

4<sup>th</sup> Annual

# MedStar Heart Failure Summit

# 2021



**October 23, 2021**

A Virtual Conference

## Course Directors:

**Samer S. Najjar, MD**

MedStar Heart & Vascular Institute  
MedStar Washington Hospital Center  
Georgetown University School of Medicine  
Washington, D.C.

**Mark R. Hofmeyer, MD**

MedStar Heart & Vascular Institute  
MedStar Washington Hospital Center  
Georgetown University School of Medicine  
Washington, D.C.

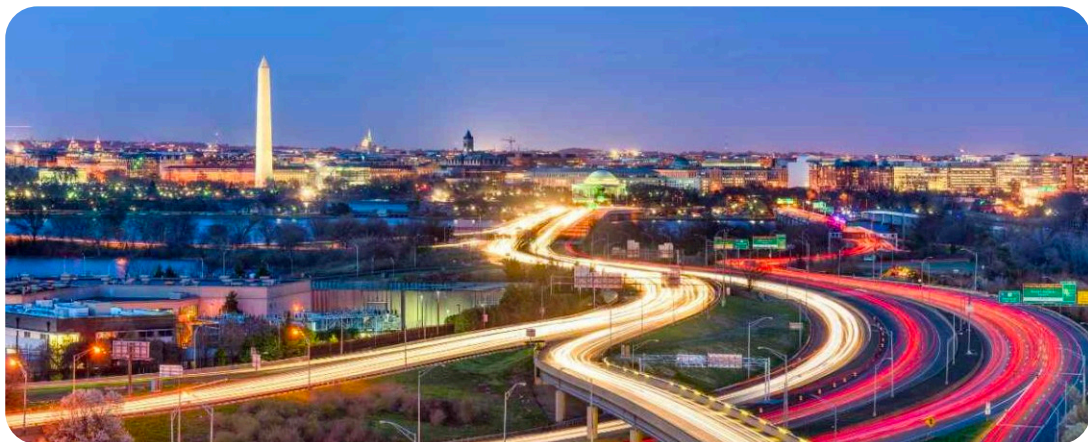


MedStar Health

# Continuing Education Credit Information

## Course Description

This one-day symposium will review the latest in the diagnosis and management of heart failure. A special emphasis will be given to special conditions such as infiltrative cardiomyopathies, COVID-19 cardiac disease, and cardio-oncology. It will also provide an overview of modalities for treating end-stage heart failure such as mechanical circulatory support and heart transplantation. Integration of the multidisciplinary team, including palliative care, will also be discussed.



## Learning Objectives

- Implement the most recent ACC/AHA guidelines in the diagnosis and management of heart failure.
- Recognize special conditions in patients with heart disease including COVID-19, cardio-oncology, and infiltrative diseases.
- Identify when to refer patients for specialized diagnostics and referral to advanced heart failure specialists and palliative care providers.
- Describe the most current modalities for treating end-stage heart failure including Left Ventricular Assist Devices (LVAD) and heart transplant.
- Describe the evaluation of patients with suspected infiltrative cardiomyopathy and implement newly approved pharmacologic therapy for amyloidosis.
- Describe the most current cardiac manifestations of COVID-19 and the current treatments for these complications.
- Identify the risk factors for the development of chemotherapy-related cardiac disease and discuss current recommendations for treatment.
- Identify the roles and responsibilities of members of the healthcare team involved in the collaborative care of patients with heart failure.
- Integrate a team-based approach in the care of patients with heart failure.

## Target Audience

This conference is intended for cardiac surgeons, cardiovascular disease specialists, critical care specialists, hospice and palliative care specialists, internal medicine specialists, medical oncologists, physical medicine/rehabilitation specialists, transplant specialists, residents, fellows, physician assistants, nurse practitioners, nurses, social workers, allied health professionals, and other members of the healthcare team interested in the management of heart failure and heart failure patients.

# Accreditation



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

# Credit Designation



IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive 6.75 Interprofessional Continuing Education (IPCE) credits for learning and change.

**Physicians:** MedStar Health designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses:** This activity is approved for 6.75 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.



**Social Workers:** As a Jointly Accredited Organization, MedStar Health is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. MedStar Health maintains responsibility for this course. Social workers completing this course receive 6.75 clinical continuing education credits.



# Course Directors

## **Samer S. Najjar, MD**

Director, Heart Failure Program  
MedStar Heart & Vascular Institute  
MedStar Washington Hospital Center  
Professor, Medicine  
Georgetown University School of Medicine  
Washington, D.C.

## **Mark R. Hofmeyer, MD**

Physician, Advanced Heart Failure  
MedStar Heart & Vascular Institute  
MedStar Washington Hospital Center  
Assistant Professor, Medicine  
Georgetown University School of Medicine  
Washington, D.C.

# Planning Committee

## **Christina M. Emrich, RN**

Senior Director, Quality & Advanced Heart Failure  
MedStar Heart & Vascular Institute  
MedStar Washington Hospital Center  
Washington, D.C.

## **Karen S. Weingart, LICSW**

Senior Clinical Social Worker, Advanced Heart Failure  
MedStar Washington Hospital Center  
Washington, D.C.

## **Farooq H. Sheikh, MD, FACC**

Director, Infiltrative Cardiomyopathy Program  
Medical Director, LVAD Program  
MedStar Heart & Vascular Institute  
MedStar Washington Hospital Center  
Assistant Professor, Medicine  
Georgetown University School of Medicine  
Washington, D.C.

# Faculty

## **Tolulope A. Agunbiade, MD**

Advanced Heart Failure Specialist  
Assistant Professor, Medicine  
Georgetown University School of Medicine  
Baltimore, MD

## **Cynthia J. Bither, BSN**

Chief Nurse Practitioner  
Advanced Heart Failure Program  
MedStar Heart & Vascular Institute  
MedStar Washington Hospital Center  
Washington, D.C.

## **Tonya I. Elliott, MSN**

Program Coordinator, Mechanical Circulatory Support  
MedStar Heart & Vascular Institute  
MedStar Washington Hospital Center  
Washington, D.C.

## **Cyrus A. Hadadi, MD**

Associate Director, Cardiac Arrhythmia Research  
MedStar Heart & Vascular Institute  
MedStar Washington Hospital Center  
Washington, D.C.

## **Sandeep M. Jani, MD**

Advanced Heart Failure Specialist  
MedStar Heart & Vascular Institute  
MedStar Washington Hospital Center  
MedStar Franklin Square Medical Center  
MedStar Union Memorial Hospital  
Washington, D.C.

## **Ajay Kadakkal, MD**

Advanced Heart Failure Specialist  
MedStar Heart & Vascular Institute  
MedStar Washington Hospital Center  
Washington, D.C.

## **Mrinalini Krishnan, MD**

Advanced Heart Failure and Transplant Cardiologist  
MedStar Union Memorial Hospital  
Baltimore, MD

## **Phillip H. Lam, MD**

Advanced Heart Failure, Mechanical Circulatory Support, and Transplant Cardiologist  
MedStar Heart & Vascular Institute  
MedStar Washington Hospital Center  
Associate Program Director, Cardiovascular Disease Fellowship  
Assistant Professor, Medicine  
Georgetown University School of Medicine  
Washington, D.C.

## **Ezequiel J. Molina, MD**

Surgical Director, Advanced Heart Failure Program  
MedStar Heart & Vascular Institute  
MedStar Washington Hospital Center  
Assistant Professor, Surgery  
Georgetown University School of Medicine  
Washington, D.C.



# Faculty

## **Anirudh Rao, MD**

Attending Physician, Palliative Care  
MedStar Washington Hospital Center  
Assistance Professor, Medicine  
Georgetown University School of Medicine  
Washington, D.C.

## **Sriram Rao, MD**

Advanced Heart Failure Specialist  
MedStar Heart & Vascular Institute  
MedStar Washington Hospital Center  
Washington, D.C.

## **Maria E. Rodrigo, MD**

Medical Director, Heart Transplantation  
MedStar Heart & Vascular Institute  
MedStar Washington Hospital Center  
Washington, D.C.

## **Lowell F. Satler, MD**

Director, Cardiac Catheterization Laboratories  
MedStar Washington Hospital Center  
Washington, D.C.

## **Ankit B. Shah, MD, MPH, FACC**

Director, Sports & Performance Cardiology  
MedStar Union Memorial Hospital  
Team Cardiologist, USA Swimming  
Cardiology Consultant, Baltimore Ravens &  
Washington Capitals  
Assistant Professor, Medicine  
Georgetown University School of Medicine  
Washington, D.C.

## **W. David Xu, MD**

Advanced Heart Failure Specialist  
MedStar Heart & Vascular Center  
MedStar Union Memorial Hospital  
MedStar Good Samaritan Hospital  
MedStar Washington Hospital Center  
Washington, D.C.

## **KEYNOTE SPEAKER**

### **Clyde W. Yancy, MD, MSc**

Vice Dean, Diversity & Inclusion  
Chief, Cardiology  
Associate Director, Bluhm Cardiovascular Institute  
Northwestern Memorial Hospital  
Magerstadt Professor, Medicine  
Professor, Medical Social Sciences  
Northwestern University, Feinberg School of Medicine  
Chicago, IL



For updated program information, please visit [CE.MedStarHealth.org/HeartFailure](https://CE.MedStarHealth.org/HeartFailure)

# Agenda

7:45 a.m. **Welcome Remarks**  
Samer S. Najjar, MD

## SESSION I

### BRIDGING THE GAP: STAGE C HEART FAILURE IN 2021

Moderator: Jennifer R. Brown, MD

8:00 a.m. **A Flurry of Newly Approved Medications for Heart Failure: What to Do?**  
Sandeep M. Jani, MD

8:20 a.m. **Pharmacologic Management of Heart Failure with Preserved Ejection Fraction (HFpEF): What is the Evidence?**  
Weining D. Xu, MD

8:45 a.m. **Cardiac Manifestations of COVID-19: What the Pandemic has Taught Us**  
Ankit B. Shah, MD, MPH, FACC

9:10 a.m. **What the non Cardio-Oncologist Needs to Know About Cardio-Oncology**  
Tolulope A. Agunbiade, MD

9:35 a.m. **Panel Discussion**  
Moderator: Jennifer R. Brown, MD  
Panelists: T. Agunbiade, S. Jani, A. Shah, W. Xu

9:50 a.m. **Morning Break & Visit the Exhibits**

## SESSION II

### UPDATES ON STAGE D AND ADVANCED HEART FAILURE THERAPIES

Moderator: Mark R. Hofmeyer, MD

10:05 a.m. **Referral and Evaluation for Heart Transplantation and LVAD Implantation**  
Phillip H. Lam, MD

10:25 a.m. **Primer on Continuous Flow Physiology**  
Sriram Rao, MD

10:50 a.m. **Mechanical Circulatory Support in 2021 and Beyond: Exciting Updates in Durable LVADs**  
Ezequiel J. Molina, MD

11:15 a.m. **Heart Transplantation Conquers New Frontiers**  
Maria E. Rodrigo, MD

11:35 a.m. **Panel Discussion**  
Moderator: Mark R. Hofmeyer, MD  
Panelists: P. Lam, E. Molina, S. Rao, M. Rodrigo

11:50 a.m. **Afternoon Break & Visit the Exhibits**

## SESSION III

### KEYNOTE ADDRESS

Moderator: Samer S. Najjar, MD

1:00 p.m. **Health Disparities in Cardiovascular Care: A Call for Action**  
Clyde W. Yancy, MD, MSc

1:45 p.m. **Questions and Discussion**  
Moderator: Samer S. Najjar, MD

## TRACK IV-A

### ESSENTIAL SUPPORT FOR HEART FAILURE CARE

Moderator: Cynthia J. Bither, BSN

2:00 p.m. **Multidisciplinary Approach to Patient Care**  
Cynthia J. Bither, BSN

2:10 p.m. **What Every Heart Failure Nurse Needs to Know**  
Cynthia J. Bither, BSN

2:30 p.m. **The Psychosocial Evaluation of Patients Undergoing Evaluation for LVAD and Heart Transplantation**  
Karen S. Weingart, LICSW

2:50 p.m. **Living with an LVAD: Patient and Caregiver Experience**  
Tonya I. Elliott, MSN

3:15 p.m. **The Difficult Discussions: Advance Care Planning in Heart Failure and the Role of Palliative Care**  
Anirudh Rao, MD

# Agenda

3:40 a.m.

## Panel Discussion

Moderator: Cynthia J. Bither, BSN  
Panelists: T. Elliott, A. Rao, K. Weingart

2:50 p.m.

## Ventricular Arrhythmias in HF Patients: Medical/Device/Catheter Therapies

Cyrus A. Hadadi, MD

## TRACK IV-B

### SPECIAL CONSIDERATIONS IN HEART FAILURE MANAGEMENT

Moderator: Farooq H. Sheikh, MD, FACC

3:15 p.m.

## New Frontiers in Structural Heart Disease

Lowell F. Satler, MD

3:40 a.m.

## Panel Discussion

Moderator: Farooq H. Sheikh, MD, FACC  
Panelists: C. Hadadi, A. Kadakkal,  
M. Krishnan, L. Satler

2:00 p.m.

## Introduction: New Era in Infiltrative Cardiomyopathy

Farooq H. Sheikh, MD, FACC

2:10 p.m.

## Cardiac Sarcoidosis Raises its Inflammatory Head

Mrinalini Krishnan, MD

2:30 p.m.

## Cardiac Amyloidosis: No Longer an Untreatable Disease

Ajay Kadakkal, MD



For updated program information, please visit [CE.MedStarHealth.org/HeartFailure](https://CE.MedStarHealth.org/HeartFailure)

# Registration Information

## Registration Fees

<b>Physician</b>	<b>\$75</b>
<b>Resident and Fellow</b>	<b>\$40</b>
<b>Physician Assistant</b>	<b>\$40</b>
<b>Nurse Practitioner</b>	<b>\$40</b>
<b>Nurse</b>	<b>\$40</b>
<b>Social Worker</b>	<b>\$40</b>
<b>Allied Health Professional</b>	<b>\$40</b>

## Online Registration Preferred

Please visit **[CE.MedStarHealth.org/HeartFailure](https://CE.MedStarHealth.org/HeartFailure)** for updated program and registration information. We are unable to accept registrations by telephone.

All registrations will be confirmed by email only. If you have questions or do not receive a confirmation within 1-2 business days, please contact us at [MedStarCPE@MedStar.net](mailto:MedStarCPE@MedStar.net) or (833) 731-1273.

## Cancellation Policy

If you are unable to attend the date of the conference, your registration will still grant you access to conference slides and recorded content. CE hours will be credited based on attendance day of or completion of recorded content.

## Conference Information

This conference is taking place online. Login details and instructions will be sent the week of the conference date for review.

## Special Assistance

MedStar Health wishes to ensure that no individual with a disability is excluded, denied services, segregated or otherwise treated differently from other individuals because of the absence of auxiliary aids or services identified in the Americans with Disabilities Act. Please contact (833) 731-1273 to notify us of your needs.

**For exhibit and support information please contact  
Ada Guo at [ada.guo@medstar.net](mailto:ada.guo@medstar.net)**