

Frontline Cardiology:

Cardiovascular Care in the Community



May 1, 2021
A Virtual Conference



Course Directors:

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Course Co-Director:

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MedStar Health

Continuing Education Credit Information

Course Description

Cardiovascular disease remains the leading cause of morbidity and mortality in the United States. New treatment strategies, medications and device developments in multiple areas of cardiovascular disease intend to afford benefit to the millions of patients who suffer from these conditions. Given the rapid progress in cardiovascular medicine, it can be difficult for frontline providers to keep abreast of changes in preventive cardiology, pharmacotherapy, new innovative therapeutic procedures, diagnostic methods and new technologies. There are also many sources of information that people are learning from. It is important to provide a forum in which practicing healthcare providers are presented with new information in a way that establishes a common knowledge base. This course aims to shorten the translation from evidence to practice on a wide variety of cardiovascular issues including preventive cardiology, diagnostic methods, new innovative therapies and procedures. This meeting will bring together diverse members of the interdisciplinary practice team, towards creating a common knowledge base so important to the effectiveness of the care team in today's practice environment.

Target Audience

This conference is intended for primary care physicians, family practice physicians, cardiologists, residents, fellows, physician assistants, nurse practitioners, nurses, social workers, nutritionists, dietitians, medical students, allied health professionals, urgent care providers and other members of the healthcare team interested in the management of cardiovascular disease, emergency medicine, family medicine, internal medicine, or preventive medicine.

Learning Objectives

- Identify patients at risk for cardiovascular disease (CVD) and implement strategies to improve practice in cardiovascular prevention through optimally managed recognition and treatment of obstructive sleep apnea.
- Review the latest recommendations on acetylsalicylic acid, dual antiplatelet therapy, or triple therapy.
- Incorporate recent evidence on mobile applications into management strategies for patients with cardiovascular disease.
- Analyze the emerging evidence and options for prevention, detection, risk assessment, rhythm and rate management, and stroke prevention and incorporate it into primary care strategies for atrial fibrillation.
- Review and describe the role of popular diets and cardiovascular health.
- Review the importance of proper transition of myocardial infarction and congestive heart failure patients from inpatient to outpatient setting.
- Describe the pathophysiology of COVID-19 infection on the cardiovascular system.
- Review the latest interventional and surgical procedures to tackle valvular heart disease.
- Identify the roles and responsibilities of members of the healthcare team involved in the collaborative care of patients with CVD.
- Integrate a team-based approach in the care of patients with CVD.

Continuing Education Credit Information (Continued)

Accreditation



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation



IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive 6.0 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physicians: MedStar Health designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

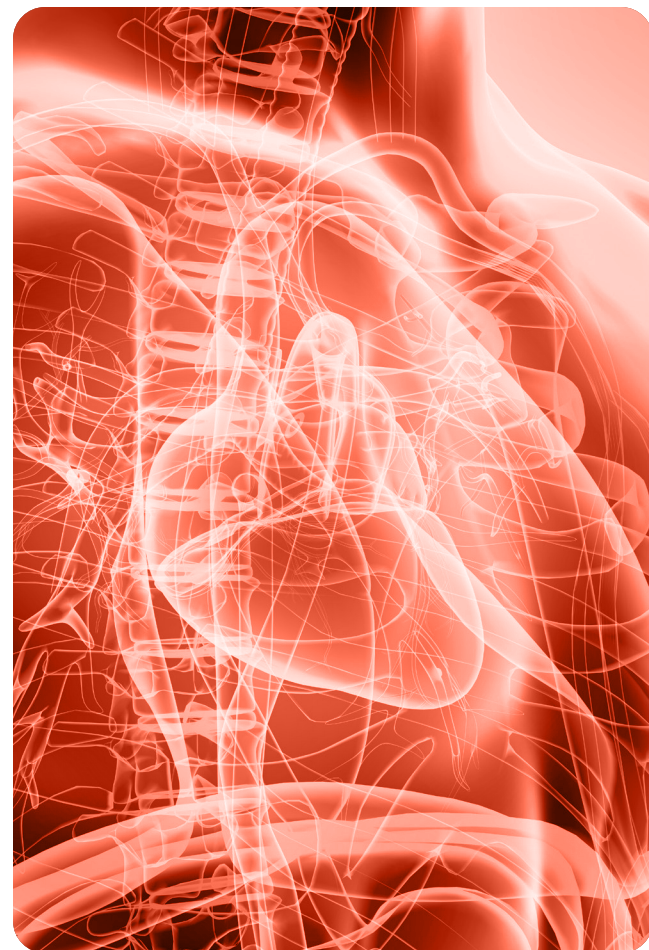
Nurses: This activity is approved for 6.0 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

Commission on Dietetic Registration

the credentialing agency for the
Academy of Nutrition and Dietetics

Registered Dietitians/Dietetic

Technicians: CDR Credentialed Practitioners will receive 6.0 Continuing Professional Education units (CPEUs) for completion of this activity/material.



Course Directors



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Agenda

7:50 a.m. **Welcome and Introduction**
Carolina I. Valdiviezo, MD

SESSION 1

Session Chair: Allen J. Taylor, MD

8:00 a.m. **When to Use Aspirin, Dual Antiplatelet Therapy (DAPT) or Triple Therapy**
Nauman Siddiqi, MD

8:25 a.m. **Biomarkers to Augment Your Clinical Reality**
Allen J. Taylor, MD

8:50 a.m. **Transitions of Care Program- How to Provide High Quality Care Post Discharge for the Acute Myocardial Infarction (AMI) and Heart Failure (HF) Patient**
Norma V. Flores, DNP, CRNP, AGACNP-BC

9:15 a.m. **Cardiac Care – Is There An App for That?**
Venkatesh K. Raman, MD

9:35 a.m. **Panel Discussion and Questions**
Moderator: Allen J. Taylor, MD
Panelists: N. Flores, V. Raman, N. Siddiqi

9:55 a.m. **Morning Break and Visit the Exhibits**

SESSION 2

Session Chair: Sriram Padmanabhan, MD

10:30 a.m. **Sleep Apnea and The Cardiac Patient for the Frontline Provider**
Joel Rosenberg, MD

10:55 a.m. **Understanding Popular Diets and What's Best for Heart Health**
Rachel J. Wong, RD, CSO, LD

KEYNOTE PRESENTATION
Covid 19 and Cardiovascular Effects
Benjamin B. Kenigsberg, MD

11:20 a.m.

12:00 p.m. **Panel Discussion and Questions**
Moderator: Sriram Padmanabhan, MD
Panelists: B. Kenigsberg, J. Rosenberg, R. Wong

12:20 p.m. **Mid-Day Break and Visit the Exhibits**

Agenda (Continued)

SESSION 3

Session Chair: Carolina I. Valdiviezo, MD

- 1:15 p.m. **Valvular Heart Disease Featuring New Therapies**
Toby Rogers, MD, PhD
- 1:40 p.m. **Pearls from an “Atrial Fibrillologist” for the Frontline Provider**
Michael S. Goldstein, MD
- 2:00 p.m. **Panel Discussion and Questions**
Moderator: Carolina I. Valdiviezo, MD
Panelists: M. Goldstein, T. Rogers
- 2:15 p.m. **Afternoon Break and Visit the Exhibits**

SESSION 4

Breakout Sessions

- 2:30 p.m. **CVD Prevention: Update on DM, HTN Lipids and More**
Sriram Padmanabhan, MD;
Rachel M. Barish, ANP-BC, AACC
- 2:30 p.m. **ECG and Arrhythmia Assessment for the Frontline Provider**
Michael S. Goldstein, MD; Cyrus A. Hadadi, MD
- 2:30 p.m. **Heart Failure Management at the Frontline**
Weining D. Xu, MD; Mrinalini Krishnan, MD

SESSION 5

Breakout Sessions

- 3:05 p.m. **CVD Prevention: Update on DM, HTN Lipids and More**
Sriram Padmanabhan, MD;
Rachel M. Barish, ANP-BC, AACC
- 3:05 p.m. **ECG and Arrhythmia Assessment for the Frontline Provider**
Michael S. Goldstein, MD; Cyrus A. Hadadi, MD
- 3:05 p.m. **Heart Failure Management at the Frontline**
Weining D. Xu, MD; Mrinalini Krishnan, MD
- 3:35 p.m. **Closing Remarks**
Sriram Padmanabhan, MD

For updated program information, please visit CE.MedStarHealth.org/Frontline

Registration Information

Registration Fees

Physician	\$100
Resident or Fellow	\$60
Physician Assistant	\$60
Nurse Practitioner	\$60
Nurse	\$60
Dietitian or Nutritionist	\$60
Allied Health Professional	\$60
Industry Representative	\$259

Venue Information

This conference is taking place online with live speakers and Q&A sessions.

Special Assistance

MedStar Health wishes to ensure that no individual with a disability is excluded, denied services, segregated or otherwise treated differently from other individuals because of the absence of auxiliary aids or services identified in the Americans with Disabilities Act. Please contact (833) 731-1273 to notify us of your needs.

Online Registration Preferred

Please visit **CE.MedStarHealth.org/Frontline** for updated program and registration information. We are unable to accept registrations or cancellations by telephone.

Registrations are confirmed by email. If you have questions or do not receive a confirmation within 1-2 business days, please contact us at medstarcp@medstar.net or (833) 731-1273.

Cancellation Policy

If you are unable to attend the date of the conference, your registration will still grant you access to conference slides and recorded content. CE hours will be credited based on attendance day of or completion of recorded content.

For grant and exhibit support information please contact Ada Guo at ada.guo@medstar.net