

5th Annual

MedStar Heart Failure Summit

2022



November 12, 2022

A Virtual Conference

Course Directors:

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MedStar Heart & Vascular Institute
MedStar Washington Hospital Center
Georgetown University School of Medicine
Washington, D.C.

Farooq H. Sheikh, MD

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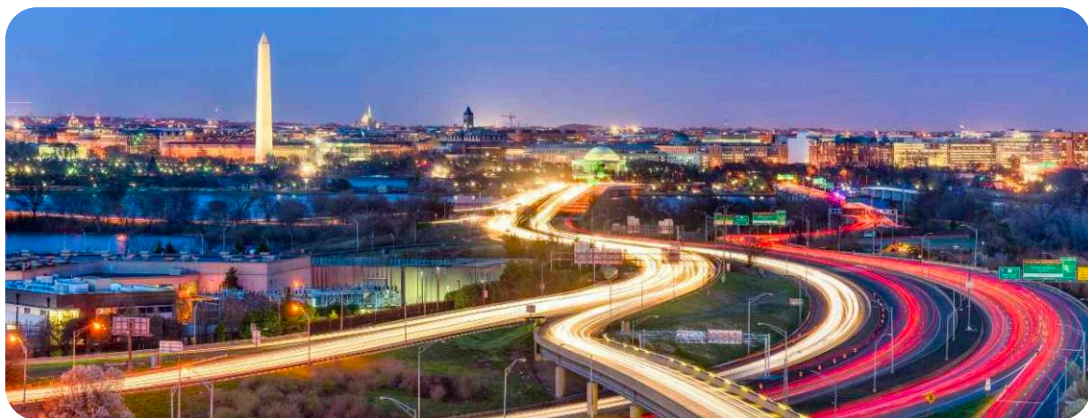


MedStar Health

Continuing Education Credit Information

Course Description

This virtual symposium will review the latest in the diagnosis and management of heart failure. A special emphasis will be given to special conditions such as structural heart disease, pulmonary hypertension, infiltrative cardiomyopathies, and cardio-oncology. It will also provide an update on recently published heart failure guidelines, an overview of modalities for treating end-stage heart failure such as mechanical circulatory support and heart transplantation. Integration of the multidisciplinary team, including palliative care, will also be discussed.



Learning Objectives

- Implement the most recent ACC/AHA guidelines in the diagnosis and management of heart failure.
- Recognize special conditions in patients with heart disease including structural heart disease, pulmonary hypertension, cardio-oncology, and infiltrative diseases.
- Identify when to refer patients for specialized diagnostics and referral to advanced heart failure specialists and palliative care providers.
- Describe the most current modalities for treating end-stage heart failure including left ventricular assist devices (LVAD) and heart transplant.
- Describe the evaluation of patients with suspected infiltrative cardiomyopathy and implement newly approved pharmacologic therapy for amyloidosis.
- Identify the risk factors for the development of chemotherapy-related cardiac disease and discuss current recommendations for treatment.
- Identify the roles and responsibilities of members of the healthcare team involved in the collaborative care of patients with heart failure.
- Integrate a team-based approach in the care of patients with heart failure.

Target Audience

This conference is intended for cardiac surgeons, cardiovascular disease specialists, critical care specialists, hospice and palliative care specialists, internal medicine specialists, medical oncologists, physical medicine/rehabilitation specialists, transplant specialists, residents, fellows, physician assistants, nurse practitioners, nurses, social workers, allied health professionals, and other members of the healthcare team interested in the management of heart failure patients.

Continuing Education Credit Information

Accreditation



In support of improving patient care, MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation



This activity was planned by and for the healthcare team, and learners will receive 7.00 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physicians: MedStar Health designates this live activity for a maximum of 7.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Credit



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 7.00 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

MOC Participation Threshold

Learner participates by writing a reflective statement and makes a commitment to change or maintain an element of practice.

Nurses: This activity is approved for 7.00 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistants: MedStar Health has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 7.00 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.



Social Workers: As a Jointly Accredited Organization, MedStar Health is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. MedStar Health maintains responsibility for this course. Social workers completing this course receive 7.00 clinical continuing education credits.



Course Directors

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KEYNOTE SPEAKER

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For updated information, please visit [MedStarHealth.org/HeartFailureSummit](https://www.MedStarHealth.org/HeartFailureSummit)

Agenda

7:15 a.m. Visit Exhibitors

7:45 a.m. Welcome
Farooq H. Sheikh, MD

SESSION I

Bridging the Gap: Stage C Heart Failure in 2022

Moderator: Samer S. Najjar, MD

7:55 a.m. Session Introduction
Samer S. Najjar, MD

8:00 a.m. Update on the Heart Failure Guidelines
Samer S. Najjar, MD

8:20 a.m. New Frontiers in Structural Heart Disease
Lowell F. Satler, MD

8:45 a.m. Ventricular Arrhythmias in Heart Failure: Medical/Device/Catheter Therapies
Cyrus A. Hadadi, MD

9:10 a.m. New Medical Therapies in Hypertrophic Cardiomyopathy
Sandeep M. Jani, MD, MPH

9:35 a.m. Panel Discussion
Moderator: Samer S. Najjar, MD
Panelists: R. Gupta, C. Hadadi, S. Jani, L. Satler

9:50 a.m. Break & Visit the Exhibits

SESSION II

Update on Stage D and Advanced Heart Failure Therapies

Moderator: Mark R. Hofmeyer, MD

10:05 a.m. Session Introduction
Mark R. Hofmeyer, MD

10:10 a.m. Cardiogenic Shock
Phillip H. Lam, MD

10:35 a.m. Update in Durable Left Ventricular Assist Device (LVAD) Therapy
Sriram Rao, MD

10:55 a.m. Medical Innovation in Heart Transplantation
Maria E. Rodrigo, MD

11:20 a.m. Surgical Innovation in Transplantation
Keki R. Balsara, MD, MBA, FACS, FACC

11:40 a.m. Panel Discussion
Moderator: Mark R. Hofmeyer, MD
Panelists: K. Balsara, P. Lam, S. Rao, M. Rodrigo

11:55 a.m. Break & Visit the Exhibits

12:55 p.m. Keynote Introduction
Farooq H. Sheikh, MD

1:05 p.m. KEYNOTE ADDRESS
Patient-Centered Care in Cardiac Surgery
Thomas E. MacGillivray, MD

1:45 p.m. Keynote Questions and Discussion
Moderator: Farooq H. Sheikh, MD
Panelists: T. MacGillivray

Agenda

TRACK IV-A

Essential Support for Heart Failure Care

Moderator: Cynthia J. Bither, MSN, ANP, ACNP

- 2:00 p.m. **Introduction: Multidisciplinary Care**
Cynthia J. Bither, MSN, ANP, ACNP
- 2:10 p.m. **Fundamentals of Nursing Care for the Heart Failure Patient**
Urge H. Ebba, RN;
Mary Nancy Robinson-Mac, RN
- 2:30 p.m. **Success in Heart Failure: Educating the Patient, the Caregivers, and Health Care Provider**
Tonya Elliott, MSN, RN
- 2:50 p.m. **Reducing Barriers to Candidacy for AHF Therapies: A Psychosocial Perspective**
Emily K. Kavanaugh, LICSW;
Karen S. Weingart, LICSW
- 3:15 p.m. **The Difficult Discussions: Advance Care Planning in Heart Failure and the Role of Palliative Care**
Anirudh Rao, MD
- 3:40 p.m. **Panel Discussion**
Moderator:
Cynthia J. Bither, MSN, ANP, ACNP
Panelists: U. Ebba, T. Elliott, A. Rao,
M. Robinson Mac, K. Weingart
- 3:55 p.m. **Closing Remarks and Adjournment**
Farooq H. Sheikh, MD

TRACK IV-B

Special Considerations in Heart Failure Management

Moderator: Farooq H. Sheikh, MD

- 2:00 p.m. **Introduction: Special Considerations in Heart Failure Management**
Farooq H. Sheikh, MD
- 2:10 p.m. **Sarcoidosis**
Nana Afari-Armah, MD
- 2:30 p.m. **Amyloidosis**
Ajay Kadakkal, MD
- 2:50 p.m. **ECMO and Temporary MCS for Cardiogenic Shock**
Aiman Alassar, MD, PhD
- 3:15 p.m. **Update in Pulmonary Hypertension**
Mrinalini Krishnan, MD
- 3:40 p.m. **Panel Discussion**
Moderator: Farooq H. Sheikh
Panelists: N. Afari, A. Alassar,
A. Kadakkal, M. Krishnan
- 3:55 p.m. **Closing Remarks and Adjournment**
Farooq H. Sheikh, MD



Registration Information

Registration Fees

Physician	\$75
Resident or Fellow	\$40
Physician Assistant	\$40
Nurse Practitioner	\$40
Nurse	\$40
Social Worker	\$40
Allied Health Professional	\$40
Medical Student	\$40

Online Registration Preferred

Please visit **MedStarHealth.org/HeartFailureSummit** for updated program and registration information. We are unable to accept registrations by telephone.

All registrations will be confirmed by email only. If you have questions or do not receive a confirmation within 1-2 business days, please contact us at MedStarCPE@MedStar.net or (833) 731-1273.

Cancellation Policy

If you are unable to attend the date of the conference, your registration will still grant you access to conference slides and recorded content. CE hours will be credited based on attendance day of or completion of recorded content.

Conference Information

This conference is taking place online with live speakers and Q&A sessions.

Special Assistance

MedStar Health wishes to ensure that no individual with a disability is excluded, denied services, segregated, or otherwise treated differently from other individuals because of the absence of auxiliary aids or services identified in the Americans with Disabilities Act. Please contact (833) 731-1273 to notify us of your needs.

For grant information please contact Ada Guo at ada.guo@medstar.net
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