

7th Annual

Nursing Research and Innovation Conference

Synergy, Collaboration, & Innovations in Nursing Practice



March 14, 2024

The Catholic University of America • Washington, D.C.

Course Director:

Pamela R. Jones, PhD

Director, Nurse Research
MedStar Washington Hospital Center
Washington, D.C.



MedStar Health

Continuing Education Credit Information

Course Description

The *7th Annual Nursing Research and Innovation Conference* brings together clinical nurses, educators, and scientists to promote and disseminate innovative research, evidence-based practice, and clinical updates that improve nursing practice and patient outcomes.

Learning Objectives

- Examine health disparities in healthcare and identify interventions for equitable healthcare.
- Disseminate innovative evidenced-based research and practice that improve patient care outcomes.
- Identify novel strategies to improve wellbeing in the workplace, improve healthcare workers wellbeing, and associate retention.
- Identify the roles and responsibilities of members of the healthcare team involved in improving nursing practice and patient outcomes.
- Integrate a team-based approach of the healthcare team involved in improving nursing practice and patient outcomes.

Target Audience

This conference is intended for any associates or leaders at their institution who are interested in synergy, collaboration, and innovations in nursing practice. This may apply to all specialists, physicians, nurses, nurse practitioners, psychologists, social workers, medical students, and other members of the healthcare team.

Accreditation



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Nurses: This activity is approved for 5.50 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

Course Director



Pamela R. Jones, PhD
Director, Nursing Research
MedStar Washington Hospital Center
Washington, D.C.

Faculty

Hussein M. Tahan, PhD, RN, FAAN, FCM

System Vice President, Nursing Professional Development & Workforce Management
Chief Nursing Officer
MedStar Ambulatory Services
MedStar Medical Group
MedStar Health
Columbia, MD

Janiece L. Taylor, PhD, RN, FAAN

Assistant Professor, Research and Education
Johns Hopkins School of Nursing
Baltimore, MD

Angela D. Thomas, DrPH, MPH, MBA

Vice President, Healthcare Delivery Research
MedStar Health Research Institute
Washington, D.C.

Christina G. Watlington, PhD

Caregiver Wellbeing Specialist
Institute for Learning, Leadership, and Development (iLEAD)
Christiana Care Health System
Newark, DE

Lucia D. Wocial, PhD, RN, FAAN, HEC-C

Assistant Director and Senior Clinical Ethicist
John J. Lynch, MD Center for Ethics
MedStar Washington Hospital Center
Adjunct Faculty, Nursing
Georgetown University School of Nursing
Washington, D.C.

Ariam G. Yitbarek, DNP, MHA, RN, NEA-BC

Senior Vice President and Chief Nursing Officer
MedStar Washington Hospital Center
Washington, D.C.

Planning Committee

Komlan A. Ayim, MS, BSN, CMSRN-BC

Nursing Director, ED Observation & Medicine Pulmonary
MedStar Washington Hospital Center
Washington, D.C.

Sheelove B. Crevecoeur, MSN, AGPCNP-BC, RN, GERO-BC

Assistant Nursing Director, Geriatric Medicine
MedStar Washington Hospital Center
Adjunct Faculty, Nursing
Catholic University of America
Conway School of Nursing
Washington, D.C.

Evelyn A. Diop, DNP, RN, NEA-BC

Nurse Director, Women's and Infants' Ambulatory Services
MedStar Washington Hospital Center
Washington, D.C.

Nicholas Ghartey, DNP, RN, CNL

Nursing Director, Medical Intermediate Care Unit (1EIMC)
MedStar Washington Hospital Center
Washington, D.C.

Hilary Hancock BSN, RN, CWON

Director, Wound Ostomy Continence
MedStar Washington Hospital Center
Washington, D.C.

Patricia McCabe, DNP, RN, CCRN

Nursing Director, Nursing Support Services
Clinical Administrators, Nurse Responder Team
Biocontainment Special Projects, Nursing
MedStar Washington Hospital Center
Washington, D.C.

Adonis Mokom, BSN, RN

Intensive Care Nurse
MedStar Washington Hospital Center
Washington, D.C.

Agenda

7:30 a.m. **Registration, Breakfast, and Visit Exhibits**

SESSION I

Moderator: TBD

8:30 a.m. **Welcome Remarks**
Ariam Yitbarek, DNP, MHA, RN,
NEA-BC

8:35 a.m. **KEYNOTE ADDRESS:**
Trauma-informed Leadership
Christina G. Watlington, PhD

9:35 a.m. **A Curious Nurse's Exploration of Moral Distress**
Lucia D. Wocial, PhD, RN,
FAAN, HEC-C

10:45 a.m. **Morning Break and Visit Exhibits**

11:05 a.m. **Implicit Bias, Racism, and Patient Safety Events**
Angela D. Thomas, DrPH, MPH, MBA

12:00 p.m. **Lunch and Visit Exhibits**

12:45 p.m. **Pain, Quality of Life, and Older Women**
Janiece L. Taylor, PhD, RN, FAAN

1:45 p.m. **SESSION II: BREAKOUTS**
Moderator: TBD

BREAKOUT 1: Performance Improvement

BREAKOUT 2: Evidence-based Practice and Research

BREAKOUT 3: Educational Methods and Strategies

2:45 p.m. **Afternoon Break and Visit Exhibits**

3:00 p.m. **Nursing and Ambulatory Care**
Hussein M. Tahan, PhD, RN,
FAAN, FCM

3:45 p.m. **Abstract Awards Ceremony**

3:55 p.m. **Closing Remarks**
Pamela R. Jones, PhD, MPH, RN

4:00 p.m. **Conference Adjourn**



For updated information, please visit [MedStarHealth.org/NursingResearch](https://www.MedStarHealth.org/NursingResearch)

Registration Information

Registration Fees

	MEDSTAR HEALTH ASSOCIATES	NON-MEDSTAR HEALTH
Physician	\$35	\$75
Nurse Practitioner	\$35	\$75
Nurse	\$25	\$50
Social Worker	\$25	\$50
Psychologist	\$25	\$50
Physician Assistant	\$25	\$25
Resident or Fellow	\$25	\$50
Allied Health Professional	\$25	\$50
Industry Professional	–	\$100

Online Registration Preferred

Please visit [MedStarHealth.org/NursingResearch](https://www.MedStarHealth.org/NursingResearch) for updated program and registration information. We are unable to accept registrations by telephone.

All registrations will be confirmed by email only. If you have questions or do not receive a confirmation within 1-2 business days, please contact us at MedStarCPE@MedStar.net or (833) 731-1273.

Cancellation Policy

Cancellations made in writing by February 8, 2024, will be subject to a 50% penalty. No refunds will be given after February 8, 2024. Cancellations will not be accepted by telephone. In the unlikely event that the course is canceled, MedStar Health will refund the registration fee but is not responsible for any travel costs.

Venue Information

The Catholic University of America

600 Michigan Avenue Northeast
Washington, D.C. 20064



For grant information, please contact Ada Guo at ada.guo@medstar.net
For exhibit support information, please contact Elizabeth Romano at elizabeth.s.romano@medstar.net