

CME Information

COURSE DESCRIPTION

The incidence of inflammatory bowel disease (IBD) continues to rise in the world, and now affects more than 1.6 million Americans. We currently have a better understanding of the pathogenesis of IBD, allowing for the development of new therapies targeting the inflammatory pathways. Hence, the management of this complex disease is in turn becoming complex, where the clinician needs to use evidence-based medicine to personalize the use of the appropriate therapy for each individual patient. Becoming familiar with therapeutic drug monitoring and disease monitoring is essential in order to maximize the therapeutic benefit of drugs and the chance of maintaining IBD patients in remission and preventing complications. Patients with long standing IBD carry an increased risk of colon cancer, and the IBD therapies available have potential side effects. It is essential for healthcare providers to use current guidelines in prevention and screening of these complications in order to maximize patients' health and the quality of care. IBD not only affects the gastrointestinal tract, but also several organ systems, often requiring a multidisciplinary approach to the patients involving several medicine specialties, colorectal surgery and radiology as well as nutrition support.

Other auto-immune and inflammatory diseases of the GI tract, such as eosinophilic esophagitis, celiac disease, microscopic colitis, auto-immune pancreatitis, appendicitis and diverticulitis, often present a challenge to the healthcare providers in terms of diagnosis, management and disease monitoring. New guidelines in the management of these diseases have been recently published, and need to be judiciously applied and individualized to patients.

The purpose of this symposium is to provide up-to-date information on the pathogenesis of the disease process, as well as evidence-based recommendations on the management and monitoring of IBD and other inflammatory and autoimmune disorders. Through this course, the gap between state of the art practice and current practices will be closed in order to provide a high quality, comprehensive, multidisciplinary approach to patients with IBD. We believe this approach will improve the quality of care provided to patients, decrease the risk of complications and morbidity, and reduce the overall burden of IBD on the patient and society.

TARGET AUDIENCE

This conference is intended for gastroenterologists, pathologists, pediatricians, radiologists, surgeons, internists, residents, nurse practitioners, registered nurses, physician assistants and healthcare practitioners interested in the treatment of IBD, inflammatory pathologies of the GI tract and state of the art endoscopic advances.

CME ACCREDITATION

MedStar Georgetown University Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION

MedStar Georgetown University Hospital designates this live activity for a maximum of 7 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

LEARNING OBJECTIVES

Inflammatory Bowel Disease:

- Implement quality measures in IBD
- Utilize different biologics in treatment of IBD
- Examine the role of therapeutic drug monitoring in IBD and apply it in clinical practice
- Manage IBD in pregnancy
- Apply the new recommendations for the management of colon dysplasia in IBD
- Recognize and manage rheumatological complications in IBD
- Recognize and manage hepatobiliary complications in IBD
- Implement nutrition therapy and support in IBD
- Diagnose and manage primary sclerosing cholangitis and cholangiocarcinoma
- Apply a multidisciplinary approach when treating IBD and its complications

Other Autoimmune and Inflammatory Diseases in Gastroenterology:

- Evaluate and treat eosinophilic esophagitis
- Diagnose and treat celiac disease and microscopic colitis
- Recognize and manage autoimmune pancreatitis
- Apply the new guidelines for the treatment of diverticulitis and appendicitis

2017 Inflammatory Bowel Diseases and Other Inflammatory Pathologies of the GI Tract

APRIL 29, 2017 • THE RITZ-CARLTON • WASHINGTON, DC

MedStar Health/SITEL
3007 Tilden Street, NW, Suite 3N
Washington, DC 20008

For updated program information and to register online, please visit: <http://CME.MedStarHealth.org/IBD>

2017 Inflammatory Bowel Diseases and Other Inflammatory Pathologies of the GI Tract

APRIL 29, 2017 • THE RITZ-CARLTON • WASHINGTON, DC

COURSE DIRECTORS:

Aline Charabaty, MD

MedStar Georgetown University Hospital
Washington, DC

Mark C. Mattar, MD

MedStar Georgetown University Hospital
Washington, DC


MedStar Georgetown
University Hospital

Course Directors

Aline Charabaty, MD

Director
Center for Inflammatory Bowel Disease
MedStar Georgetown University Hospital
Associate Professor, Medicine
Georgetown University Medical Center
Washington, DC

Mark C. Mattar, MD

Gastroenterologist
Quality Improvement Officer
Center for Inflammatory Bowel Disease
MedStar Georgetown University Hospital
Associate Professor, Medicine
Georgetown University Medical Center
Washington, DC

Guest Faculty

Maria T. Abreu, MD

Martin Kalsner Chair in Gastroenterology
Director, Crohn's & Colitis Center
Professor, Medicine
Professor, Microbiology and Immunology
University of Miami Miller School of Medicine
Miami, FL

David T. Rubin, MD

Section Chief, Gastroenterology,
Hepatology and Nutrition
Co-Director, Digestive Diseases Center
University of Chicago Medical Center
Joseph B. Kirsner Professor, Medicine
The University of Chicago Medicine
Chicago, IL

Faculty

Mohammed Bayasi, MD

Attending Surgeon
MedStar Colorectal Surgery Program
MedStar Georgetown University Hospital
Assistant Professor, Surgery
Georgetown University Medical Center
Washington, DC

Reena Jha, MD

Director, MRI
MedStar Georgetown University Hospital
Professor, Radiology and Surgery
Georgetown University Medical Center
Washington, DC

Lynt B. Johnson, MD, MBA

Chief, Hepatobiliary and Pancreatic Surgery
Chairman, Department of Surgery
Robert J. Coffey Professor, Surgery
MedStar Georgetown University Hospital
Washington, DC

Shervin Shafa, MD

Attending Gastroenterologist
MedStar Georgetown University Hospital
Assistant Professor, Medicine
Georgetown University Medical Center
Washington, DC

Nadim G. Haddad, MD

Regional Director, GI Services
Chief, Gastroenterology and Hepatology
MedStar Georgetown University Hospital
Associate Professor, Medicine
Georgetown University Medical Center
Washington, DC

James H. Lewis, MD

Director, Hepatology
Division of Gastroenterology
MedStar Georgetown University Hospital
Professor, Medicine
Georgetown University Medical Center
Washington, DC

Nidhi Malhotra, MD

Clinical Instructor, Medicine
University of Maryland
Baltimore, MD

I. David Shocket, MD

Section Director, Gastroenterology
MedStar Washington Hospital Center
Clinical Assistant Professor, Medicine
Georgetown University Medical Center
Washington, DC

Thomas M. Loughney, MD

Director, Endoscopy
MedStar Georgetown University Hospital
Associate Professor, Medicine
Georgetown University Medical Center
Washington, DC

Yuliya Rekhtman, MD

Chief, Division of Pediatric Gastroenterology
and Nutrition
Department of Pediatrics
MedStar Georgetown University Hospital
Associate Professor, Pediatrics
Georgetown University Medical Center
Washington, DC

Angus B. Worthing, MD

Rheumatologist
Arthritis & Rheumatism Associates, PC
Clinical Assistant Professor, Medicine
Georgetown University Medical Center
Washington, DC

Agenda

7:30 AM **Registration and Breakfast**

7:55 AM **Welcome and Introduction**
Aline Charabaty, MD

1 **SESSION 1: Update in the Management of Inflammatory Bowel Disease**

Moderator: Aline Charabaty, MD

8:00 AM **Quality Improvement in IBD**
Mark C. Mattar, MD

8:20 AM **How Should We Position Biologics in Crohn's Disease and Ulcerative Colitis?**
David T. Rubin, MD

8:45 AM **Therapeutic Drug Monitoring in IBD**
Maria T. Abreu, MD

9:05 AM **Management of IBD in Pregnancy**
Aline Charabaty, MD

9:25 AM **Updates in Colon Cancer Surveillance in IBD**
Mark C. Mattar, MD

9:40 AM **Case Presentation and Panel Discussion**
Moderator: Aline Charabaty, MD
Panelists: M. Abreu, M. Mattar, D. Rubin

10:00 AM **Break and Visit the Exhibits**

2 **SESSION 2: Multidisciplinary Management of Inflammatory Bowel Disease**

Moderator: Mark C. Mattar, MD

10:20 AM **Management of IBD Related and Drug Induced Rheumatologic Manifestations**
Angus B. Worthing, MD

10:35 AM **Management of IBD Related and Drug Induced Liver Injury**
James H. Lewis, MD

10:55 AM **Role of Nutrition and Nutritional Supplements in IBD**
Yuliya Rekhtman, MD

11:10 AM **MR Imaging of Primary Sclerosing Cholangitis (PSC) and Cholangiocarcinoma**
Reena Jha, MD

11:20 AM **Endoscopic Management of PSC and Cholangiocarcinoma**
Nadim G. Haddad, MD

11:35 AM **Surgical Management of Cholangiocarcinoma**
Lynt B. Johnson, MD, MBA

11:50 AM **Case Presentation and Panel Discussion**
Moderator: Mark C. Mattar, MD
Panelists: N. Haddad, R. Jha, L. Johnson, J. Lewis, Y. Rekhtman, A. Worthing

12:10 PM **Lunch and Visit the Exhibits**

12:35 PM **Lunch Session: What You Need to Know About Biosimilars in IBD in 2017**

David T. Rubin, MD

1:05 PM **Break and Visit the Exhibits**

3 **SESSION 3: Other Inflammatory Diseases of the GI Tract**

Moderator: I. David Shocket, MD

1:20 PM **IBD Mimics**
Nidhi Malhotra, MD

1:35 PM **Eosinophilic Esophagitis**
Shervin Shafa, MD

1:55 PM **Celiac Disease and Microscopic Colitis**
Aline Charabaty, MD

2:15 PM **Autoimmune Pancreatitis**
Thomas M. Loughney, MD

2:35 PM **Controversies in the Management of Appendicitis and Diverticulitis**
Mohammed Bayasi, MD

2:50 PM **Case Presentation and Panel Discussion**
Moderator: I. David Shocket, MD
Panelists: M. Bayasi, A. Charabaty, T. Loughney, S. Shafa

3:10 PM **Closing Remarks**
Aline Charabaty, MD

3:15 PM **Adjourn**

Registration Information

REGISTRATION FEES

Physician..... \$125
Resident/Fellow..... \$25
Advanced Practice Clinician..... \$75
Nurse..... \$75
Allied Health Professional..... \$75

ONLINE REGISTRATION PREFERRED

Please visit our secure website at <http://CME.MedStarHealth.org/IBD> for updated program and registration information. We are unable to accept registrations or cancellations by telephone. If you wish to pay your registration fee by check, please download and print a registration form and mail it to the address on the registration form with your check.

All registrations will be confirmed by email only. Please use an email address that you check regularly. If you have questions regarding registration or do not receive an email confirmation of your registration within 1-2 business days, please contact us at MedStarCME@gmail.com or (202) 780-1655.

CANCELLATION POLICY

Cancellations made in writing by March 17, 2017 will be subject to a 50% penalty. No refunds will be given after March 17, 2017. Cancellations will not be accepted by telephone. In the unlikely event that the course is canceled, we will refund the registration fee, but are not responsible for any travel costs. Please call (202) 780-1655 or email MedStarCME@gmail.com if you have any questions or need any additional information.

Venue Information

THE RITZ-CARLTON, WASHINGTON, DC

1150 22nd Street, NW
Washington, DC 20037
(202) 835-0500



SPECIAL ASSISTANCE

MedStar Health wishes to ensure that no individual with a disability is excluded, denied services, segregated or otherwise treated differently from other individuals because of the absence of auxiliary aids or services identified in the Americans with Disabilities Act. Please contact (202) 780-1655 to notify us of your needs.

For updated program information and to register online, please visit: <http://CME.MedStarHealth.org/IBD>