Learning Objectives

• Evaluate and compare the available molecular tests for thyroid nodules to determine which patients require thyroid surgery and which patients can be monitored.

• Incorporate an interdisciplinary approach to the diagnosis and management of patients with thyroid disease.

• Utilize the new recommendations outlined in the updated American Thyroid Associations (ATA) guidelines for the treatment of patients with thyroid cancer.

• Utilize ATA recommendations to aid the diagnosis and treatment of hypothyroidism.

• Evaluate and select newly approved targeted oral chemotherapy agents, including TKIs, for the treatment of locally advanced or metastatic thyroid cancer refractory to radioiodine therapy.

Target Audience

This conference is intended for practicing endocrinologists, surgeons, pathologists, internists, oncologists, gynecologists, obstetricians, otolaryngologists, as well as primary care physicians, nurses, nurse practitioners, physicians assistants, nurses and healthcare professionals with an interest in patients with thyroid disorders.

CME Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of MedStar Georgetown University Hospital and MedStar Washington Hospital Center. MedStar Georgetown University Hospital is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

MedStar Georgetown University Hospital designates this live activity for a maximum of 9 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

For the purpose of recertification, the American Nurses Credentialing Center (ANCC) accepts AMA PRA Category 1 Credits™ issued by organizations accredited by the ACCME. Nurses who attend a Category 1 CME certified activity can complete the continuing education hours section of the ANCC Professional Development Record in order to document the courses attended and the hours obtained.

FOR MORE INFORMATION AND TO REGISTER TO ATTEND, PLEASE VISIT HTTP://CME.MEDSTARHEALTH.ORG/THYROID

COURSE INFORMATION

Course Description

This one-day symposium will provide a comprehensive update of advances in thyroid disorders. Thyroid dysfunction and thyroid cancer are common health problems affecting many people. Through both didactic lectures and interactive workshops, Thyroid Update 2016: Advanced Diagnostic Testing and New Treatments for Thyroid Disorders will aim to clarify the important issues surrounding assessment and management of these disorders.

Thyroid conditions such as hypothyroidism, hyperthyroidism, thyroid nodules and thyroid cancers are among the most common diseases encountered by physicians. This program aims to clarify the important issues surrounding the diagnosis and management of these common thyroid disorders. Guidelines on hypothyroidism, thyroid nodules as well as well differentiated and anaplastic thyroid cancer have been recently updated. This conference will utilize and encourage the use of a multidisciplinary approach to educate clinicians about current and controversial issues in thyroid disease and will provide an opportunity for providers to become familiar with the key elements of the updated guidelines and incorporate them into their clinical practice.
AGENDA

SESSION I

7:30 AM
Henry B. Burch, MD

Moderator: Jason A. Wexler, MD

8:00 AM
ATA Hypothyroid Guidelines
Douglas W. Ball, MD

8:40 AM
ATA Hypothyroid Guidelines
Henry B. Burch, MD

9:20 AM
Risk Factors in Autoimmune Thyroid Disease
Ten F. Davis, MD, MBBS, MD

10:00 AM
Break

10:20 AM
The New ARIA Guidelines and Evolving Surgical Management of Differentiated Thyroid Cancer: Is Less More?
Julia A. Sosa, MD, MA

11:00 AM
Hypothyroid Treatment: T4, T3, or Both?
Leonard Wartofsky, MD, MPH

11:40 AM
Questions and Discussion
Moderator: Jason A. Wexler, MD

Panelists: H. Burch, K. Burman, T. Davies, J. Jonklaas, J. Sosa, L. Wartofsky

12:00 PM
LUNCH SESSIONS

Upon registering, each attendee should select one of the six discussions to attend for Session I and another for Session II.

SESSION II

12:15 PM — 1:00 PM
DISCUSSION A: Medullary Thyroid Cancer
Erika A. Adler, MD, Matthew D. Ringel, MD, Jason A. Wexler, MD

1:05 PM — 1:50 PM
DISCUSSION B: Molecular Analysis of Thyroid Nodules and Cancer
Douglas W. Ball, MD, Jacqueline Jonklaas, MD, Wen Lee, MD

2:00 PM
DISCUSSION C: Autoimmune Thyroid Disease: Clinical Pearls from Basic Research
Henry B. Burch, MD, Terry F. Davis, MBBS, MD

2:30 PM
DISCUSSION D: Thyroid Surgery
Lisa M. Boyle, MD, Bruce J. Davidson, MD, Jennifer E. Rosen, MD, Julia A. Sosa, MD, MA

3:00 PM
DISCUSSION E: Assessment and Treatment of High Risk Thyroid Cancer
Nancy M. Carroll, MD, Ann W. Glod, MD, M. Michael Tuttle, MD

3:30 PM
DISCUSSION F: 2016 ATA Differentiated Thyroid Cancer Guidelines on Imaging Modalities
Susan J. Mandel, MD, MPH, Douglas Van Nostrand, MD

4:00 PM
Questions and Discussion
Moderator: Jason A. Wexler, MD

Panelists: H. Burch, K. Burman, T. Davies, J. Jonklaas, J. Sosa, L. Wartofsky

4:40 PM
Advanced Thyroid Cancer: New Treatments and New Challenges
Matthew D. Ringel, MD

4:50 PM
Questions and Discussion
Moderator: Jason A. Wexler, MD

Panelists: D. Ball, E. Abboud, M. Ringel, R. Tuttle, D. Van Nostrand

5:00 PM
Adjourn