DEMOGRAPHIC AND PERSONAL INFORMATION

Personal Data

Address: 600 Rhode Island Ave NE

Apt. 609

Washington, DC 20002 Phone: (218) 750-7724 Boakman12@gmail.com

Education and Training

Email:

Graduate: 2016, Doctor of Physical Therapy

College of St. Scholastica, Duluth, MN

Undergrad: 2013, B.S. in Exercise Physiology

College of St. Scholastica, Duluth, MN

Occupational Experience

2024-Present	Physical Therapy Supervisor-Cardiac, MedStar Washington Hospital Center (MWHC)
2023-2024	Senior Cardiac Physical Therapist, MedStar Washington Hospital Center
2022-2023	Level II Physical Therapist, Cardiac Service, Johns Hopkins Hospital (JHH)
2020-2023	Acute Care PRN Physical Therapist, Greater Baltimore Medical Center (GBMC)
2019-2022	Physical Therapist I, Medicine and Cardiac Services, Johns Hopkins Hospital
2016-2019	Acute Care Physical Therapist, Salem Health (SH)

Academic Experience (Non-Tenured)

2024	Cardiopulmonary Lab Instructor at AMREF International University in Nairobi, Kenya
2024-Present	Guest Lecturer for Cardiopulmonary Course at Marymount University DPT Program
2022-Present	Adjunct Faculty, Cardiopulmonary Evaluation and Management for The College of St. Scholastica DPT Program
2021	Guest Lecturer for Cardiopulmonary Evaluation and Management for The College of St. Scholastica DPT Program

Professional Societies

2013-Present American Physical Therapy Association (APTA), Academies of Acute Care & Cardiovascular and Pulmonary Physical Therapy

ORGANIZATIONAL ACTIVITIES

Administrative Committees

2022-2023	ECMO Activity and Mobility Policy Committee at Johns Hopkins
2021-2023	Interview Committee at Johns Hopkins
2020-2023	Social Committee at Johns Hopkins
2017-2019	Interview Committee at Salem Health

Clinical Committees

2024	Leader of the Research Interest Group at MedStar Washington Hospital Center
2023-Present	Member of the Mid-Atlantic VAD Task Force
2022-2023	Advanced Pulmonary Course Educator at Johns Hopkins
2021-2023	Ventricular Assist Device Education Coordinator for Acute Care Services at Johns Hopkins
2018-2019	Quality Practice Council at Salem Health
2017-2019	ICU Specialty Practice Council at Salem Health

CLINICAL ACTIVITY_____

Licenses/Certifications

2023-Present	Washington DC License #PT210002386
2019-Present	Maryland Physical Therapy License #PT27581
2019-present	American Heart Association - Advanced Cardiovascular Life Support (ACLS) for Cardiopulmonary Resuscitation for Advanced Clinical Providers
2016-2020	Oregon Physical Therapy License #PT61877
2013-Present	American Heart Association - CPR for the Healthcare Provider

Advanced/Specialty Training Certifications

2024-Present	Left Ventricular Assist Device Superuser, renewed annually at MedStar Washington Hospital Center
2023-Present	American Board of Physical Therapy Specialists - Cardiovascular and Pulmonary Certified Clinical Specialist (CCS)
2021-Present	Credentialed Clinical Instructor (CCI) Level 1
2021-2023	Advanced Mechanical Circulatory Support (MCS) Certified, Ventricular Assist Device, renewed annually at Johns Hopkins

RESEARCH ACTIVITIES

Peer Reviewed Publications

2025*	McKeeman S, Kupsho R, Oakman B . "Physical Rehabilitation of Durable BiVAD is Safe and Effective in the Acute Care Setting -*Submitted for Publication for the Journal of Cardiopulmonary Physical Therapy
2024	Seth B, Oakman B , Needham DM. Physical rehabilitation while awake, intubated and proned for COVID-19-associated severe acute respiratory distress syndrome. <i>BMJ Case Reports CP</i> 2024;17:e251772.

Research Experience

2023	Interventionalist for the REHAB-HFpEF Multi-Center Study at JHH
2021-Present	Peer Reviewer, APTA Academy of Acute Care Poster and Platform Abstract Submission for the American Physical Therapy Association Combined Sections Meeting

Research Presentations

2024-2025	McKeeman S, Kupsho R, Oakman B . "Physical Rehabilitation of Durable BiVAD is Safe and Effective in the Acute Care Setting" Accepted to JHH Critical Care Conference 2024 Poster, APTA CSM 2025 Poster
2023	Oakman B , Naude L, Kumble S. "Leveraging Mobility Technology to Promote Early Ambulation of Patients with Femoral Intra-Aortic Balloon Pumps." JHH PM&R Clinical Expo November 2023
2022-2024	Oakman B , Ricard P. "Ambulation of Patients with Femoral IABPs: Integration of Evidence into Clinical Practice" JHH PM&R Clinical Expo December 2022, APTA CSM 2024
2022	Oakman B , Lammers K., Kumble S. "Exploring Acute Care Physical Therapists' Attitudes and Integration of Inspiratory Muscle Strength Training into Practice" National Combined Sections Meeting, APTA – Virtual Conference February 2022
2021	Oakman B , Fanelli K, Lammers K. "Breaking Down the Barrier of Mobility Limitations on CVVHD in the Acute Care Setting "National Combined Sections Meeting, APTA – Virtual Conference February 2021

EDUCATIONAL ACTIVITIES ___

Education Instruction

2025

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2024	"Introduction to Research" Presented to PT/OT at MWHC
2023	"Breathing and Postural Control: Implications for PT, OT & SLP" Presented to PT/OT/SLP at JHH with live demonstration of techniques and interventions.
2023	"Chemotherapy-Induced Cardiotoxicity" Presented to PT/OT staff at JHH
2023	"Therapy Considerations for Management of Patients with Mechanical Circulatory Devices" Presented to PT/OT/SLP at JHH
2023	"Cardiac Anatomy and Physiology Review" Presented to PT/OT at JHH
2022	"Therapy Considerations for Atrial Fibrillation". Presented to PT/OT at GBMC
2022	"Heart Failure: Pathophysiology and Treatment Review for the Acute Care Therapist". Presented to PT/OT at GBMC
2021	"Inspiratory Muscle Strength Training" Presented to PT at JHH
2021	"Therapy Considerations for Heart Failure" Presented to PT/OT/SLP at JHH
2019	"Management of Low-Level Patients with Traumatic Brain Injury" Presented to PT/OT/SLP at SH $$
2018	"Therapy in the ICU: Management of Lines, Tubes and Drains" Presented to PT/OT/SLP at SH

"Abstract Writing and Conference Submission" Presented to PT/OT at MWHC

Clinical Instruction/Mentorship

2021-2023	Full Time Clinical Instructor - University of St. Augustine, Sacred Heart University
2017-Present	Onboarding Preceptor for New Employees and Travelers at MWHC, JHH and SH

Advanced Clinical Instruction/Mentorship

2021-2023 Clinical Mentor, University of Delaware, JHH Acute Care Physical Therapy Residency