: Christopher E. Attinger, MD; John S. Steinberg, DPM Honoree: Dane K. Wukich, MD	3:30 p.m.	Keynote Address: The Future of Limb Reconstruction J.P. Hong, MD, PhD
11:00 a.m.	<b>Session Introduction</b> Christopher E. Attinger, MD; John S. Steinberg, DPM	4:00 p.m.	Panel Discussion Moderators: Christopher E. Attinger, MD John S. Steinberg, DPM Panelists: C. Akbari, D. Armstrong, W. Ennis, K. Evans, J. Hong, W. Jeffcoate
11:15 a.m.	Well Performed Below Knee Amputation (BKA) Is Functional Salvage: What the Data Now Tells Us Christopher E. Attinger, MD	4:30 p.m.	Adjourn
11:30 a.m.	How Targeted Muscle Reinnervation (TMR) has Transformed the Role of BKA in Limb Salvage Grant M. Kleiber, MD, FACS		

## **Registration Information**

Registration Fees	Now Through April 26	April 27 to April 30
Physician	\$399	\$449
<b>Resident or Fellow</b>	\$40	\$60
Physician Assistant	\$349	\$399
Nurse Practitioner	\$349	\$399
Nurse	\$349	\$399
Allied Health Professional	\$349	\$399
Physical Therapist or Occupational Therapist	\$349	\$399
Medical Student	\$40	\$60
Industry Professional	\$549	\$549

### **Online Registration Preferred**

We are unable to accept registrations or cancellations by telephone. All registrations will be confirmed by email only. If you have questions or do not receive a confirmation within 1-2 business days, please contact us at MedStarCPE@MedStar.net or (833) 731-1273.

## **Cancellation Policy**

If you are unable to attend the date of the conference, your registration will still grant you access to conference slides and recorded content. CE hours will be credited based on attendance day of or completion of recorded content.

## **Conference** Information

This conference is taking place online with live speakers and Q&A sessions.

### **Special Assistance**

MedStar Health wishes to ensure that no individual with a disability is excluded, denied services, segregated, or otherwise treated differently from other individuals because of the absence of auxiliary aids or services identified in the Americans with Disabilities Act. Please contact (833) 731-1273 to notify us of your needs.

For exhibit and support information please contact Ada Guo at ada.guo@medstar.net