

Update on Diabetes XLIII

Thursday, April 15
A Virtual Conference

Course Directors:

Issam E. Cheikh, MD, FACP, FACE
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MedStar Health

CE.MedStarHealth.org/Diabetes

Continuing Education Credit Information

Course Description

The topics for Update on Diabetes XLIII were chosen to give an overview of advances in diabetes care. The faculty of this program has been selected from national and local experts for their ability to present complicated and new information clearly and authoritatively. After this activity, the knowledge gained from attending this symposium will enable attendees to improve the care of patients with diabetes.

Target Audience

This conference is intended for hospital-based physicians, community physicians, fellows, residents, medical students, nurse practitioners, physician assistants, nurses, pharmacists, dietitians, and other members of the healthcare team who have an interest in the treatment of diabetes.

Learning Objectives

- Discuss advances in research, technology and clinical practice that improve diabetes management.
- Adopt an individualized, patient centered approach to making medication changes to better manage diabetes.
- Identify other indicators, in addition to Hemoglobin A1c, to measure diabetic control.
- Formulate how the adoption of an individualized, patient centered approach to making medication changes will better manage patients' diabetes.
- Identify the roles and responsibilities of members of the healthcare team involved in the collaborative care for diabetes treatment.
- Integrate a team-based approach in the care of patients with diabetes.

Accreditation



In support of improving patient care, MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation



This activity was planned by and for the healthcare team, and learners will receive 4.5 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physicians: MedStar Health designates this live activity for a maximum of 4.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This activity is approved for 4.5 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

Pharmacists: This activity is approved for 4.5 contact hours. This learning activity is knowledge-based. The Universal Activity Number for this program is JA4008151-0000-21-025-L01-P.



Dietitians: CDR Credentialed Practitioners will receive 4.5 Continuing Professional Education units (CPEUs) for completion of this activity/material.

Course Directors

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Faculty

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Planning Committee

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Agenda

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|------------|--|------------|--|
| 7:55 a.m. | Welcome Remarks
Dana H. Frank, MD | 11:45 a.m. | How Data and Technology are Transforming Diabetes Care
Mansur E. Shomali, MD |
| 8:00 a.m. | Updates of Diabetes: 100 Years of Treatment
Issam E. Cheikh, MD, FACP, FACE | 12:30 p.m. | Summary and Closing Remarks
Issam E. Cheikh, MD, FACP, FACE |
| 8:40 a.m. | Beyond Hemoglobin A1c: Better Measures of Diabetes Control
Pamela R. Schroeder, MD, PhD, FACE | 12:45 p.m. | Adjourn |
| 9:15 a.m. | Nonglycemic Effects of Glucagon-like peptide-1 (GLP-1) Agonists
Isabel Marcano Bonilla, MD | | |
| 9:50 a.m. | Improving Cardiac and Renal Outcomes and Utilizing Sodium Glucose Transport Protein 2 Inhibitor (SGLT2)
Ling Cui, MD | | |
| 10:25 a.m. | Break and Visit the Exhibits | | |
| 10:45 a.m. | Beyond Basal Insulin: What to Add Next
Paul A. Sack, MD, FACE | | |
| 11:15 a.m. | Diabetes and Bone Health
Malek E. Cheikh, MD | | |

Planning Committee

The topics for Update on Diabetes XLIII were selected to update the attendees on the latest scientific data and clinical applications for the research of diabetes. The program was assembled by Dr. Issam E. Cheikh and the Endocrinology faculty at MedStar Union Memorial Hospital.

“This Symposium is dedicated to the Cheikh family.”

Issam E. Cheikh, MD

Registration Information

Registration Fees

Physician	\$80
Resident or Fellow	\$40
Physician Assistant	\$40
Nurse Practitioner	\$40
Nurse	\$40
Pharmacist	\$40
Dietitian or Nutritionist	\$40
Allied Health Professional	\$40
Industry Representative	\$100

Online Registration Preferred

Please visit CE.MedStarHealth.org/Diabetes for updated program and registration information. We are unable to accept registrations or cancellations by telephone.

All registrations will be confirmed by email only. If you have questions or do not receive a confirmation within 1-2 business days, please contact us at MedStarCPE@MedStar.net or (833) 731-1273.

Cancellation Policy

If you are unable to attend the date of the conference, your registration will still grant you access to conference slides and recorded content. CE hours will be credited based on attendance day of or completion of recorded content.

Conference Information

This conference is taking place online with live speakers and Q&A sessions.

Special Assistance

MedStar Health wishes to ensure that no individual with a disability is excluded, denied services, segregated, or otherwise treated differently from other individuals because of the absence of auxiliary aids or services identified in the Americans with Disabilities Act. Please contact (833) 731-1273 to notify us of your needs.



**For exhibit and support information please contact
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