MedStar Health Esophageal Symposium



June 15, 2024 Bethesda Marriott | Bethesda, MD

Course Directors:

John E. Carroll, MD

MedStar Georgetown University Hospital Georgetown University School of Medicine Washington, D.C.

Angelica Nocerino, MD

MedStar Georgetown University Hospital Georgetown University School of Medicine Washington, D.C.

MedStar Health

Karim S. Trad, MD

MedStar Georgetown University Hospital Georgetown University School of Medicine Washington, D.C.

Course Description

This interdisciplinary conference brings together an expert faculty to present on the clinical management and research of patients with benign esophageal disorders. The activity will educate the audience on identifying the pathophysiology associated with benign esophageal pathology, educating them on proper testing and indications for medical therapy as well as endoscopic and surgical treatment options. In addition, discussing current standards of care in the innovative treatment of benign esophageal disorders that are currently being performed at MedStar Health will be discussed.



Learning Objectives

- Discuss the updated evaluation of esophageal motility disorders including the indications and use of high-resolution manometry, impedance planimetry system, and pH testing.
- Discuss medical and endoscopic management of esophageal and gastric motility disorders including GERD, achalasia, eosinophilic esophagitis, and gastroparesis.
- Describe advances in the diagnosis and endoscopic management of Barrett's esophagus.
- Identify those patients who will benefit from surgical intervention for esophageal and gastric dysmotility disorder.
- Consider patients for surgical intervention or continue medical management.
- Identify which hiatal hernia patients may need surgical consultation vs observation.
- Manage patients with reflux hypersensitivity.
- Identify treatment options for eosinophilic esophagitis.
- Identify the roles and responsibilities of members of the healthcare team involved in the collaborative care of patients with benign esophageal disorders.
- Integrate a team-based approach in the care of patients with benign esophageal disorders to build a foregut program.

Target Audience

This conference is intended for gastroenterologists, thoracic surgeons, oncologists, radiation oncologists, radiologists, nuclear radiologists, surgeons, residents, fellows, physician assistants, nurse practitioners, nurses, medical students, allied health professionals, and other members of the healthcare team interested in the management of esophageal cancers.

Continuing Education Credit Information

Accreditation



In support of improving patient care, MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation



This activity was planned by and for the healthcare team, and learners will receive 4.25 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physicians: MedStar Health designates this live activity for a maximum of 4.25 AMA PRA Category 1 CreditsTM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



American Board of Internal Medicine MOC Credit

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 4.25 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of

Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

MOC Participation Threshold

Learner participates by writing a reflective statement and makes a commitment to change or maintain an element of practice.

Nurses: This activity is approved for 4.25 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.



Physician Assistants: MedStar Health has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 4.00 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.



Course Directors

John E. Carroll, MD

Gastroenterologist MedStar Georgetown University Hospital Assistant Professor, Medicine Georgetown University School of Medicine Washington, D.C.

Angelica Nocerino, MD

Gastroenterologist, Department of Gastroenterology MedStar Georgetown University Hospital Assistant Professor, Medicine Georgetown University School of Medicine Washington, D.C.

Karim S. Trad, MD, FACS

Associate Professor, Surgery MedStar Georgetown University Hospital Georgetown University School of Medicine Washington, D.C.



Faculty

Barham K. Abu Dayyeh, MD, MPH

Director, Advanced Endoscopy Professor, Medicine Mayo Clinic Rochester, MN

Ghassan Abdullah Alzayer, MD

Gastroenterologist MedStar Washington Hospital Center Assistant Professor, Medicine Georgetown University School of Medicine Washington, D.C.

Mohammad Bashashati, MD

Director, Neurogastroenterology and Motility Dell Medical School The University of Texas at Austin Austin, TX

Reginald Bell, MD, FACS

Chair and Past President, American Foregut Society Institute of Esophageal and Reflux Surgery Lone Tree, CO

Nadim G. Haddad, MD

System Physician Executive Director, GI Services Chief, Gastroenterology MedStar Georgetown University Hospital Washington, D.C.

Ann E. Hwalek, MD, FACS

Attending Physician, Thoracic Surgery MedStar Georgetown University Hospital Assistant Professor, Medicine Georgetown University School of Medicine Washington, D.C.

Patrick Graves Jackson, MD, FACS

Chief, General Surgery MedStar Georgetown University Hospital Program Director, Surgical Residency Professor, Surgery Georgetown University School of Medicine Washington, D.C.

Joseph J. Jennings, MD

Director, The Center of GI Bleeding, Associate Director, Gastroenterology Fellowship Program MedStar Georgetown University Hospital Assistant Professor, Medicine Georgetown University School of Medicine Washington, D.C.

Marc Margolis, MD, FACS

Chief, Thoracic Surgery MedStar Georgetown University Hospital Washington, D.C.

Caren S. Palese, MD

Gastroenterologist, Associate Professor, Gastroenterology Georgetown University Medical Center MedStar Georgetown University Hospital Washington, D.C.

Kaylee Purpura, MD

Otolaryngologist MedStar Washington Hospital Center MedStar Georgetown University Hospital Washington, D.C.

Alessandro Repici, MD

Chairman, Department of Gastroenterology Humanitas University and Research Hospital Milan, Italy

Agenda

- 7:30 a.m. Breakfast, Registration, and Visit the Exhibits
- Welcome and Introduction 8:00 a.m. Nadim Haddad, MD

SESSION I: NEW APPROACHES TO OLD PROBLEMS

Moderators: Angelica Nocerino, MD; Patrick Graves Jackson, MD, FACS

- 8:05 a.m. Medical Therapies for Eosinophilic Esophagitis Joseph J. Jennings, MD
- 8:25 a.m. Hypersensitive Esophagus Ghassan Abdullah Alzayer, MD
- Refractory Laryngopharyngeal 8:45 a.m. Reflux Kaylee Purpura, MD
- **Session I Panel Discussion** Moderators: Angelica Nocerino, MD; Patrick Graves Jackson, MD, FACS Panelists: G. Alzayer, J. Jennings, K. Purpura
- Morning Break and Visit 9:15 a.m. the Exhibits

SESSION II: UPDATE ON THERAPIES FOR GASTROESOPHAGEAL REFLUX **DISEASE (GERD) AND BARRETT'S ESOPHAGUS**

Moderators: Caren S. Palese, MD; Karim Trad, MD, FACS

- 9:30 a.m. **Robotic Anti-Reflux Surgery: Options and Outcomes** Reginald Bell, MD, FACS
- Endoscopic Procedures for GERD: 9:50 a.m. Present and Future Barham K. Abou Dayyeh, MD, MPH
- 10:10 a.m. Halo and Endoscopic Mucosal Resection (EMR) John E. Carroll, MD

- 10:30 a.m. Session II Panel Discussion Moderators: Caren S. Palese, MD: Karim Trad, MD, FACS Panelists: B. Abu Dayyeh, R. Bell, J. Carroll
- 10:50 a.m. Mid-Morning Break and Visit the **Exhibits**

SESSION III: UPDATE ON ACHALASIA AND MOTILITY DISORDERS

Moderators: John Carroll, MD; Ann E. Hwalek, MD, FACS

- Updates to Motility Testing, Endo 11:20 a.m. Flip, Chicago Classification Angelica Nocerino, MD
- 11:40 a.m. Update in Gastroparesis Pathophysiology and the Role of **Gastric Stimulation** Mohammed Bashashati, MD
- 12:00 p.m. **Robotic Heller Myotomy** Marc Margolis, MD, FACS
- 12:20 p.m. Per Oral Endoscopic Myotomy (POEM) Alessandro Repici, MD
- Session III Panel Discussion 12:40 p.m. Moderators: John Carroll, MD; Ann E. Hwalek, MD, FACS Panelists: M. Bashashati, M. Margolis, A. Nocerino, A. Repici

1:00 p.m. Adjourn





For updated information, visit MedStarHealth.org/EsophagealCancer

Registration Information

REGISTRATION TYPE	NOW THROUGH MARCH 22	MARCH 23 TO JUNE 15
Physician	\$100	\$150
Resident or Fellow	\$0	\$0
Physician Assistant	\$75	\$100
Nurse Practitioner	\$75	\$100
Nurse	\$75	\$100
Allied Health Professional	\$75	\$100
Medical Student	\$0	\$0
Industry Professional	\$200	\$200

Online Registration Preferred

Please visit **https://MedStarHealth.org/EsophagealCancer** for updated program and registration information. We are unable to accept registrations or cancellations by telephone.

All registrations will be confirmed by email only. If you have questions or do not receive a confirmation within 1-2 business days, please contact us at medstarcpe@medstar.net or (833) 731-1273.

Cancellation Policy

Cancellations made in writing by May 3, 2024, will be subject to a 50% penalty. No refunds will be given after May 3, 2024. Cancellations will not be accepted by telephone. In the unlikely event that the course is canceled, MedStar Health will refund the registration fee, but is not responsible for any travel costs.

Venue Information

Bethesda Marriott 5151 Pooks Hill Road

Bethesda, MD 20814 (301) 897-9400



For grant information please contact Ada Guo at ada.guo@medstar.net For exhibit support information please contact Elizabeth Romano at elizabeth.s.romano@medstar.net