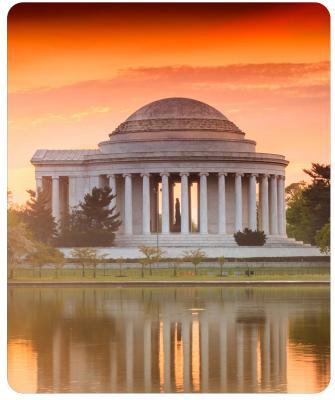
# 2<sup>nd</sup> Annual IBD Masterclass





### May 17, 2024 Park Hyatt • Washington, D.C.

### **Course Directors:**

EUGENE F. YEN, MD, MBA Northwestern Medicine Chicago, IL MARK C. MATTAR, MD MedStar Georgetown University Hospital Washington, D.C.



Endorsed by:



### **Course Description**

Inflammatory Bowel Disease (IBD) is a chronic disorder of the intestinal tract that affects an estimated 1.4 million Americans. Over the past 10 years, the field of Inflammatory Bowel Disease has changed dramatically. Practice gaps exist because learners currently require updates on the multiple therapeutic options in IBD. MedStar Health's goals in partnership with Northwestern Medicine, are to provide a high level educational program to highlight IBD expertise across the country. Join us the Friday of Digestive Disease Week in D.C.!

### **Learning Objectives**

- Identify and discuss new advances in IBD treatment.
- Review the current standard of care for Crohn's disease and ulcerative colitis and discuss new recommendations for care.
- Explain perioperative management from a nutrition and medication perspective.
- Utilize appropriate therapy options for IBD patients.
- Identify the roles and responsibilities of members of the healthcare team involved in the collaborative care of patients with IBD.
- Integrate a team-based approach in the care of patients with IBD.

### **Target Audience**

This conference is intended for gastroenterologists, internists, pathologists, surgeons, medical students, residents, fellows, physician assistants, nurses, nurse practitioners, allied health professionals, and other members of the healthcare team interested in the management of inflammatory bowel disease.



For updated program information, please visit: **MedStarHealth.org/IBDMasterclass** 

### Accreditation



In support of improving patient care, MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

### **Credit Designation**



MedStar Health designates this live activity for a maximum of 6.00 AMA PRA Category 1 Credits<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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#### American Board of Internal Medicine MOC Credit

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 6.00 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification

(MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

**MOC/CC Participation Threshold:** Learner participates by writing a reflective statement and makes a commitment to change or maintain an element of practice.



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### **Course Directors**

Eugene F. Yen, MD, MBA Clinical Director, IBD program Northwestern Medicine Associate Professor, Medicine Northwestern Feinberg School of Medicine Chicago, IL

#### Mark C. Mattar, MD

Director, IBD Center and Fellowship Training Program Quality Improvement Officer, Division of Gastroenterology MedStar Georgetown University Hospital Professor, Medicine Georgetown University School of Medicine Washington, D.C.

### Faculty

#### Brian L. Bello, MD

Regional Chief of Colorectal Surgery Program Director, Colorectal Surgery Fellowship MedStar Washington Hospital Center Washington, D.C.

#### Noa Krugliak Cleveland, MD

Director, Intestinal Ultrasound Program University of Chicago Medicine Assistant Professor, Medicine University of Chicago Chicago, IL

#### Benjamin L. Cohen, MD, MAS

Co-Section Head for Inflammatory Bowel Diseases Department of Gastroenterology, Hepatology & Nutrition Digestive Disease Institute Cleveland Clinic Cleveland, OH

#### Raymond K. Cross, MD, MS

Director, IBD Program and Digestive Health Center University of Maryland Medical Center Professor, Medicine University of Maryland School of Medicine Baltimore, MD

#### **Bethany Doerfler, MS, RDN**

Senior Clinical Research Dietitian Division of Gastroenterology & Hepatology Digestive Health Center, Northwestern Medicine Chicago, IL

#### Stephen B. Hanauer, MD

Medical Director, Digestive Health Center Northwestern Medicine Professor, Medicine Northwestern University Feinberg School of Medicine Chicago, IL

#### Millie D. Long MD, MPH

Director, Gastroenterology and Hepatology Fellowship Program University of North Carolina Hospitals Professor, Medicine University of North Carolina School of Medicine Chapel Hill, NC

#### Lisa B. Malter, MD

Director of Education NYU IBD Center Director of IBD Program Bellevue Hospital Center Professor, Medicine NYU Grossman School of Medicine New York, NY

#### Vitaliy Poylin, MD, MBA

Director, Section of Colon and Rectal Surgery Northwestern Medical Group Associate Professor of Surgery Northwestern University Feinberg School of Medicine Chicago, IL

#### Mariastella Serrano, MD

Chief, Division of Pediatric Gastroenterology Hepatology and Nutrition Vice Chair Department of Pediatrics, Outpatient Operations MedStar Georgetown University Hospital Associate Professor, Medicine Georgetown University School of Medicine Washington, D.C.

#### Corey A. Siegel, MD, MS

Director, Center for Digestive Health Dartmouth Hitchcock Medical Center Constantine and Joyce Hampers Professor, Medicine Geisel School of Medicine at Dartmouth Hanover, NH

## Agenda

8:00 a.m.	Continental Breakfast, Registration, and Visit the Exhibits	
9:00 a.m.	Welcome Remarks Mark C. Mattar, MD	
	I: DIAGNOSIS AND PROGNOSIS OF TORY BOWEL DISEASE (IBD)	
9:15 a.m.	Diagnosis of IBD: Ruling Out IBD Mimics, Assessing Disease Activity and Determining Prognosis in IBD Raymond K. Cross, MD, MS	
9:45 a.m.	Goals of Treatment in IBD: Treatment Endpoints and Putting Risks into Perspective Corey A. Siegel, MD, MS	
10:15 a.m.	Choosing a Particular IBD Therapy: Adverse Events (AEs), Extraintestinal Manifestations (EIMs), Unique Populations Millie D. Long, MD, MPH	
10:45 a.m.	Morning Break and Visit the Exhibits	
SESSION Moderator: TB	II: MANAGEMENT OF IBD	
11:00 a.m.	Role of Radiology and Intestinal Ultrasound in IBD Noa Krugliak Cleveland, MD	
11:30 a.m.	<b>Health Care Maintenance in IBD</b> Mariastella Serrano, MD	
12:00 p.m.	Lunch and Visit the Exhibits	

### SESSION III: SURGICAL UPDATES IN IBD Moderator: TBD

12:30 p.m.	
12:30 p.m.	The Role of Surgery Over the Course of IBD: How to Discuss Resection, Pouches, and Stomas with your Patients Brian L. Bello, MD
1:00 p.m.	Early Surgery vs. Medical Therapy for the Crohn's Patient? Vitaliy Poylin, MD, MBA
1:30 p.m.	What Do I Do with my Meds? Management of Steroids and Biologic Medications Around Surger Benjamin L. Cohen, MD, MAS
2:00 p.m.	How Do we Fix our Malnourished Patients who Need Surgery? Perioperative Nutrition of the IBD Patient Bethany M. Doerfler, MS, RDN
	Bethany M. Doenier, MS, KDN
2:30 p.m.	Afternoon Break and Visit the Exhibits
	Afternoon Break and Visit the Exhibits
SESSION	Afternoon Break and Visit the Exhibits
SESSION Moderator: TE	Afternoon Break and Visit the Exhibits IV: IBD TREATMENTS BD Navigating IBD Therapies and Guidelines
SESSION Moderator: Tf 2:45 p.m.	Afternoon Break and Visit the Exhibits V: IBD TREATMENTS D Navigating IBD Therapies and Guidelines Lisa B. Malter, MD The Future of IBD Care: How Close are we to Precision Medicine?
SESSION Moderator: Tf 2:45 p.m. 3:15 p.m.	Afternoon Break and Visit the Exhibits V: IBD TREATMENTS D Navigating IBD Therapies and Guidelines Lisa B. Malter, MD The Future of IBD Care: How Close are we to Precision Medicine? Stephen B. Hanauer, MD Closing Remarks

Exhibitors

For updated program information, please visit: MedStarHealth.org/IBDMasterclass

### **Registration Information**

<b>Registration Fees</b>	EARLY BIRD NOW TO MARCH 15	ADVANCE/ON-SITE MARCH 16 TO 17
Physician	\$125	\$150
Resident or Fellow	\$0	\$0
Physician Assistant	\$75	\$100
Nurse Practitioner	\$75	\$100
Nurse	\$75	\$100
Allied Health Professional	\$75	\$100

### **Online Registration Preferred**

Please visit **MedStarHealth.org/IBDMasterclass** for updated program and registration information. We are unable to accept registrations by telephone.

All registrations will be confirmed by email only. If you have questions or do not receive a confirmation within 1-2 business days, please contact us at MedStarCPE@MedStar.net or (833) 731-1273.

### **Cancellation Policy**

Cancellations made in writing by April 5, 2024 will be subject to a 50% penalty. No refunds will be given after April 5, 2024. Cancellations will not be accepted by telephone. In the unlikely event that the course is canceled, MedStar Health will refund the registration fee, but is not responsible for any travel costs.

### **Venue Information**

Park Hyatt 1201 24th Street NW Washington, D.C. 20037



For grant information, please contact Ada Guo at ada.guo@medstar.net For exhibit support information, please contact Elizabeth Romano at elizabeth.s.romano@medstar.net