

Advances in Gastroenterology for the Primary Care Provider

November 11, 2017

The Ritz-Carlton | Washington, DC



Course Directors:

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MedStar Georgetown
University Hospital

CME INFORMATION

Course Description

Developed specifically for primary care providers, this one-day program will provide recent updates in the field of gastroenterology and liver diseases as they relate to clinical practice. It will cover recent advances in diet and lifestyle changes as well as controversies around treatment of various GI conditions presented by regional experts in the field. Additionally, the course will address new guidelines and treatment options along with recommendations for incorporating these updates into practice. The program will also offer a glimpse into the future of medical malpractice and tort reform under consideration by Congress.

Learning Objectives

- Describe the updated guidelines for the diagnosis and treatment of GERD
- Identify appropriate use and side effects of proton pump inhibitors (PPIs)
- Define Barrett's esophagus and recognize when to refer for surveillance and/or treatment of this disease
- Describe updates and improve practices in surveillance and management of Barrett's esophagus
- Identify patients who should be screened for *Helicobacter pylori* and apply best practices for treatment
- Evaluate patients with abnormal liver tests and utilize effective treatment for viral hepatitis C patients
- Discuss current antiviral treatments for hepatitis C and how they can be applied in the primary care setting
- Recognize when to screen patients at average risk and high risk for colorectal cancer
- Describe the latest surveillance guidelines for colon cancer
- Diagnose and treat *C. difficile* effectively with medical therapy, and distinguish which patients would benefit from fecal transplantation
- Interpret major advances in the field of gastroenterology
- Manage patients with both common and rare GI disorders using established guidelines

Target Audience

This conference is intended for primary care physicians, family practice physicians, residents, fellows, nurse practitioners, physician assistants, nurses, and other allied health professionals interested in the diagnosis, treatment, and management of gastrointestinal conditions.

CME Accreditation

MedStar Georgetown University Hospital is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

MedStar Georgetown University Hospital designates this live activity for a maximum of 5.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For Nurses: For the purpose of recertification, the American Nurses Credentialing Center (ANCC) accepts *AMA PRA Category 1 Credits™* issued by organizations accredited by the ACCME. Nurses who attend a Category 1 CME certified activity can complete the continuing education hours section of the ANCC Professional Development Record in order to document the courses attended and the hours obtained.

COURSE DIRECTORS

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Arul M. Thomas, MD

Transplant Hepatologist
MedStar Georgetown Transplant Institute
MedStar Georgetown University Hospital
MedStar Washington Hospital Center
Washington, DC

AGENDA

7:00 AM **Registration and Continental Breakfast**

7:45 AM **Opening Remarks**
Nadim G. Haddad, MD;
James C. Welsh, MD, MBA, MPH

SESSION I: UPPER GI TRACT

Moderator: Caren S. Palese, MD

8:00 AM **Welcome and Introduction to Session I**
Caren S. Palese, MD

8:05 AM **Heartburn: What Lifestyle and Dietary Changes Really Work?**
Abhinav Sankineni, MD, MPH

8:20 AM **PPIs: Are They Really Dangerous?**
Z. Jennifer Lee, MD, FACP

8:35 AM **Barrett's Esophagus: Who's at Risk?**
John E. Carroll, MD

8:50 AM **Helicobacter Pylori Infection: Is Triple Therapy Still Appropriate?**
G. Shelton McMullan, MD

9:05 AM **Question and Answer**
Moderator: Caren S. Palese, MD
Panelists: J. Carroll, Z. Lee, G. McMullan, A. Sankineni

9:25 AM **Break and Visit the Exhibits**

SESSION II: LIVER AND BEYOND

Moderator: James H. Lewis, MD

9:55 AM **Introduction to Session II**
James H. Lewis, MD

10:00 AM **Who and When to Screen for Hepatitis B and C**
Arul M. Thomas, MD

10:15 AM **Pancreatic Cancer: Can it be Diagnosed Early?**
Nadim G. Haddad, MD

10:30 AM **Diets and the Microbiome: Fad or Fact?**
Robynne K. Chutkan, MD

10:45 AM **Acute Pancreatitis- Feeding: How Soon is too Soon?**
Walid M. Chalhoub, MD

11:00 AM **Question and Answer**
Moderator: James H. Lewis, MD
Panelists: W. Chalhoub, R. Chutkan, N. Haddad, A. Thomas

11:25 AM **Lunch and Visit the Exhibits**

12:25 PM **Keynote Lecture: Malpractice and Tort Reform: Is Anyone on the Doctor's Side?**
MedStar Health Risk Management

1:00 PM **Question and Answer**

SESSION III: THE COLON

Moderators: James H. Lewis, MD; Caren S. Palese, MD

1:15 PM **Fecal Transplants: Who's A Candidate?**
Mark C. Mattar, MD

1:30 PM **Preventive Care in IBD Patients: Don't Forget the Vaccines**
Aline Charabaty, MD

1:45 PM **Colon Cancer Screening Guidelines : What's New?**
Tom M. Loughney, MD

2:00 PM **Question and Answer**
Moderators: James H. Lewis, MD; Caren S. Palese, MD
Panelists: A. Charabaty, M. Mattar, T. Loughney

2:25 PM **Closing Remarks**

2:30 PM **Adjourn**

REGISTRATION INFORMATION

Registration Fees	
Physician	\$150
Resident/Fellow	\$95
Advanced Practice Clinician	\$95
Nurse	\$95
Allied Health Professional	\$95

Online Registration Preferred

Please visit our secure website at https://CME.MedStarHealth.org/GIPCP_ for updated program and registration information. We are unable to accept registrations or cancellations by telephone. If you wish to pay your registration fee by check, please download and print a registration form and mail it to the address on the registration form with your check.

All registrations will be confirmed by email only. Please use an email address that you check regularly. If you have questions regarding registration or do not receive an email confirmation of your registration within 1-2 business days, please contact us at medstarcme@gmail.com or **202-780-1656**.

Cancellation Policy

Cancellations made in writing by **September 29, 2017** will be subject to a 50% penalty. No refunds will be given after **September 29, 2017**. Cancellations will not be accepted by telephone. In the unlikely event that the course is canceled, MedStar Health will refund the registration fee, but is not responsible for any travel costs.

Please call **202-780-1656** or email medstarcme@gmail.com if you have any questions or need any additional information.

The Ritz-Carlton, Washington DC

1150 22nd St NW
Washington, DC 20037
(202) 835-0500
<http://www.ritzcarlton.com/en/hotels/washington-dc/dc>

Special Assistance

MedStar Health wishes to ensure that no individual with a disability is excluded, denied services, segregated or otherwise treated differently from other individuals because of the absence of auxiliary aids or services identified in the Americans with Disabilities Act. Please contact 202-780-1656 to notify us of your needs.



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FIRST NAME MIDDLE INITIAL LAST NAME SUFFIX

DEGREE HOSPITAL / COMPANY / ORGANIZATION

MEDICAL SPECIALTY

ADDRESS STREET SUITE OR APT #


CITY STATE ZIP / POSTAL CODE


TELEPHONE FAX

E-MAIL

THREE WAYS TO REGISTER:

 **ON THE WEB:**
CME.MedStarHealth.org/GIPCP

 **BY EMAIL:**
Scan form and email to:
MedStarCME@gmail.com

 **BY MAIL:**
MGUH - GIPCP
3007 Tilden Street, NW, Suite 3N
Washington, DC 20008

We are unable to accept registrations or cancellations by telephone.

All registrations will be confirmed by email only. Please use an email address that you check regularly. If you have questions regarding registration or do not receive an email confirmation of your registration within 1-2 business days, please contact us at MedStarCME@gmail.com or 202-780-1656.

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PAYMENT INFORMATION:

- | | |
|-----------------------------|--------------------------------|
| Physician | <input type="checkbox"/> \$150 |
| Resident/Fellow | <input type="checkbox"/> \$95 |
| Advanced Practice Clinician | <input type="checkbox"/> \$95 |
| Nurse | <input type="checkbox"/> \$95 |
| Allied Health Professional | <input type="checkbox"/> \$95 |
| Industry | <input type="checkbox"/> \$200 |

- Check Enclosed (Please make checks payable to "MGUH - GIPCP")
 Credit Card (Please indicate type below. Charges on statement will appear as "CMEQT")

- American Express Visa Mastercard

CARD NUMBER EXPIRATION DATE (MO/YEAR) *CCV NUMBER

NAME OF CARDHOLDER CARDHOLDER SIGNATURE

*The CCV number is a 3-digit non-raised number printed on the back of the credit card in the right hand corner of the signature strip. Amex card CCV numbers are 4-digits long and are on the front of the card.