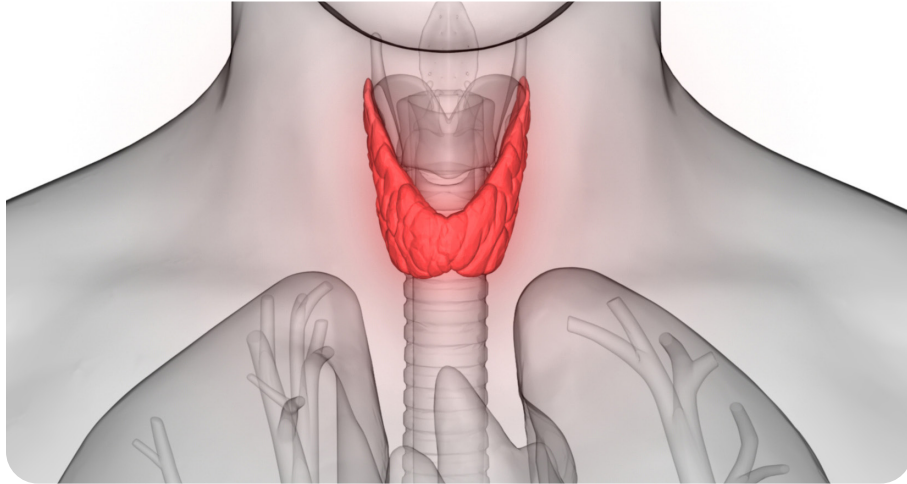


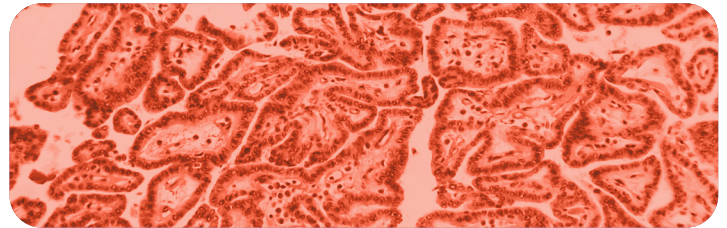
14th Biennial Thyroid Update

New Concepts in the Diagnosis and Treatment of Thyroid Disease



December 1, 2023

Bethesda Marriott
Bethesda, MD



Course Co-Directors:

KENNETH D. BURMAN, MD
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JASON A. WEXLER, MD
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MedStar Health

Continuing Education Credit Information

Course Description

The 14th Biennial Thyroid Update will be held as an in-person event. We are delighted to bring you updates in thyroid conditions such as hypothyroidism, hyperthyroidism, thyroid nodules, and thyroid cancers. This program aims to clarify the important issues surrounding the diagnosis and management of thyroid disorders, including thyroid nodules, well-differentiated thyroid cancer, medullary thyroid cancer and anaplastic thyroid cancer. The conference will focus on new approaches which include identifying patients who are candidates for re-differentiation therapy for papillary thyroid cancer and the monitoring of select patients with papillary thyroid cancer who have not had thyroid surgery. This conference will encourage the use of a multidisciplinary approach to educate clinicians about current and controversial issues in thyroid disease and will provide an opportunity for providers to become familiar with the key elements of the updated guidelines and incorporate them into their clinical practice.

Target Audience

This conference is intended for practicing endocrinologists, surgeons, pathologists, internists, oncologists, nuclear medicine physicians and technologists, otolaryngologists, pathologists, primary care physicians, radiologists, radiation oncologists, residents, fellows, nurse practitioners, physician assistants, nurses, pharmacists and healthcare professionals with an interest in patients with thyroid disorders.

Learning Objectives

- Evaluate and compare the available molecular tests for thyroid nodules to determine which patients require thyroid surgery and which patients can be monitored.
- Identify the cardiovascular risks associated with subclinical thyroid disease.
- Identify the appropriate patients for radioactive iodine therapy in thyroid cancer patients.
- Incorporate an interdisciplinary approach to the epidemiology and management of thyroid disease and cardiovascular risk.
- Evaluate and select agents for the treatment and redifferentiation of locally advanced or metastatic thyroid cancer refractory to radioiodine therapy.
- Identify the roles and responsibilities of members of the healthcare team involved in the collaborative care of patients with thyroid cancer.
- Integrate a team-based approach in the care of patients with thyroid cancer.
- Utilize stratified risk assessment for thyroid cancer.
- Implement American Thyroid Association Guideline for the evaluation and management of hyperthyroidism.
- Identify proper thyroid cancer patient selection for monitoring, lobectomy, or total thyroidectomy.
- Implement American Thyroid Association Guideline recommendations for evaluation and management of thyroid nodules and thyroid cancer.
- Evaluate when to use tissue genotyping in the management of advanced thyroid cancer.

Continuing Education Credit Information

Accreditation



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation



IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive **8.25** Interprofessional Continuing Education (IPCE) credits for learning and change.

Physicians: MedStar Health designates this live activity for a maximum of **8.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



American Board of Internal Medicine MOC

Credit: Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to

8.25 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



THE AMERICAN
BOARD OF SURGERY

American Board of Surgery CC Credit:

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn credit toward the CME and Self-Assessment requirements of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

MOC/CC Participation Threshold: Learner participates by writing a reflective statement and makes a commitment to change or maintain an element of practice.

Nurses: This activity is approved for **8.25** ANCC contact hour(s). Nurses should claim only the credit commensurate with the extent of their participation in the activity.

Pharmacists: This activity is approved for **8.25** contact hour(s). This learning activity is knowledge-based. The Universal Activity Number for this program is **UAN# JA4008151-0000-23-051-L04-P**.

Course Co-Directors



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Agenda

7:00 a.m. **Registration, Continental Breakfast and Visit the Exhibits**

SESSION I: Thyroid Disorders

Moderator: Kenneth D. Burman, MD

7:30 a.m. **Welcome Remarks**
Lisa M. Boyle, MD, FACS

7:40 a.m. **Opening Remarks**
Kenneth D. Burman, MD

7:50 a.m. **Thyroid Update 2023**
Kenneth D. Burman, MD; Leila Shobab, MD

8:30 a.m. **Subclinical Thyroid Disease and Cardiovascular Risk**
Anne R. Cappola, MD, ScM

9:10 a.m. **Graves' Disease: Complex Cases**
Henry B. Burch, MD

9:50 a.m. **Thyroid Eye Disease: Diagnosis, Medical Management and Surgical Considerations**
Todd A. Goodglick, MD

10:30 a.m. **Break and Visit the Exhibits**

SESSION II: Thyroid Nodules, Thyroid Cancer, and Genetics

Moderator: Jason A. Wexler, MD

10:50 a.m. **Thyroid Nodules: Update on the American Thyroid Association Guidelines**
Susan J. Mandel, MD, MPH

11:30 a.m. **Management of Low-Risk Thyroid Cancer**
Robert Michael Tuttle, MD

12:10 p.m. **Session I & II Questions and Discussion**
Moderators: Kenneth D. Burman, MD;
Jason A. Wexler, MD
Panelists: H. Burch, A. Cappola, T. Goodglick, S. Mandel,
L. Shobab, R. Tuttle

12:30 p.m. **Lunch and Visit the Exhibits**

Agenda

BREAKOUT SESSION A

1:00 p.m.

Breakout Session 1: Thyroid Cancer Controversies: Monitoring vs. Surgery

Stanley H. Chia, MD, FACS; Erin A. Felger, MD;
Robert Michael Tuttle, MD; Leila Shobab, MD

Breakout Session 2: Medullary Thyroid Cancer

Matthew D. Ringel, MD; Victoria Lai, MD; Giuseppe Esposito, MD

Breakout Session 3: Anaplastic Thyroid Cancer

Peter H. Ahn, MD; Lori J. Wirth, MD; Nancy M. Carroll, MD;
Wen Lee, MD; Ann W. Gramza, MD

Breakout Session 4: Surgery Controversies

Jason A. Wexler, MD; Jennifer E. Rosen, MD; Bruce J. Davidson, MD

Breakout Session 5: Nuclear Medicine: 131-I Resistance and Redifferentiation

Douglas Van Nostrand, MD; Irina G. Veytsman, MD; Kanchan Kulkarni, MD

Breakout Session 6: Pregnancy and Thyroid

Anne R. Cappola, MD, ScM; Susan J. Mandel MD, MPH

Breakout Session 7: Thyroid Eye Disease

Todd A. Goodglick, MD; Jacqueline Jonklaas, MD

1:45 p.m.

Transition to Breakout Session B

BREAKOUT SESSION B

2:00 p.m.

Breakout Session 1: Thyroid Cancer Controversies: Monitoring vs. Surgery

Stanley H. Chia, MD, FACS; Erin A. Felger, MD;
Robert Michael Tuttle, MD; Leila Shobab, MD

Breakout Session 2: Medullary Thyroid Cancer

Matthew D. Ringel, MD; Victoria Lai, MD; Giuseppe Esposito, MD

Breakout Session 3: Anaplastic Thyroid Cancer

Peter H. Ahn, MD; Lori J. Wirth, MD; Nancy M. Carroll, MD;
Wen Lee, MD; Ann W. Gramza, MD

Breakout Session 4: Surgery Controversies

Jason A. Wexler, MD; Jennifer E. Rosen, MD; Bruce J. Davidson, MD

Breakout Session 5: Nuclear Medicine: 131-I Resistance and Redifferentiation

Douglas Van Nostrand, MD; Irina G. Veytsman, MD; Kanchan Kulkarni, MD

Breakout Session 6: Pregnancy and Thyroid

Anne R. Cappola, MD, ScM; Susan J. Mandel MD, MPH

Breakout Session 7: Thyroid Eye Disease

Todd A. Goodglick, MD; Jacqueline Jonklaas, MD

2:45 p.m.

Break and Visit the Exhibits

For updated program information, please visit [MedStarHealth.org/ThyroidUpdate](https://www.MedStarHealth.org/ThyroidUpdate)

Agenda

SESSION III: Thyroid Cancer

Moderator: Kenneth D. Burman, MD

- 3:00 p.m. **Newer Insights Into Differentiated Thyroid Cancer**
Matthew D. Ringel, MD
- 3:40 p.m. **Approach and Management of Aggressive Thyroid Cancer**
Lori J. Wirth, MD
- 4:20 p.m. **Questions and Discussion**
Moderator: Kenneth D. Burman, MD
Panelists: N. Carroll, M. Ringel, D. Van Nostrand, L. Wirth
- 4:40 p.m. **Closing Remarks**
Kenneth D. Burman, MD
- 4:45 p.m. **Adjourn**

Venue Information

Bethesda Marriott

5151 Pooks Hill Road
Bethesda, MD 20814



Registration Information

Registration Fees

Physician	\$275
Resident or Fellow	\$150
Physician Assistant	\$175
Nurse Practitioner	\$175
Nurse	\$175
Pharmacist	\$175
Allied Health Professional	\$175
Industry Professional	\$325

Online Registration Preferred

Please visit [MedStarHealth.org/ThyroidUpdate](https://www.MedStarHealth.org/ThyroidUpdate) for updated program and registration information. We are unable to accept registrations or cancellations by telephone.

All registrations will be confirmed by email only. If you have questions or do not receive a confirmation within 1-2 business days, please contact us at medstarcp@medstar.net or (833) 731-1273.

Cancellation Policy

Cancellations made in writing by October 20, 2023 will be subject to a 50% penalty. No refunds will be given after October 20, 2023. Cancellations will not be accepted by telephone. In the unlikely event that the course is canceled, MedStar Health will refund the registration fee, but is not responsible for any travel costs.

For grant information please contact Ada Guo at ada.guo@medstar.net

For exhibit support information please contact Elizabeth Romano at elizabeth.s.romano@medstar.net