### **Continuing Education Credit Information**

### **Course Description**

This program aims to ensure participants are current with the latest topics in the field of gastroenterology as they relate to primary care. It will cover recent advances in diet and lifestyle changes as well controversies around treatment of various GI conditions presented by GI experts. As new guidelines and treatment options are presented, they are coupled with recommendations for incorporating these updates into day-to-day clinical practice. This program offers a glimpse into the future of gastroenterology with engaging lectures by diverse members of the specialty to provide an interactive educational environment.

### Learning Objectives

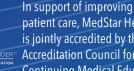
- Describe the updated guidelines for the diagnosis and treatment of Gastroesophageal reflux disease
- Identify appropriate use and side effects of proton pump inhibitors (PPIs)
- Describe updates and improve practices in surveillance and management of Barrett's esophagus
- Identify patients who should be screened for H. pylori and apply best practices for treatment
- Implement screening guidelines for chronic Hepatitis B and C
- Identify the best use of non-invasive colon cancer screening method
- Identify which patients are candidates for bariatric surgery
- Recognize the role of the PCP in identifying and managing the epidemic of obesity and fatty liver

### **Target Audience**

This conference is intended for primary care physicians, family practice physicians, residents, fellows, medical students, nurse practitioners, physician assistants, nurses, allied health professionals, and other members of the healthcare team interested in the management of gastrointestinal conditions.

#### **CE Accreditation**





patient care, MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education

(ACCME), the Accreditation Council for Pharmacy Education (ACPE), the American Nurses Credentialing Center (ANCC) and the American Academy of PAs (AAPA) to provide continuing education for the healthcare team.

#### **Credit Designation**

This activity was planned by and for the healthcare team, and learners will receive 5.25 **IPCE CREDIT**™ Interprofessional Continuing Education (IPCE) credits for learning and change.

This Live activity, Gastroenterology for the Primary Care Provider 2019 (GIPCP), with a beginning date of 10/12/2019, has been reviewed and is acceptable for up to 5.25 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Gastroenterology for the Primary Care Provider Primary

October 12, 2019 The Ritz-Carlton | Washington, D.C.

MedStar Health 2007 Tilden St., NW, Suite 3N Washington, DC 20008

MedStar Georgetown University Hospital





Caren S. Palese, MD Director, Center for Gastrointestinal Motility and Heartburn MedStar Georgetown University Hospital Washington, D.C.

# Gastroenterology for the Primary Care Provider

October 12, 2019 The Ritz-Carlton | Washington, D.C.



#### **Course Directors:**

#### James H. Lewis, MD Director, Hepatology Division of Gastroenterology MedStar Georgetown University Hospital Washington, D.C.

### **Course Co-Directors:**

#### Nadim G. Haddad, MD

System Physician Executive Director Gastroenterology Services Chief, Gastroenterology MedStar Georgetown University Hospital Washington, D.C.

James C. Welsh, MD, MBA, MPH Vice President, Primary Care MedStar Medical Group Columbia, MD

MedStar Georgetown University Hospital

### *Course Directors*

#### James H. Lewis, MD

Director, Hepatology Division of Gastroenterology MedStar Georgetown University Hospital Professor, Medicine Georgetown University Medical Center Washington, D.C.

#### Caren S. Palese, MD

Gastroenterologist MedStar Georgetown University Hospital Associate Professor, Gastroenterology Georgetown University Medical Center Washington, D.C.

### Faculty

#### John E. Carroll, MD

Gastroenterologist MedStar Georgetown University Hospital Assistant Professor, Medicine Georgetown University Medical Center Washington, DC

#### Walid M. Chalhoub, MD

Site Director, Division Chief of Gastroenterology MedStar Southern Maryland Hospital Center Co-Director, Advanced Endoscopy MedStar Georgetown University Hospital Assistant Professor, Medicine Georgetown University Medical Center Washington, D.C.

#### Howard Haft, MD, MMM

Executive Director Maryland Primary Care Program Maryland Department of Health Baltimore, MD

#### Joseph J. Jennings, MD

Director, Center for GI Bleeding MedStar Georgetown University Hospital Assistant Professor, Medicine Georgetown University Medical Center Washington, D.C.

#### Timothy R. Koch, MD, FACG

Center for Advanced Laparoscopic General & Bariatric Surgery MedStar Washington Hospital Center Professor, Gastroenterology Georgetown University Medical Center Washington, D.C.

#### Annie J. Kruger, MD, PhD

Assistant Professor, Medicine Division of Gastroenterology MedStar Georgetown University Hospital Washington, D.C.

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#### Nadim G. Haddad, MD

System Physician Executive Director, GI Services Chief, Gastroenterology and Hepatology MedStar Georgetown University Hospital Washington, D.C.

#### James C. Welsh, MD, MBA, MPH

Vice President, Primary Care MedStar Medical Group Columbia, MD Professor, Family Medicine Georgetown University Medical Center Washington, D.C.

#### Thomas M. Loughney, MD

Director, Endoscopy MedStar Georgetown University Hospital Associate Professor, Medicine Georgetown University Medical Center Washington, D.C.

#### Nidhi Malhotra, MD

Assistant Professor, Medicine Wellness Officer, Division of Gastroenterology MedStar Washington Hospital Center Washington, D.C.

#### Mark C. Mattar, MD

Director, Fellowship Training Program Director, Inflammatory Bowel Disease Center Quality Improvement Officer, Division of Gastroenterology MedStar Georgetown University Hospital Associate Professor, Medicine Georgetown University Medical Center Washington, D.C.

#### Maoyin Pang, MD, PhD

Gastroenterologist MedStar Georgetown University Hospital MedStar Health at Lafayette Centre Assistant Professor, Medicine Georgetown University Medical Center Washington, D.C.

#### Shervin Shafa, MD

Assistant Professor, Medicine MedStar Georgetown University Hospital, Georgetown University Medical Center Washington, D.C.

#### **Rebekah Stokes, PA-C**

MedStar Georgetown University Hospital Washington, D.C.

### Agenda

- **Registration and Continental** 7:15 a.m. Breakfast
- 7:50 a.m. Welcome and Introduction Caren S. Palese, MD Nadim G. Haddad, MD

## SESSION I

Moderator: Caren S. Palese, MD

- **GERD** When to Worry About 8:00 a.m. Barrett's? John E. Carroll, MD
- Non-Pharmacologic Approaches to 8:15 a.m. **Treating GERD** Shervin Shafa, MD
- 8:30 a.m. Update on H. Pylori Maovin Pang, MD
- Long-Term Proton Pump Inhibitor 8:45 a.m. Use: Is it Still Safe? Joseph J. Jennings, MD
- 9:00 a.m. Gluten-Free and Other Diets: Fad or Fact? TBD
- Panel Discussion 9:15 a.m. Panelists: J. Carroll, R. Chutkan, J. Jennings, M. Pang, S. Shafa
- Break and Visit the Exhibits 9:30 a.m.

### SESSION II

Moderator: James H. Lewis, MD

- Do I Need to Have a Colonoscopy? 10:00 a.m. Non-Invasive Colon Cancer Screening Tests Thomas M. Loughney, MD
- Bariatric Surgery: When and Whom 10:15 a.m. to Refer Timothy R. Koch, MD

#### **RUQ Pain and Biliary Tract Disease** 10:30 a.m. Stanley J. Pietrak, MD 10:45 a.m.

11:00 a.m.

11:15 a.m.

11:30 a.m.

12:30 p.m.

1:30 p.m.

2:00 p.m.

2:15 p.m.

2:30 p.m.

2:45 p.m.

How Can the PCP Manage Fatty Liver Disease? James H. Lewis, MD

What's Left to do for Hepatitis B and C? Annie J. Kruger, MD, PhD

Panel Discussion Panelists: T. Koch, A. Kruger, J. Lewis, T. Loughney, S. Pietrak

Lunch and Visit the Exhibits

## **SESSION III**

Cancellations made in writing by **Tuesday**, September 3, 2019 will be subject to a 50% penalty. No refunds will be given after this date. Cancellations will not be accepted by telephone. In the unlikely event that the course is canceled, MedStar Health will refund the registration fee, but is not responsible for any travel costs.

Please call 202-780-1655 or email MedStarCME@gmail.com if you have any guestions or need any additional information.

### Venue Information

## **Special Assistance**

MedStar Health wishes to ensure that no individual with a disability is excluded, denied services, segregated or otherwise treated differently from other individuals because of the absence of auxiliary aids or services identified in the Americans with Disabilities Act. Please contact 202-780-1655 to notify us of your needs.

# Introduced by James C. Welsh, MD, MBA, MPH

KEYNOTE LECTURE: The Maryland Primary Care Model Howard Haft, MD

#### Screening for Pancreatic Cancer: The **Final Frontier** Nadim G. Haddad, MD

Role of PCP in Chronic Pancreatitis 1:45 p.m. Management Walid M. Chalhoub, MD

> **General IBD Management** Mark C. Mattar, MD

Nutrition in IBD Nidhi Malhotra, MD

**Documenting Key Findings for Pre-Authorizations** Rebekah Stokes, PA-C

Panel Discussion Panelists: W. Chalhoub, N. Haddad, N. Malhotra, M. Mattar

3:00 p.m. **Closing Remarks and Adjourn** 

SESSION IV

### Moderator: Nadim G. Haddad, MD

### Registration

Physician	\$250
Resident or Fellow	\$50
Physician Assistant	\$100
Nurse Practitioner	\$100
Nurse	\$100
Allied Health Professional	\$100
Industry Professional	\$250

### **Online Registration Preferred**

Please visit our secure website at **CE.MedStarHealth.org** /**GIPCP** for updated program and registration information. We are unable to accept registrations or cancellations by telephone. If you wish to pay your registration fee by check, please download and print a registration form and mail it to the address on the registration form with your check.

All registrations will be confirmed by email only. Please use an email address that you check regularly. If you have questions regarding registration or do not receive an email confirmation of your registration within 1-2 business days, please contact us at MedStarCME@gmail.com or 202-780-1655.

### **Cancellation Policy**

**Ritz-Carlton Washington, D.C.** 1150 22nd St. NW Washington, D.C. 20037

