

Mastering Clinical Challenges in IBD



May 7, 2022

The Ritz-Carlton, Tysons Corner • McLean, VA

Course Directors:

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Endorsed by:



Continuing Education Credit Information

Course Description

The incidence of inflammatory bowel disease (IBD) continues to rise in the world, and now affects more than 3.1 million Americans. We currently have a better understanding of the pathogenesis of IBD, allowing for the development of new therapies targeting the inflammatory pathways. Hence, the management of this complex disease is in turn becoming complex, in which the clinician needs to use evidence-based medicine to personalize the use of the appropriate therapy for each individual patient. Becoming familiar with treat-to-target and disease modification strategies is essential to maximize the therapeutic benefit of therapies and the chance of maintaining IBD patients in remission and preventing complications. Patients with long standing IBD carry an increased risk of colon cancer, and the IBD therapies available have potential side effects. It is essential for healthcare providers to use current guidelines in prevention and screening of these complications to maximize patients' health and the quality of care. IBD not only affects the gastrointestinal tract, but also several extra-intestinal organ systems, often requiring a multidisciplinary approach to the patients involving several medicine specialties, colorectal surgery and radiology as well as nutrition support.

The purpose of this symposium is to provide up-to-date information on the pathogenesis of the disease process, as well as evidence-based recommendations on the management and monitoring of IBD and related inflammatory disorders. Through this course, the gap between state-of-the-art practice and current practices will be closed to provide a high quality, comprehensive, multidisciplinary approach to patients with IBD. We believe this approach will improve the quality of care provided to patients, decrease the risk of complications and morbidity, and reduce the overall burden of IBD on the patient and society. We will be utilizing a novel framework of mentor experts and mentee case presentations during this symposium. We will also be discussing state of the art lectures in training needs, artificial intelligence, and underrepresentation in IBD.

Learning Objectives

- Implement quality measures in your clinical practice.
- Implement the use of biosimilars in the treatment of IBD.
- Identify the mechanism of action of small molecules and appropriately position them in the treatment of IBD.
- Optimize and maximize existing therapies through therapeutic drug monitoring.
- Analyze the management of the pregnant patient with IBD including management of the medications and disease process.
- Identify other diseases that may mimic IBD.
- Recognize and successfully manage rheumatologic manifestations in IBD.
- Recognize and successfully manage hepatobiliary complications in IBD.
- Recognize the advanced surgical procedures available for perianal disease.
- Recognize and implement the appropriate timing of surgical intervention in the management of IBD.
- Apply a multidisciplinary approach when treating IBD and its complications.
- Identify the roles and responsibilities of members of the healthcare team involved in the collaborative care of patients with IBD.
- Integrate a team-based approach in the care of patients with IBD.

Target Audience

This conference is intended for gastroenterologists, internists, pathologists, pediatricians, surgeons, nutritionists, dietitians, medical students, residents, fellows, nurses, nurse practitioners, physician assistants, pharmacist technicians, and members of the healthcare team who are interested in the treatment of inflammatory bowel diseases.

Accreditation



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation



IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive 5.25 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physicians: MedStar Health designates this live activity for a maximum of 5.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This activity is approved for 5.25 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.



Physician Assistants: MedStar Health has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 5.25 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacist/Pharmacy Technicians: This activity is approved for 5.25 contact hours. This learning activity is knowledge-based. The Universal Activity Number for this program is UAN # JA4008151-0000-22-067-L04-P/ JA4008151-0000-22-067-L04-T.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to:



5.25 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program; and



5.25 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program; and



5.25 MOC points in the American Board of Surgery's (ABS) Maintenance of Certification (MOC) program

It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM, ABP, and/or ABS credit. Credit will be reported within 30 days of claiming credit.

For updated program information, please visit [MedStarHealth.org/IBD](https://www.MedStarHealth.org/IBD)

Course Directors

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Nurse Practitioner
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University of Chicago Medicine
Chicago, IL

Agenda

7:30 a.m. **Registration and Continental Breakfast**

8:00 a.m. **Welcome Remarks**
Mark C. Mattar, MD, FACG, FAGA;
David T. Rubin, MD, FACG, FAGA

SESSION I

Moderator: Mark C. Mattar, MD, FACG, FAGA

8:30 a.m. **Evolving Approaches to Diagnosis and Prognosis in IBD**
Jordan E. Axelrad, MD, MPH;
Raymond K. Cross, MD, MS, AGAF, FACG

9:00 a.m. **Disease Monitoring, Point of Care Testing**
Marla C. Dubinsky, MD;
Michael Todd Dolinger, MD, MBA

9:30 a.m. **Update in Medical Management of IBD: What to Choose and When to Choose It**
David T. Rubin, MD, FACG, FAGA

10:00 a.m. **Prevention of Progression of IBD**
David T. Rubin, MD, FACG, FAGA;
Noa Krugliak Cleveland, MD

10:30 a.m. **Questions and Discussion**
Moderator: Mark C. Mattar, MD, FACG, FAGA
Panelists: J. Axelrad, N. Cleveland,
R. Cross, M. Dolinger, M. Dubinsky,
D. Rubin

10:55 a.m. **Break and Visit the Exhibits**

SESSION II

Moderator: David T. Rubin, MD, FACG, FAGA

11:10 a.m. **Approach to Resistant IBD, Considering Combination Therapies**
Millie D. Long, MD, MPH, FACG;
Jasmine Bahiya Barrow, MD

11:40 a.m. **Approach to Complex Perianal Disease**
Neil H. Hyman, MD;
Mohammed Bayasi, MD

12:10 p.m. **Questions and Discussion**
Moderator: David T. Rubin, MD, FACG, FAGA
Panelists: J. Barrow, M. Bayasi,
N. Hyman, M. Long

12:30 p.m. **Lunch and Visit the Exhibits**

12:40 p.m. **APP Lunch and Learn: Health Maintenance for the IBD Patient, the Role of the APP**
Aimee LeStrange, CRNP;
Sarah O'Rourke, DNP, APRN, AGPCNP-BC

SESSION III

Moderators: Mark C. Mattar, MD, FACG, FAGA;
David T. Rubin, MD, FACG, FAGA

1:30 p.m. **Training Needs in IBD**
Mark C. Mattar, MD, FACG, FAGA

1:50 p.m. **Considerations Regarding Underrepresentation of IBD: What is Needed?**
Oriana Mazorra Damas, MD

2:10 p.m. **Artificial Intelligence in IBD: Is the Future Here?**
David T. Rubin, MD, FACG, FAGA

2:30 p.m. **Extraintestinal Manifestations in IBD: What are we Missing?**
Millie D. Long, MD, MPH, FACG

2:50 p.m. **Questions and Discussion**
Moderators:
Mark C. Mattar, MD, FACG, FAGA;
David T. Rubin, MD, FACG, FAGA
Panelists: O. Damas, M. Long

3:10 p.m. **Closing Remarks**
Mark C. Mattar, MD, FACG, FAGA;
David T. Rubin, MD, FACG, FAGA

3:20 p.m. **Adjourn**

Registration Information

Registration Fees

Physician	\$125
Student, Resident or Fellow	\$0
Physician Assistant	\$75
Nurse Practitioner	\$75
Nurse	\$75
Allied Health Professional	\$75
Pharmacist	\$75

Online Registration Preferred

Please visit **MedStarHealth.org/IBD** for updated program and registration information. We are unable to accept registrations by telephone.

All registrations will be confirmed by email only. If you have questions or do not receive a confirmation within 1-2 business days, please contact us at MedStarCPE@MedStar.net or (833) 731-1273.

Cancellation Policy

Cancellations made in writing by Friday, March 27, 2022 will be subject to a 50% penalty. No refunds will be given after Friday, March 27, 2022 Cancellations will not be accepted by telephone. In the unlikely event that the course is canceled, MedStar Health will refund the registration fee, but is not responsible for any travel costs.

Venue Information

The Ritz-Carlton, Tysons Corner

1700 Tysons Blvd., McLean, VA
703-506-4300



Special Assistance

MedStar Health wishes to ensure that no individual with a disability is excluded, denied services, segregated or otherwise treated differently from other individuals because of the absence of auxiliary aids or services identified in the Americans with Disabilities Act. Please contact (833) 731-1273 to notify us of your needs.

**For exhibit and support information please contact
Ada Guo at ada.guo@medstar.net**