Update on Diabetes XLIV

Thursday, April 21, 2022
A Virtual Conference

Course Directors:

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MedStar Health

MedStarHealth.org/DiabetesConference

Continuing Education Credit Information

Course Description

The Update on Diabetes XLIV symposium provides an overview of the advances in diabetes care. The challenges of diabetes management and practical way to overcome these barriers will be addressed. Presentations will focus on best ways to control glucose through technology and medications, and individualizing treatments for patients with diabetes.

Target Audience

This conference is intended for hospital-based physicians, community physicians, fellows, residents, medical students, nurse practitioners, physician assistants, nurses, pharmacists, dietitians, and other members of the healthcare team who have an interest in the treatment of diabetes.

Learning Objectives

- Recall the symptoms of meralgia paresthetica; it's incidence, causes, diagnosis and treatment.
- Distinguish between disorders of insulin resistance occurring at the level of the insulin receptor vs post-receptor.
- Relate when to treat pre-diabetes and the different treatment options, including dietary modification, exercise, and consideration of oral agents.
- Interpret the basics of the Continuous Glucose Meter report.
- Identify the pathophysiology and treatment of dyslipidemia, including both non-pharmacological and pharmacological treatment approaches.
- Examine neurologic manifestations and complications of diabetes and their relevance to diagnosis and management.
- Express the appropriate treatment of severe outpatient hypoglycemia and describe new versions of glucagon to treat hypoglycemia.
- Explain the emerging collaboration between cardiology and endocrinology.
- Relate the evidence for strategies to assure longitudinal diabetes care and self-management education.
- Describe the wide spectrum of fatty liver disease and the potential treatment approaches.
- Identify the roles and responsibilities of members of the healthcare team involved in the collaborative care for diabetes treatment.
- Integrate a team-based approach in the care of patients with diabetes.

Continuing Education Credit Information

Accreditation

JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation

IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive 7.25 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physicians: MedStar Health designates this live activity for a maximum of 7.25 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This activity is approved for 7.25 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

Pharmacist/Pharmacy Technicians: This activity is approved for 7.25 contact hours. This learning activity is knowledge-based. The Universal Activity Number for this program is JA4008151-0000-22-007-L01-P / JA4008151-0000-22-007-L01-T

Commission on Dietetic Registration
the credentialing agency for the Academy of Nutrition and Dietetics

Dietitians: CDR Credentialed Practitioners will receive 7.25 Continuing Professional Education units (CPEUs) for completion of this activity/material.

Course Directors

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Planning Committee

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For updated program information, please visit
MedStarHealth.org/DiabetesConference

Agenda

7:30 a.m. **Visit the Exhibits**

8:00 a.m. **Welcome and Introductory Remarks**
Brad S. Chambers; Dana Frank, MD, FACP

SESSION I

Moderator: Issam E. Cheikh, MD, FACP, FACE

8:05 a.m. **The Many Faces of Meralgia Paresthetica**
Issam E. Cheikh, MD, FACP, FACE

8:45 a.m. **Identification and Treatment of Disorders of Severe Insulin Resistance**
Rebecca Brown, MD, MHSc

9:30 a.m. **Prediabetes: When to Treat**
Pamela R. Schroeder, MD

10:10 a.m. **Questions and Discussion**
Moderator: Issam E. Cheikh, MD, FACP, FACE
Panelists: R. Brown, P. Schroeder

10:20 a.m. **Morning Break and Visit the Exhibits**

SESSION II

Moderator: Issam E. Cheikh, MD, FACP, FACE

10:35 a.m. **Continuous Glucose Monitoring in Clinical Practice**
Isabel Marcano, MD

11:15 a.m. **Hyperlipidemia and Diabetes**
Alina Aasim, MD

11:50 a.m. **Neurologic Manifestations of Diabetes: Updates, Diagnosis, and Management**
Nicholas S. Streicher MD, MPH

12:35 p.m. **Questions and Discussion**
Moderator: Issam E. Cheikh, MD, FACP, FACE
Panelists: A. Aasim, I. Marcano, N. Streicher

12:45 p.m. **Afternoon Break and Visit the Exhibits**

For updated program information, please visit **MedStarHealth.org/DiabetesConference**

Agenda

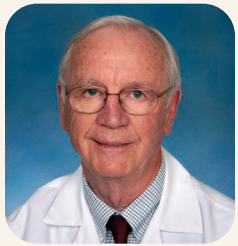
SESSION III

Moderator: Paul A. Sack, MD, FACE

1:25 p.m.	**Hypoglycemia** Paul A. Sack, MD, FACE
2:05 p.m.	**Cardiometabolic Health and Diabetes** Malek Cheikh, MD, CCD
2:45 p.m.	**State of the Art & Science: Diabetes Care Management and Education and the MedStar Health System** Michelle F. Magee, MD, FACS
3:30 p.m.	**Fatty Liver Disease: The Hepatic Manifestations of Dysmetabolic Syndrome** Mansur Shomali, MD, CM
4:15 p.m.	**Questions and Discussion** Moderator: Paul A. Sack, MD, FACE Panelists: M. Cheikh, M. Magee, M. Shomali
4:25 p.m.	**Closing Remarks** Issam E. Cheikh, MD, FACP, FACE; Paul A. Sack, MD, FACE
4:30 p.m.	**Adjourn**

Planning Committee

The topics for Update on Diabetes XLIV were selected to update the attendees on the latest scientific data and clinical applications for the research of diabetes. The program was assembled by Dr. Issam E. Cheikh, Dr. Paul A. Sack, the planning committee (Lynne J. Brecker, Dr. Precious Dadzie, Dr. Lorraine P. Giangrandi, Kia Williams) and the Endocrinology faculty at MedStar Union Memorial Hospital.



"This conference is dedicated in memory of Dr. Bruce Hamilton, a friend and colleague."
- Dr. Issam E. Cheikh

For updated program information, please visit **MedStarHealth.org/DiabetesConference**

Registration Information

Registration Fees

Physician	**$200**
Resident or Fellow	**$100**
Physician Assistant	**$100**
Nurse Practitioner	**$100**
Nurse	**$100**
Pharmacist	**$100**
Dietitian or Nutritionist	**$100**
Allied Health Professional	**$100**
Industry Representative	**$250**

Online Registration Preferred

Please visit **MedStarHealth.org/DiabetesConference** for updated program and registration information. We are unable to accept registrations or cancellations by telephone.

All registrations will be confirmed by email only. If you have questions or do not receive a confirmation within 1-2 business days, please contact us at MedStarCPE@MedStar.net or (833) 731-1273.

Cancellation Policy

If you are unable to attend the date of the conference, your registration will still grant you access to conference slides and recorded content. CE hours will be credited based on attendance day of or completion of recorded content.

Conference Information

This conference is taking place online with live speakers and Q&A sessions.

Special Assistance

MedStar Health wishes to ensure that no individual with a disability is excluded, denied services, segregated, or otherwise treated differently from other individuals because of the absence of auxiliary aids or services identified in the Americans with Disabilities Act. Please contact (833) 731-1273 to notify us of your needs.

For exhibit and support information please contact Lynne Brecker at Lynne.J.Brecker@medstar.net