

Girls' Night Out

Understanding Women's Health from Top to Bottom

July 18, 2018

The Tower Club | McLean, VA



Join us for girl talk and dinner!

An educational night out for women to ask questions and learn about women's health issues. Attendance is FREE and advance registration is required. To register, please visit: CME.MedStarHealth.org/GNO



MedStar Health

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6:00 p.m. **Registration and Networking**

6:30 p.m. **Welcome Remarks**

Cheryl Iglesia, MD; Shawna Willey, MD

6:45 p.m. **Taking Care of the Girls**

Diana L. Caragacianu, MD

7:00 p.m. **What's That Lump?: What to Do
When Your Thyroid Wants to
be Noticed**

Bruce Davidson, MD

7:15 p.m. **Beyond Kegels: Helpful Tips After
Baby, During Midlife, and Beyond**

Lee Ann Richter, MD

7:30 p.m. **Treatment for Varicose and
Spider Veins: How to Get
Your Old Legs Back**

Maria Litzendorf, MD

7:45 p.m. **Maintaining and Enhancing
Your Natural Beauty and Vitality:
An Informed Approach to
Plastic Surgery**

Stephen Baker, MD

8:00 p.m. **Questions and Discussion**

8:15 p.m. **Adjourn**

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