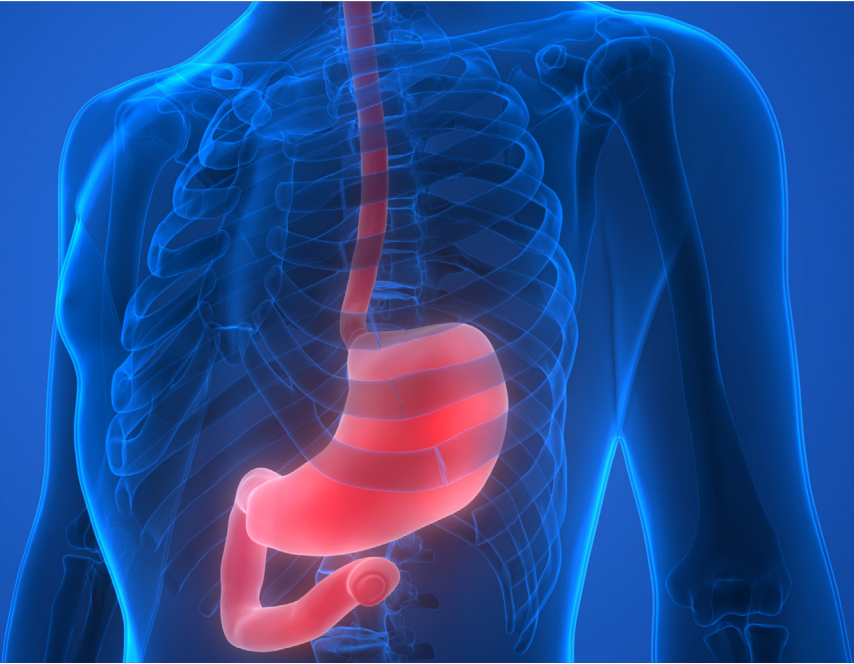


2023

MedStar Health Benign Esophageal Symposium



April 29, 2023

Bethesda Marriott | Bethesda, MD

Course Directors:

John F. Lazar, MD

MedStar Washington Hospital Center
Georgetown University School of Medicine
Washington, D.C.

Angelica Nocerino, MD

MedStar Washington Hospital Center
Georgetown University School of Medicine
Washington, D.C.



MedStar Health

Continuing Education Credit Information

Course Description

This interdisciplinary conference brings together an expert faculty to present on the clinical management and research of patients with benign esophageal disorders. The activity will educate the audience on identifying the pathophysiology associated with benign esophageal pathology, educating them on proper testing and indications for surgery. In addition to discussing current standard of care innovations in the care of benign esophageal care being performed at MedStar Health will be discussed.



Learning Objectives

- Discuss the evaluation of esophageal motility disorders including the indications and use of high resolution manometry, impedance planimetry system, and pH testing.
- Discuss medical and endoscopic management of esophageal motility disorders including GERD, achalasia, peptic strictures, and esophageal diverticulum.
- Describe advances in the diagnosis and endoscopic management of Barrett's esophagus.
- Identify those patients who will benefit from surgical intervention for esophageal dysmotility disorder.
- Consider patients for surgical intervention or continue medical management.
- Identify which hiatal hernia patients may need surgical consultation vs observation.
- Manage the symptomatic patient after anti-reflux or hiatal hernia surgery.
- Identify necessary steps for the work up of esophageal diverticulum.
- Identify the roles and responsibilities of members of the healthcare team involved in the collaborative care of patients with benign esophageal disorders.
- Integrate a team-based approach in the care of patients with benign esophageal disorders to build a foregut program.

Target Audience

This conference is intended for gastroenterologists, radiologists, surgeons, thoracic surgeons, nurse practitioners, nurses, residents, fellows, and other members of the healthcare team interested in the management of benign esophageal disorders.

Continuing Education Credit Information

Accreditation



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation



IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive 6.25 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physicians: MedStar Health designates this live activity for a maximum of 6.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



American Board of Internal Medicine MOC Credit

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 6.25 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

MOC Participation Threshold

Learner participates by writing a reflective statement and makes a commitment to change or maintain an element of practice.

Nurses: This activity is approved for 6.25 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.



For updated information, visit [MedStarHealth.org/BenignEsophagealSymposium](https://www.MedStarHealth.org/BenignEsophagealSymposium)

Course Directors

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Agenda

7:30 a.m. Breakfast, Registration, and Visit the Exhibits

8:00 a.m. Welcome and Introduction
Nadim G. Haddad, MD

SESSION I: MOTILITY DISORDERS

Moderators: Yewande Alimi, MD, MHS;
Kunwardeep S. Sohal, MD

8:10 a.m. Practical Approach to the Evaluation and Management of Motility Disorders
Angelica Nocerino, MD

8:25 a.m. Endoscopic Treatment of Esophageal Motility Disorders
Abhinav Sankineni, MD, MPH

8:40 a.m. Surgical Management of Esophageal Motility Disorders
Duane R. Monteith, MD

8:55 a.m. Panel Discussion
Moderators: Yewande Alimi, MD, MHS;
Kunwardeep S. Sohal, MD
Panelists: D. Monteith, A. Nocerino,
A. Sankineni

9:15 a.m. Morning Break and Visit the Exhibits

SESSION II: REFLUX

Moderators: John E. Carroll, MD;
Ann E. Hwalek, DO, MS

9:35 a.m. Gastroesophageal Reflux Disease: Evaluation and Medical Management
Samer C. Charbel, MD

9:50 a.m. Surgical & Endoscopic Therapy for Gastroesophageal Reflux Disease (GERD)
Karim S. Trad, MD

10:05 a.m. Management of Symptomatic Patient After Anti-Reflux Surgery
Patrick Graves Jackson, MD

10:20 a.m. Panel Discussion
Moderators: John E. Carroll, MD;
Ann E. Hwalek, DO, MS
Panelists: S. Charbel, P. Jackson,
K. Trad

10:40 a.m. Mid-Morning Break and Visit the Exhibits

SESSION III: DIVERTICULUM

Moderators: Samer C. Charbel, MD;
Duane R. Monteith, MD

10:55 a.m. Radiologic Evaluation of Diverticula
Daniel Robert Swerdlow, MD

11:10 a.m. Cervical Esophageal Diverticula
Matthew L. Pierce, MD

11:25 a.m. Surgical Techniques for Lower Esophageal Diverticula
John F. Lazar, MD

11:40 a.m. Panel Discussion
Moderators: Samer C. Charbel, MD;
Duane R. Monteith, MD
Panelists: J. Lazar, M. Pierce,
D. Swerdlow

12:00 p.m. Lunch and Visit the Exhibits

12:15 p.m. Building a Robotic Thoracic Surgery Program
Inderpal Sarkaria, MD, MBA

12:45 p.m. Dessert and Visit the Exhibits

SESSION IV: CHALLENGES OF BENIGN ESOPHAGEAL DISORDERS

Moderators: Chaitanya Vadlamudi, MD, MBA;
Victor Ciofoaia, MD

1:00 p.m. Screening for Esophageal Cancer in the United States and How International Medicine Contributes to Our Practice
David Fleischer, MD

1:20 p.m. Barrett's Esophagus
John E. Carroll, MD

1:40 p.m. Challenges in Managing the Benign Esophageal Surgery Patient: An APP Perspective
Margaret E. Hamm, NP

1:50 p.m. Panel Discussion
Moderators: Chaitanya Vadlamudi, MD, MBA;
Victor Ciofoaia, MD
Panelists: J. Carroll, D. Fleischer,
M. Hamm

Agenda

SESSION V: CASE PRESENTATIONS

Moderators: Nadim G. Haddad, MD; John F. Lazar, MD; Angelica Nocerino, MD

2:10 p.m.

Case Presentation One

Raul Caso-Motes, MD, MSCI

2:20 p.m.

Case Presentation Two

Brian D. Cohen, MD

2:30 p.m.

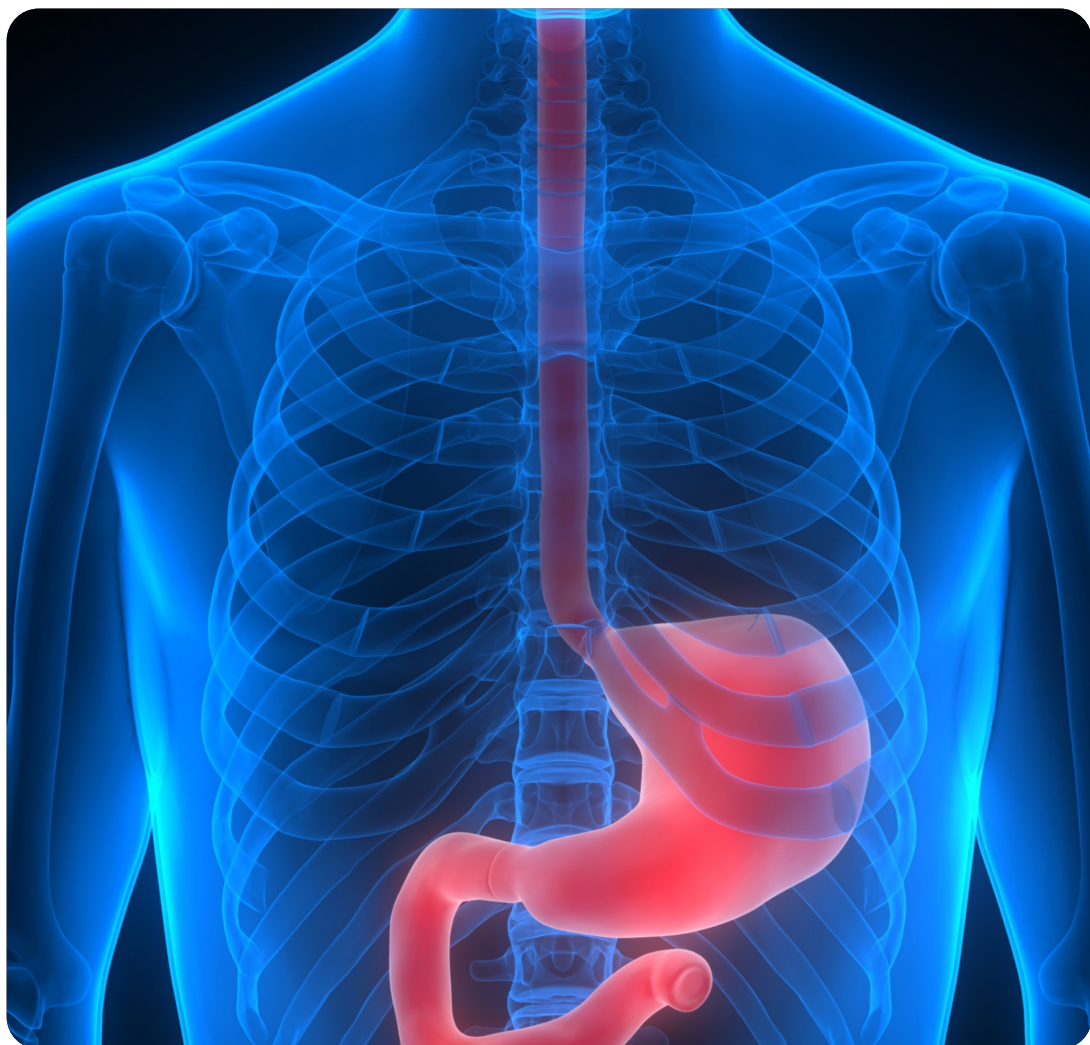
Case Presentation Three

George Khoudari, MD

2:40 p.m.

Closing Remarks

John F. Lazar, MD;
Angelica Nocerino, MD



For updated information, visit [MedStarHealth.org/BenignEsophagealSymposium](https://www.medstarhealth.org/BenignEsophagealSymposium)

Registration Information

Registration Fees

Physician	\$150
Resident or Fellow	\$0
Physician Assistant	\$75
Nurse Practitioner	\$75
Nurse	\$75
Allied Health Professional	\$75

Online Registration Preferred

Please visit <https://MedStarHealth.org/BenignEsophagealSymposium> for updated program and registration information. We are unable to accept registrations or cancellations by telephone.

All registrations will be confirmed by email only. If you have questions or do not receive a confirmation within 1-2 business days, please contact us at medstarcp@medstar.net or (833) 731-1273.

Cancellation Policy

No refunds will be given after March 13, 2023. Cancellations will not be accepted by telephone. In the unlikely event that the course is canceled, MedStar Health will refund the registration fee, but is not responsible for any travel costs.

Venue Information

Bethesda Marriott

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(301) 897-9400



For grant information please contact Ada Guo at ada.guo@medstar.net
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