MedStar Heart Failure Summit

4th Annual

October 23, 2021
A Virtual Conference

Course Directors:

Samer S. Najjar, MD
MedStar Heart & Vascular Institute
MedStar Washington Hospital Center
Georgetown University School of Medicine
Washington, D.C.

Mark R. Hofmeyer, MD
MedStar Heart & Vascular Institute
MedStar Washington Hospital Center
Georgetown University School of Medicine
Washington, D.C.
Course Description

This one-day symposium will review the latest in the diagnosis and management of heart failure. A special emphasis will be given to special conditions such as infiltrative cardiomyopathies, COVID-19 cardiac disease, and cardio-oncology. It will also provide an overview of modalities for treating end-stage heart failure such as mechanical circulatory support and heart transplantation. Integration of the multidisciplinary team, including palliative care, will also be discussed.

Learning Objectives

• Implement the most recent ACC/AHA guidelines in the diagnosis and management of heart failure.
• Recognize special conditions in patients with heart disease including COVID-19, cardio-oncology, and infiltrative diseases.
• Identify when to refer patients for specialized diagnostics and referral to advanced heart failure specialists and palliative care providers.
• Describe the most current modalities for treating end-stage heart failure including Left Ventricular Assist Devices (LVAD) and heart transplant.
• Describe the evaluation of patients with suspected infiltrative cardiomyopathy and implement newly approved pharmacologic therapy for amyloidosis.
• Describe the most current cardiac manifestations of COVID-19 and the current treatments for these complications.
• Identify the risk factors for the development of chemotherapy-related cardiac disease and discuss current recommendations for treatment.
• Identify the roles and responsibilities of members of the healthcare team involved in the collaborative care of patients with heart failure.
• Integrate a team-based approach in the care of patients with heart failure.

Target Audience

This conference is intended for cardiac surgeons, cardiovascular disease specialists, critical care specialists, hospice and palliative care specialists, internal medicine specialists, medical oncologists, physical medicine/rehabilitation specialists, transplant specialists, residents, fellows, physician assistants, nurse practitioners, nurses, social workers, allied health professionals, and other members of the healthcare team interested in the management of heart failure and heart failure patients.
Accreditation

In support of improving patient care, MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation

This activity was planned by and for the healthcare team, and learners will receive 6.75 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physicians: MedStar Health designates this live activity for a maximum of 6.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This activity is approved for 6.75 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

Social Workers: As a Jointly Accredited Organization, MedStar Health is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. MedStar Health maintains responsibility for this course. Social workers completing this course receive 6.75 clinical continuing education credits.

For updated program information, please visit CE.MedStarHealth.org/HeartFailure
Course Directors

Samer S. Najjar, MD
Director, Heart Failure Program
MedStar Heart & Vascular Institute
MedStar Washington Hospital Center
Professor, Medicine
Georgetown University School of Medicine
Washington, D.C.

Mark R. Hofmeyer, MD
Physician, Advanced Heart Failure
MedStar Heart & Vascular Institute
MedStar Washington Hospital Center
Assistant Professor, Medicine
Georgetown University School of Medicine
Washington, D.C.

Planning Committee

Christina M. Emrich, RN
Senior Director, Quality & Advanced Heart Failure
MedStar Heart & Vascular Institute
MedStar Washington Hospital Center
Washington, D.C.

Karen S. Weingart, LICSW
Senior Clinical Social Worker, Advanced Heart Failure
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Farooq H. Sheikh, MD, FACC
Director, Infiltrative Cardiomyopathy Program
Medical Director, LVAD Program
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MedStar Washington Hospital Center
Assistant Professor, Medicine
Georgetown University School of Medicine
Washington, D.C.

Faculty

Tolulope A. Agunbiade, MD
Advanced Heart Failure Specialist
Assistant Professor, Medicine
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Baltimore, MD

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Chief Nurse Practitioner
Advanced Heart Failure Program
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Mrinalini Krishnan, MD
Advanced Heart Failure and Transplant Cardiologist
MedStar Union Memorial Hospital
Baltimore, MD

Tonya I. Elliott, MSN
Program Coordinator, Mechanical Circulatory Support
MedStar Heart & Vascular Institute
MedStar Washington Hospital Center
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Phillip H. Lam, MD
Advanced Heart Failure, Mechanical Circulatory Support, and Transplant Cardiologist
MedStar Heart & Vascular Institute
MedStar Washington Hospital Center
Associate Program Director, Cardiovascular Disease Fellowship
Assistant Professor, Medicine
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Cyrus A. Hadadi, MD
Associate Director, Cardiac Arrhythmia Research
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MedStar Washington Hospital Center
Washington, D.C.

Ezequiel J. Molina, MD
Surgical Director, Advanced Heart Failure Program
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MedStar Washington Hospital Center
Assistant Professor, Surgery
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Sandeep M. Jani, MD
Advanced Heart Failure Specialist
MedStar Heart & Vascular Institute
MedStar Washington Hospital Center
MedStar Franklin Square Medical Center
MedStar Union Memorial Hospital
Washington, D.C.

For updated program information, please visit CE.MedStarHealth.org/HeartFailure
Faculty

**Anirudh Rao, MD**
Attending Physician, Palliative Care
MedStar Washington Hospital Center
Assistance Professor, Medicine
Georgetown University School of Medicine
Washington, D.C.

**Sriram Rao, MD**
Advanced Heart Failure Specialist
MedStar Heart & Vascular Institute
MedStar Washington Hospital Center
Washington, D.C.

**Maria E. Rodrigo, MD**
Medical Director, Heart Transplantation
MedStar Heart & Vascular Institute
MedStar Washington Hospital Center
Washington, D.C.

**Lowell F. Satler, MD**
Director, Cardiac Catheterization Laboratories
MedStar Washington Hospital Center
Washington, D.C.

**Ankit B. Shah, MD, MPH, FACC**
Director, Sports & Performance Cardiology
MedStar Union Memorial Hospital
Team Cardiologist, USA Swimming
Cardiology Consultant, Baltimore Ravens & Washington Capitals
Assistant Professor, Medicine
Georgetown University School of Medicine
Washington, D.C.

**W. David Xu, MD**
Advanced Heart Failure Specialist
MedStar Heart & Vascular Center
MedStar Union Memorial Hospital
MedStar Good Samaritan Hospital
MedStar Washington Hospital Center
Washington, D.C.

**KEYNOTE SPEAKER**

**Clyde W. Yancy, MD, MSc**
Vice Dean, Diversity & Inclusion
Chief, Cardiology
Associate Director, Bluhm Cardiovascular Institute
Northwestern Memorial Hospital
Magerstadt Professor, Medicine
Professor, Medical Social Sciences
Northwestern University, Feinberg School of Medicine
Chicago, IL

For updated program information, please visit [CE.MedStarHealth.org/HeartFailure](http://CE.MedStarHealth.org/HeartFailure)
### Agenda

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<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>7:45 a.m.</td>
<td>Welcome Remarks</td>
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<td>Samer S. Najjar, MD</td>
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<td>Mechanical Circulatory Support in 2021 and Beyond: Exciting Updates in Durable LVADs</td>
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<td>A Flurry of Newly Approved Medications for Heart Failure: What to Do?</td>
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<td>Sandeep M. Jani, MD</td>
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<td>Pharmacologic Management of Heart Failure with Preserved Ejection Fraction (HFpEF): What is the Evidence?</td>
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<td>Cardiac Manifestations of COVID-19: What the Pandemic has Taught Us</td>
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<td>Ankit B. Shah, MD, MPH, FACC</td>
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<td>What the non Cardio-Oncologist Needs to Know About Cardio-Oncology</td>
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### SESSION III

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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>1:00 p.m.</td>
<td>Health Disparities in Cardiovascular Care: A Call for Action</td>
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<td>Clyde W. Yancy, MD, MSc</td>
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<tr>
<td>1:45 p.m.</td>
<td>Questions and Discussion</td>
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<td>Moderator: Samer S. Najjar, MD</td>
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### TRACK IV-A

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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>2:00 p.m.</td>
<td>Multidisciplinary Approach to Patient Care</td>
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<td>Cynthia J. Bither, BSN</td>
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<tr>
<td>2:10 p.m.</td>
<td>What Every Heart Failure Nurse Needs to Know</td>
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<td>Cynthia J. Bither, BSN</td>
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<tr>
<td>2:30 p.m.</td>
<td>The Psychosocial Evaluation of Patients Undergoing Evaluation for LVAD and Heart Transplantation</td>
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<td>Karen S. Weingart, LICSW</td>
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<tr>
<td>2:50 p.m.</td>
<td>Living with an LVAD: Patient and Caregiver Experience</td>
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<td>Tonya I. Elliott, MSN</td>
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<tr>
<td>3:15 p.m.</td>
<td>The Difficult Discussions: Advance Care Planning in Heart Failure and the Role of Palliative Care</td>
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<td>Anirudh Rao, MD</td>
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## Agenda

### TRACK IV-B
**SPECIAL CONSIDERATIONS IN HEART FAILURE MANAGEMENT**
Moderator: Farooq H. Sheikh, MD, FACC

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| 2:00 p.m. | Introduction: New Era in Infiltrative Cardiomyopathy  
Farooq H. Sheikh, MD, FACC |
| 2:10 p.m. | Cardiac Sarcoidosis Raises its Inflammatory Head  
Mrinalini Krishnan, MD |
| 2:30 p.m. | Cardiac Amyloidosis: No Longer an Untreatable Disease  
Ajay Kadakkal, MD |
| 2:50 p.m. | Ventricular Arrhythmias in HF Patients: Medical/Device/Catheter Therapies  
Cyrus A. Hadadi, MD |
| 3:15 p.m. | New Frontiers in Structural Heart Disease  
Lowell F. Satler, MD |
| 3:40 a.m. | Panel Discussion  
Moderator: Farooq H. Sheikh, MD, FACC  
Panelists: C. Hadadi, A. Kadakkal, M. Krishnan, L. Satler |

For updated program information, please visit [CE.MedStarHealth.org/HeartFailure](http://CE.MedStarHealth.org/HeartFailure)
## Registration Information

### Registration Fees

<table>
<thead>
<tr>
<th>Professional</th>
<th>Fee</th>
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<tbody>
<tr>
<td>Physician</td>
<td>$75</td>
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<tr>
<td>Resident and Fellow</td>
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<tr>
<td>Physician Assistant</td>
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<tr>
<td>Nurse Practitioner</td>
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<tr>
<td>Nurse</td>
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<tr>
<td>Social Worker</td>
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<tr>
<td>Allied Health Professional</td>
<td>$40</td>
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### Online Registration Preferred

Please visit [CE.MedStarHealth.org/HeartFailure](http://CE.MedStarHealth.org/HeartFailure) for updated program and registration information. We are unable to accept registrations by telephone.

All registrations will be confirmed by email only. If you have questions or do not receive a confirmation within 1-2 business days, please contact us at MedStarCPE@MedStar.net or (833) 731-1273.

### Cancellation Policy

If you are unable to attend the date of the conference, your registration will still grant you access to conference slides and recorded content. CE hours will be credited based on attendance day of or completion of recorded content.

### Conference Information

This conference is taking place online. Login details and instructions will be sent the week of the conference date for review.

### Special Assistance

MedStar Health wishes to ensure that no individual with a disability is excluded, denied services, segregated or otherwise treated differently from other individuals because of the absence of auxiliary aids or services identified in the Americans with Disabilities Act. Please contact (833) 731-1273 to notify us of your needs.

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For exhibit and support information please contact Ada Guo at ada.guo@medstar.net