

The Issam Cheikh

Update on Diabetes XLVI

April 11, 2024

MedStar Union Memorial Hospital
Baltimore, MD

Course Directors:

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MedStar Health



Continuing Education Credit Information

Course Description

Diabetes remains a leading cause of death and disability. Nearly half of the American adult population has been diagnosed with diabetes or prediabetes. Glycemic control continues to be suboptimal despite the wide range of available medications and advances in technology.

The Issam Cheikh Update on Diabetes XLVI symposium provides an overview of the advances in diabetes care. The challenges of diabetes management, and practical ways to overcome these barriers, will be addressed. Presentations will focus on the best practices in controlling glucose through technology, medications, and individualizing treatments for patients with diabetes.

Target Audience

This conference is intended for hospital-based physicians, community physicians, fellows, residents, medical students, nurse practitioners, physician assistants, nurses, pharmacists, dietitians, and other members of the healthcare team who have an interest in the treatment of diabetes.

Learning Objectives

- Discuss pharmacologic and non-pharmacologic treatment options for the prevention and management of diabetes, obesity, and cardiovascular disease.
- Identify effective behavioral and patient centered strategies to improve the compliance in the management of diabetes and its complications.
- Interpret the reports generated from Continuous Glucose Monitor Systems (CGMS) and make lifestyle and medication adjustments.
- Recognize hypoglycemia and summarize its pathophysiology, including negative impacts, and how to initiate a workup for hypoglycemia in symptomatic individuals.
- Summarize the glycemic effects of steroids and review several potential treatment options for patients who are receiving steroids.
- State the stages of Type 1 diabetes and the use of Teplizumab.
- Identify the roles and responsibilities of members of the healthcare team involved in the collaborative care of diabetic patients.
- Integrate a team-based approach in the care of patients with diabetes.

Continuing Education Credit Information

Accreditation



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation



IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive 7.25 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physicians: MedStar Health designates this live activity for a maximum of 7.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This activity is approved for 7.25 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

Pharmacist/Pharmacy Technicians: This activity is approved for 7.25 contact hours. This learning activity is knowledge-based. The Universal Activity Number for this program is UAN # JA4008151-0000-22-067-L04-P/ JA4008151-0000-22-067-L04-T

**Commission on
Dietetic Registration**
 the credentialing agency for the
Academy of Nutrition and Dietetics

Dietitians: CDR Credentialed Practitioners will receive 7.25 Continuing Professional Education units (CPEUs) for completion of this activity/material.



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For updated program information, please visit
[MedStarHealth.org/DiabetesConference](https://www.MedStarHealth.org/DiabetesConference)



Agenda

7:40 a.m.	Registration, Breakfast & Visit Exhibitors	12:30 p.m.	Lunch Break and Visit Exhibitors
8:00 a.m.	Welcome and Introductory Remarks T.J. Senker, FACHE Shams Tabrez Quazi, MD	1:30 p.m.	Steroids and Diabetes Paul A. Sack, MD, FACE
8:05 a.m.	Skin Manifestations of Diabetes Issam E. Cheikh, MD, FACP, FACE	2:10 p.m.	Delaying Overt Hyperglycemia in Type 1 Diabetes Marisha Newton, MD
8:50 a.m.	Who's on First? Depression in Diabetes or Diabetes in Depression? Elias K. Shaya, MD	2:55 p.m.	Bone Health and Diabetes Malek Cheikh, MD
9:35 a.m.	The Implications and Management of Prediabetes Thomas Donner, MD	3:35 p.m.	Glucose, Lipids, and Cardiovascular Risk Protection Mansur E. Shomali, MD, CM
10:15 a.m.	Coffee Break and Visit Exhibitors	4:25p.m.	Closing Remarks Issam E. Cheikh, MD, FACP, FACE
10:35 a.m.	Insulin Therapy: the Past, Present, and Future Marnie Aguasvivas, MD	4:35 p.m.	Adjourn
11:15 a.m.	Utilization of Continuous Glucose Monitor (CGM) for Titration of Diabetic Medications Isabel Marcano Bonilla, MD		
11:55 a.m.	Hypoglycemia...It Happens Adline Ghazi, MD		

For updated program information, please visit [MedStarHealth.org/DiabetesConference](https://www.MedStarHealth.org/DiabetesConference)

Registration Information

Registration Fees

Physician	\$200
Resident or Fellow	\$100
Physician Assistant	\$100
Nurse Practitioner	\$100
Nurse	\$100
Pharmacist	\$100
Dietitian or Nutritionist	\$100
Allied Health Professional	\$100
Industry Representative	\$250

Online Registration Preferred

Please visit [MedStarHealth.org/DiabetesConference](https://www.MedStarHealth.org/DiabetesConference) for updated program and registration information. If you have questions or do not receive a confirmation within 1-2 business days, please contact us at MedStarCPE@MedStar.net or (833) 731-1273.

Cancellation Policy

Cancellations made in writing by March 08, 2024, will be subject to a 50% penalty. No refunds will be given after March 08, 2024. Cancellations will not be accepted by telephone. In the unlikely event that the course is canceled, MedStar Health will refund the registration fee but is not responsible for any travel costs.

Venue Information

MedStar Union Memorial Hospital

201 E University Pkwy
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**For exhibit and support information please contact
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