

# FRONTLINE CARDIOLOGY

## *Cardiovascular Care in the Community*

# 2018



**APRIL 21, 2018**

College Park Marriott Hotel & Conference Center | Hyattsville, MD

### **COURSE DIRECTORS:**

**Carolina I. Valdiviezo, MD**

MedStar Washington Hospital Center  
MedStar Georgetown University Hospital  
MedStar Heart & Vascular Institute  
Washington, DC

**Allen J. Taylor, MD**

MedStar Washington Hospital Center  
MedStar Georgetown University Hospital  
MedStar Heart & Vascular Institute  
Washington, DC

**Sriram Padmanabhan, MD**

MedStar Franklin Square Medical Center  
MedStar Heart & Vascular Institute  
Baltimore, MD

### **COURSE CO-DIRECTOR:**

**James C. Welsh, MD, MBA, MPH**

MedStar Medical Group  
Columbia, MD



## COURSE DIRECTORS

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### **Carolina I. Valdiviezo, MD**

Physician, Cardiovascular Disease  
MedStar Washington Hospital Center  
MedStar Georgetown University Hospital  
MedStar Heart & Vascular Institute  
Washington, DC

### **Allen J. Taylor, MD**

Chief, Cardiology  
MedStar Washington Hospital Center  
MedStar Georgetown University Hospital  
MedStar Heart & Vascular Institute  
Professor, Medicine  
Georgetown University School of Medicine  
Washington, DC

### **Sriram Padmanabhan, MD**

Chief, Cardiology  
MedStar Franklin Square Medical Center  
MedStar Heart & Vascular Institute  
Baltimore, MD

## COURSE CO-DIRECTOR

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### **James C. Welsh, MD, MBA, MPH**

Vice President, Primary Care  
MedStar Medical Group  
Columbia, MD

## FACULTY

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### **Maan Fares, MD**

Cardiologist  
Cleveland Clinic  
Cleveland, OH

### **Tareq M. Massimi, MD**

Vascular Surgeon  
MedStar Washington Hospital Center  
Assistant Professor, Vascular Surgery  
Georgetown University School of Medicine  
Washington, DC

### **Samer S. Najjar, MD**

Medical Director, Advanced Heart Failure Program  
MedStar Washington Hospital Center  
MedStar Heart & Vascular Institute  
Professor, Medicine  
Georgetown University School of Medicine  
Washington, DC

### **Susan M. O'Donoghue, MD**

Director, Cardiogenetics Services  
MedStar Washington Hospital Center  
MedStar Heart & Vascular Institute  
Washington, DC

### **Maria E. Rodrigo, MD**

Associate Director, Heart Transplantation  
Advanced Heart Failure, Mechanical Circulatory Support and Cardiac Transplantation  
MedStar Washington Hospital Center  
MedStar Heart & Vascular Institute  
Washington, DC

### **Manish H. Shah, MD**

Director, Cardiac Electrophysiology Fellowship Training Program  
MedStar Washington Hospital Center  
MedStar Heart & Vascular Institute  
Washington, DC

### **Farooq Sheikh, MD**

Director, Infiltrative Cardiomyopathy Center  
Advanced Heart Failure, Mechanical Circulatory Support, and Cardiac Transplantation  
MedStar Washington Hospital Center  
MedStar Heart & Vascular Institute  
Assistant Professor, Medicine  
Georgetown University School of Medicine  
Washington, DC

### **M. Barbara Srichai-Parsia, MD**

Vice Chief, Cardiology  
Director, Noninvasive Cardiac Laboratory  
MedStar Georgetown University Hospital  
MedStar Heart & Vascular Institute  
Associate Professor, Medicine and Radiology  
Georgetown University School of Medicine  
Washington, DC

### **Athanasios Thomaides, MD**

Cardiac Electrophysiologist  
MedStar Heart & Vascular Institute  
Assistant Professor, Medicine  
Georgetown University School of Medicine  
Washington, DC

### **Jose D. Vargas, MD**

Cardiologist  
MedStar Georgetown University Hospital  
MedStar Heart & Vascular Institute  
Washington, DC

# AGENDA

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7:15 AM Registration and Continental Breakfast

7:50 AM Welcome and Introduction

## SESSION I

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8:00 AM **ECG 101 and the ECG You Don't Want to Miss for the Frontline Provider**  
*Athanasios Thomaidis, MD*

8:30 AM **The Neuro-Cardiac Connections: Evaluation and Management of Syncope, Stroke and PFOs**  
*Susan M. O'Donoghue, MD*

9:00 AM **Hypertension: Control the Uncontrollable**  
*Jose D. Vargas, MD*

9:30 AM **Treating the Statin Intolerant Patient**  
*Allen J. Taylor, MD*

10:00 AM **Caring for the Diabetic Patient with CAD**  
*Maan Fares, MD*

10:30 AM **Break and Visit the Exhibits**

## SESSION II

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10:50 AM **What's Exciting about Vascular Surgery in 2018?**  
*Tareq M. Massimi, MD*

11:20 AM **What's New in Heart Failure? Update on Trials that Worked and Did Not Work**  
*Samer S. Najjar, MD*

11:50 AM **Latest in DOACs and Alternatives**  
*Manish H. Shah, MD*

12:25 PM **Lunch and Visit the Exhibits**

## SESSION III

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1:05 PM **KEYNOTE**  
**Preventing Clinician Burn Out**  
*Allen J. Taylor, MD*

## BREAKOUT SESSIONS

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*Upon registering, each attendee should select one of the four discussions to attend for Session I and another for Session II.*

1:55 PM - 2:40 PM **BREAKOUT SESSION I**  
2:45 PM - 3:30 PM **BREAKOUT SESSION II**

**Breakout A Hypertension Management at the Frontline**  
*Carolina I. Valdiviezo, MD;*  
*Jose D. Vargas, MD*

**Breakout B Treating the Patient with Hyperlipidemia**  
*Sriram Padmanabhan, MD;*  
*Allen J. Taylor, MD*

**Breakout C Hands-on Handheld Ultrasound for the Frontline Provider**  
*M. Barbara Srichai-Parsia, MD;*  
*Tareq M. Massimi, MD*

**Breakout D Heart Failure Management at the Frontline**  
*Maria E. Rodrigo, MD;*  
*Farooq Sheikh, MD*

3:30 PM **Closing Remarks**

## REGISTRATION

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### Registration Fees

Physician	\$50
Resident/Fellow	\$25
Advanced Practice Clinician	\$25
Nurse	\$25
Allied Health Professional	\$25

### Online Registration Preferred

Please visit our secure website at <https://CME.MedStarHealth.org/Frontline> for updated program and registration information. We are unable to accept registrations or cancellations by telephone. If you wish to pay your registration fee by check, please download and print a registration form and mail it to the address on the registration form with your check.

All registrations will be confirmed by email only. Please use an email address that you check regularly. If you have questions regarding registration or do not receive an email confirmation of your registration within 1-2 business days, please contact us at [MedStarCME@gmail.com](mailto:MedStarCME@gmail.com) or **202-780-1655**.

### Cancellation Policy

Cancellations made in writing by **March 9, 2018** will be subject to a 50% penalty. No refunds will be given after **March 9, 2018**. Cancellations will not be accepted by telephone. In the unlikely event that the course is cancelled, MedStar Health will refund the registration fee, but is not responsible for any travel costs. Please note registration fees are non-transferable.

Please call **202-780-1655** or email [MedStarCME@gmail.com](mailto:MedStarCME@gmail.com) if you have any questions or need any additional information.

## VENUE

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### College Park Marriott Hotel & Conference Center

3501 University Boulevard East Hyattsville, MD 20783

301-985-7300

[www.marriott.com/wasum](http://www.marriott.com/wasum)

### Special Assistance

MedStar Health wishes to ensure that no individual with a disability is excluded, denied services, segregated or otherwise treated differently from other individuals because of the absence of auxiliary aids or services identified in the Americans with Disabilities Act. Please contact

[MedStarCME@gmail.com](mailto:MedStarCME@gmail.com) to notify us of your needs.



# CONTINUING EDUCATION CREDIT INFORMATION

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Cardiovascular disease remains the leading cause of morbidity and mortality in the United States. New treatment strategies, medications and device developments in multiple areas of cardiovascular disease intend to afford benefit to the millions of patients who suffer from these conditions.

Given the rapid progress in cardiovascular medicine, it can be difficult for frontline providers to keep abreast of changes in preventive cardiology, pharmacotherapy, new innovative therapeutic procedures, diagnostic methods and new technologies. There are also many sources of information that people are learning from. It is important to provide a forum in which practicing healthcare providers are presented with new information in a way that establishes a common knowledge base.

This course aims to shorten the translation from evidence to practice on a wide variety of cardiovascular issues including preventive cardiology, diagnostic methods, new innovative therapies and procedures. This meeting will bring together diverse members of the interdisciplinary practice team, towards creating a common knowledge base so important to effectiveness of the care team in today's practice environment.

## Learning Objectives

- Identify patients at risk for cardiovascular disease (CVD) and implement strategies to improve practice in cardiovascular prevention including risk factor modification lipid therapy
- Identify alternatives to antiplatelet and anticoagulants in coronary artery disease (CAD) and atrial fibrillation among patients who may benefit from these therapies
- Utilize new technologies such as handheld ultrasound devices to evaluate the presence of CVD
- Review the latest advances in heart failure treatment strategies
- Navigate the identification, evaluation and therapeutic options in peripheral artery disease (PAD)
- Implement the latest guideline updates in hypertension and syncope
- Counsel patients in advances in cardiovascular practice such as anticoagulants, lipid-lowering therapies and cardiovascular risk-lowering medications
- Recognize provider burnout and implement strategies to prevent it

## Target Audience

This conference is intended for primary care physicians, family practice physicians, cardiologists, nurses, nurse practitioners, urgent care providers, physician assistants, and other members of the healthcare team interested in the care of patients with, and prevention of, cardiac problems.

## Accreditation



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

## Credit Designation



IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive 7 Interprofessional Continuing Education (IPCE) credits for learning and change.

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FIRST NAME	MIDDLE INITIAL	LAST NAME	SUFFIX
DEGREE		HOSPITAL / COMPANY / ORGANIZATION	
MEDICAL SPECIALTY			
ADDRESS	STREET	SUITE OR APT #	
CITY	STATE	ZIP / POSTAL CODE	
TELEPHONE	FAX		
E-MAIL			

## PAYMENT INFORMATION:

- |                             |                                |
|-----------------------------|--------------------------------|
| Physician                   | <input type="checkbox"/> \$50  |
| Resident/Fellow             | <input type="checkbox"/> \$25  |
| Advanced Practice Clinician | <input type="checkbox"/> \$25  |
| Nurse                       | <input type="checkbox"/> \$25  |
| Allied Health Professional  | <input type="checkbox"/> \$25  |
| Industry Professional       | <input type="checkbox"/> \$100 |

- Check Enclosed (Please make checks payable to "MSH - FRONTLINE")
- Credit Card (Please indicate type below. Charges on statement will appear as "CMEQT")
- American Express       Visa       Mastercard

CARD NUMBER      EXPIRATION DATE (MO/YEAR)      \*CCV NUMBER

NAME OF CARDHOLDER      CARDHOLDER SIGNATURE

\*The CCV number is a 3-digit non-raised number printed on the back of the credit card in the right hand corner of the signature strip. Amex card CCV numbers are 4-digits long and are on the front of the card.

## THREE WAYS TO REGISTER:

**ON THE WEB:**  
CME.MedStarHealth.org/FRONTLINE

**BY EMAIL:**  
Scan form and email to:  
MedStarCME@gmail.com

**BY MAIL:**  
MSH - FRONTLINE  
3007 Tilden Street, NW, Suite 3N  
Washington, DC 20008

We are unable to accept registrations or cancellations by telephone.

All registrations will be confirmed by email only. Please use an email address that you check regularly. If you have questions regarding registration or do not receive an email confirmation of your registration within 1-2 business days, please contact us at MedStarCME@gmail.com or 202-780-1655.

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